



# WEBINAR

08/11/22



## Welcome to

ERKNet/ESPN Educational Webinars on  
Pediatric Nephrology & Rare Kidney Diseases

### Challenges in kidney transplantation in infants

**Speaker: Burkhard Tönshoff, Heidelberg, Germany**

**Moderator: Elena Levtchenko, Leuven, Belgium**



# Overview

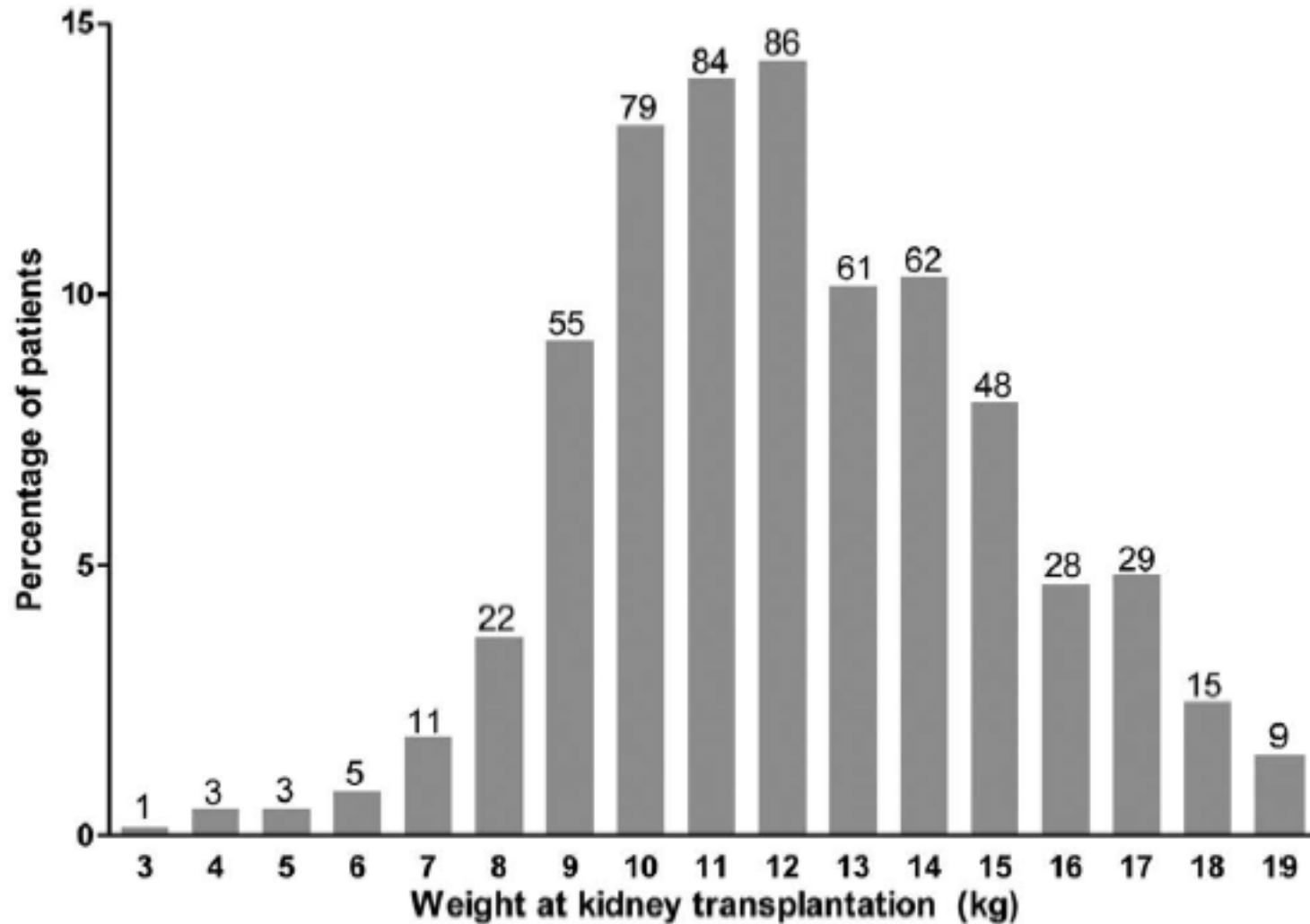
1. Overall outcome
2. Donor selection
3. Transplant surgery
4. Prevention of thrombosis
5. Fluid management
6. Immunosuppressive therapy
7. Microchimerism
8. Infectious prophylaxis
9. Specific outcome



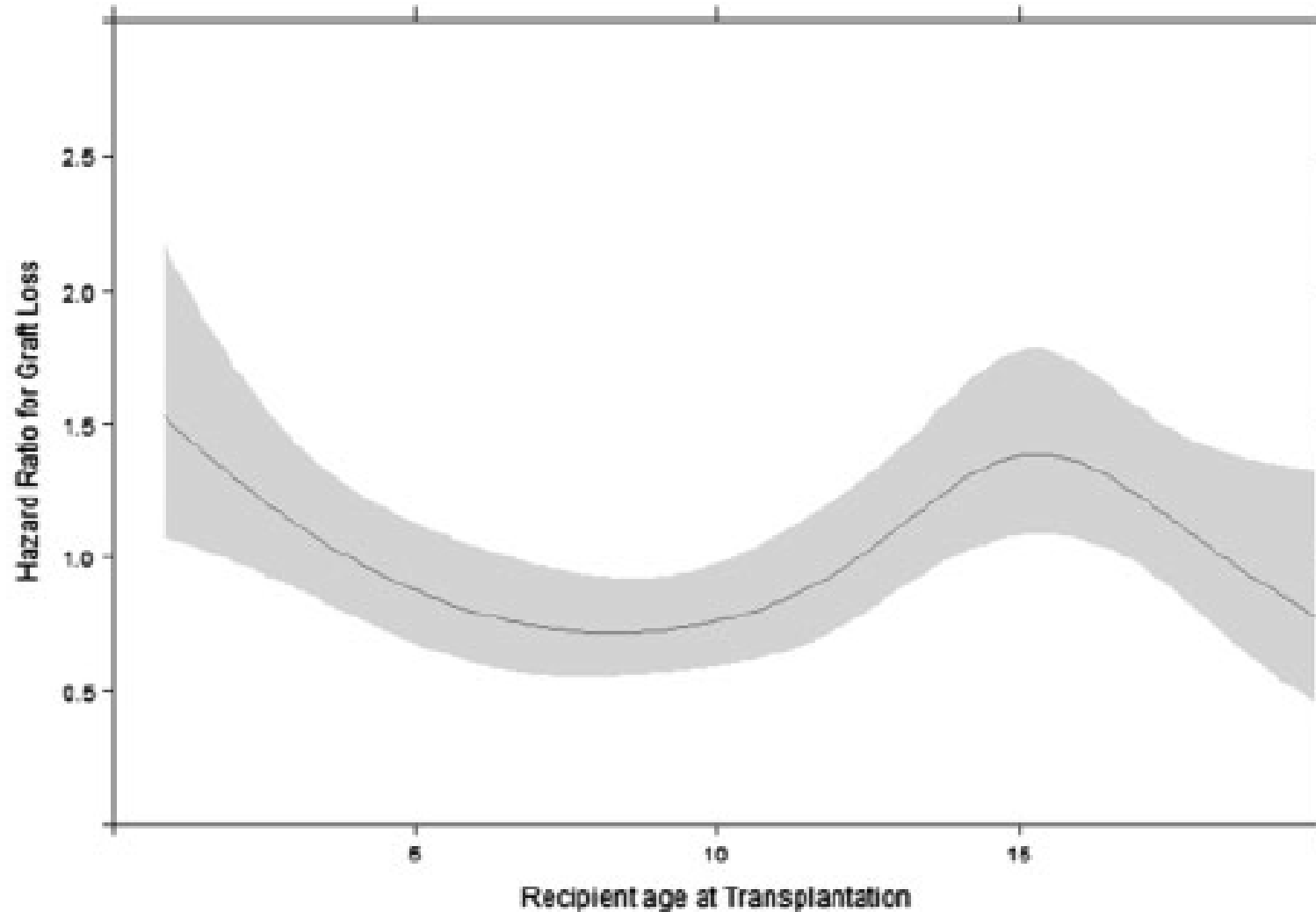
# Primary renal diseases in infants < 2 years of age requiring kidney transplantation (2 – 5 % of paediatric KTx recipients)

- Congenital anomalies of the kidney and urinary tract (CAKUT)
- Congenital nephrotic syndrome
- Neonatal cortical necrosis due to thrombosis
- ARPKD

# Distribution of body weight at kidney transplantation in small children



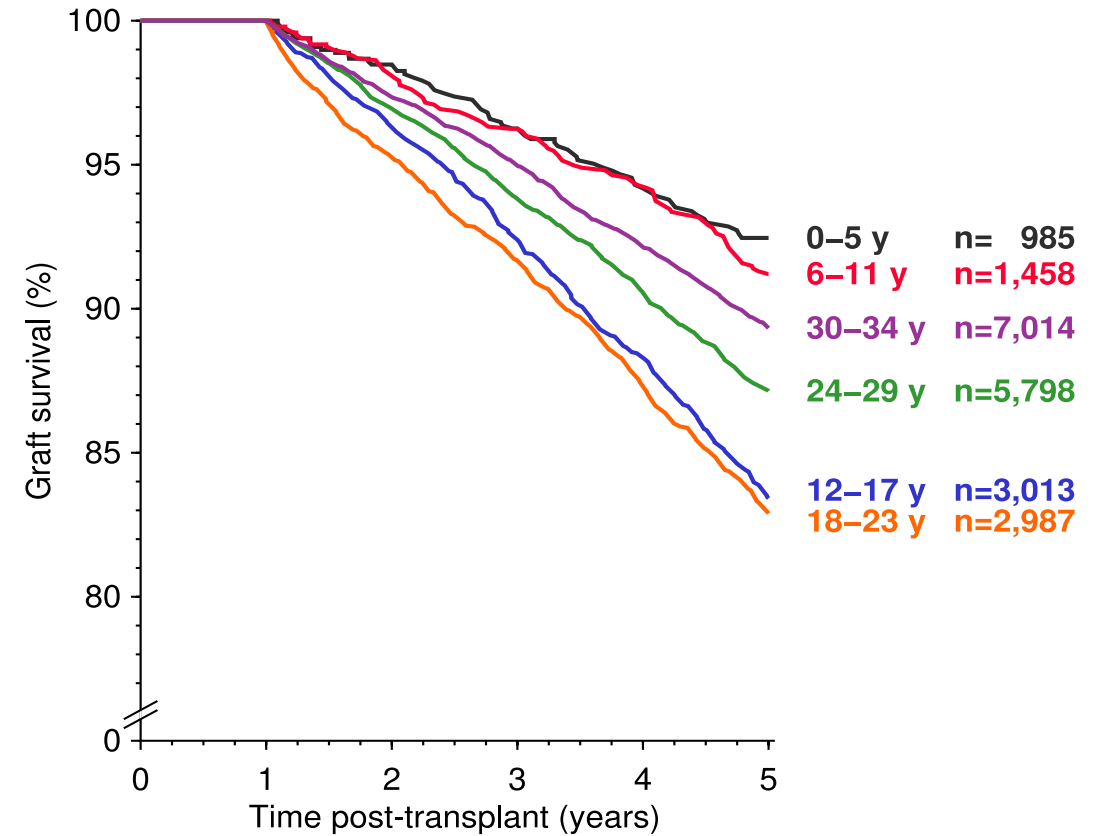
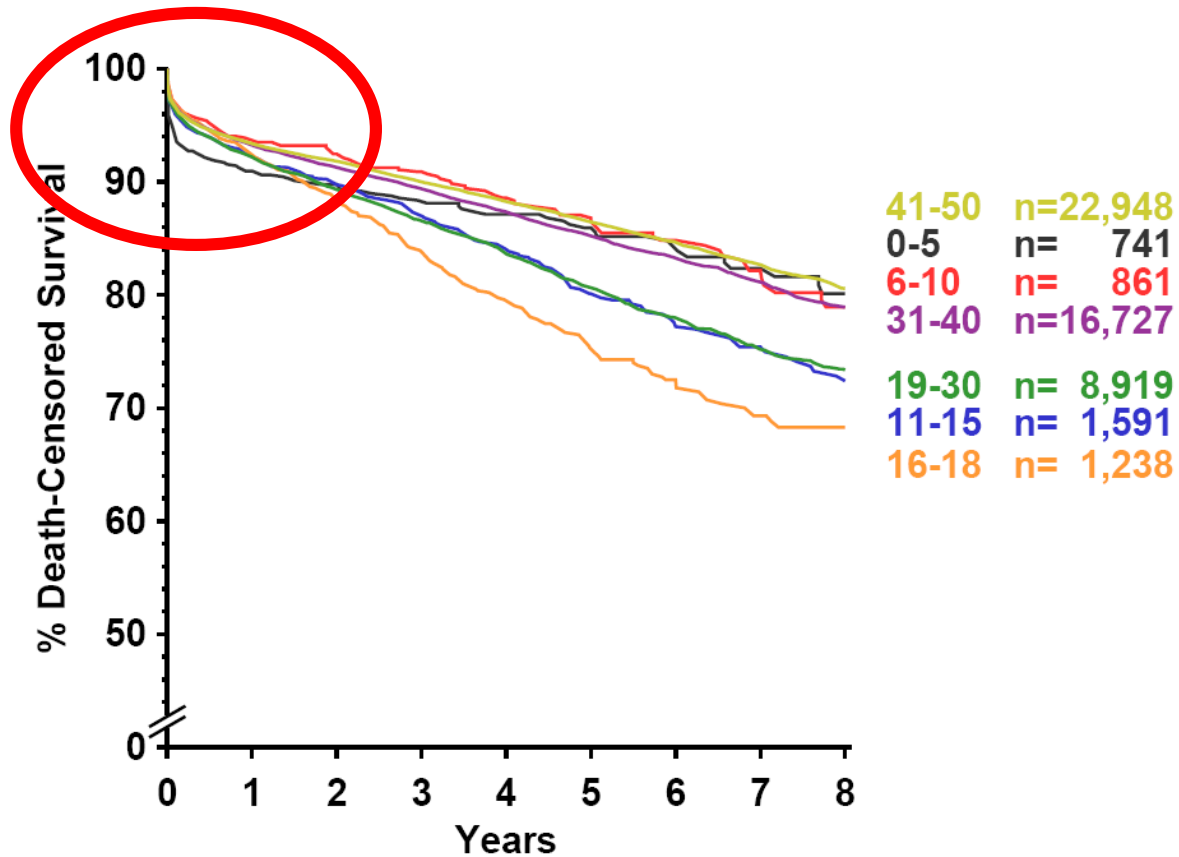
# Association of recipient age at transplantation with hazard of graft loss\*



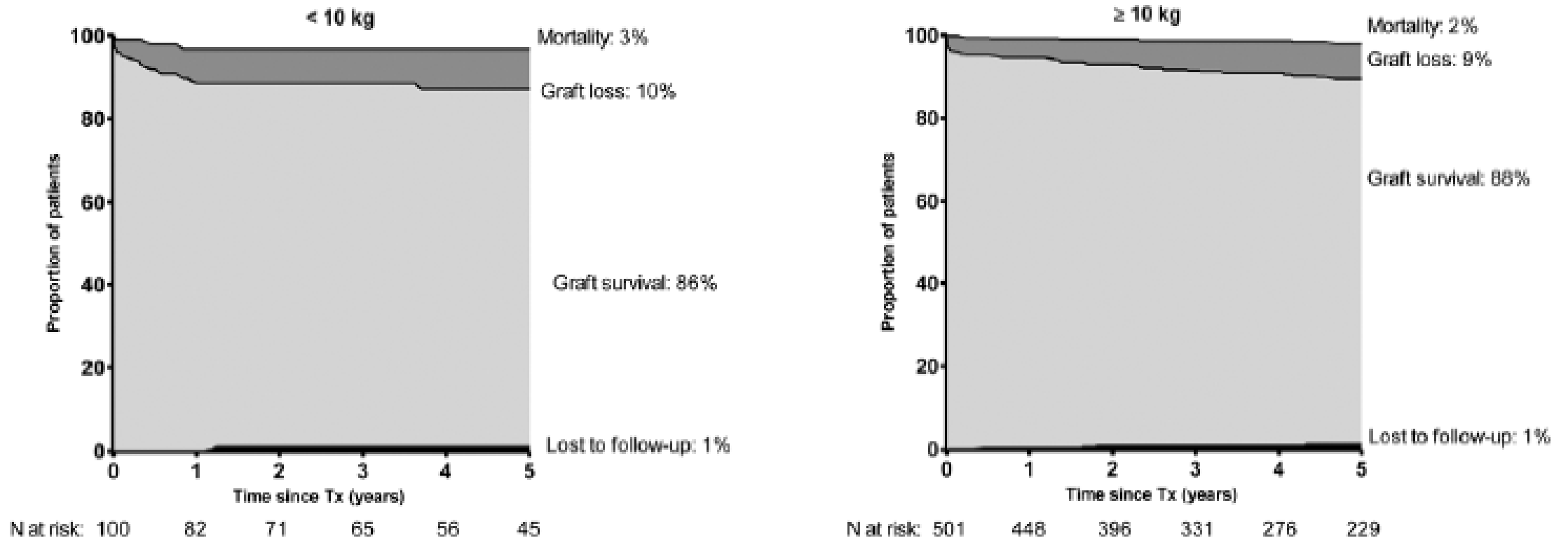
\*adjusted for donor age, PRD with a high risk of disease recurrence, sex, pre-emptive transplantation, calendar year of transplantation and transplant source

*Chesnaye NC et al, Nephrol Dial Transplant 2017*

# Association of recipient age with graft survival in deceased donor-kidney transplant recipients



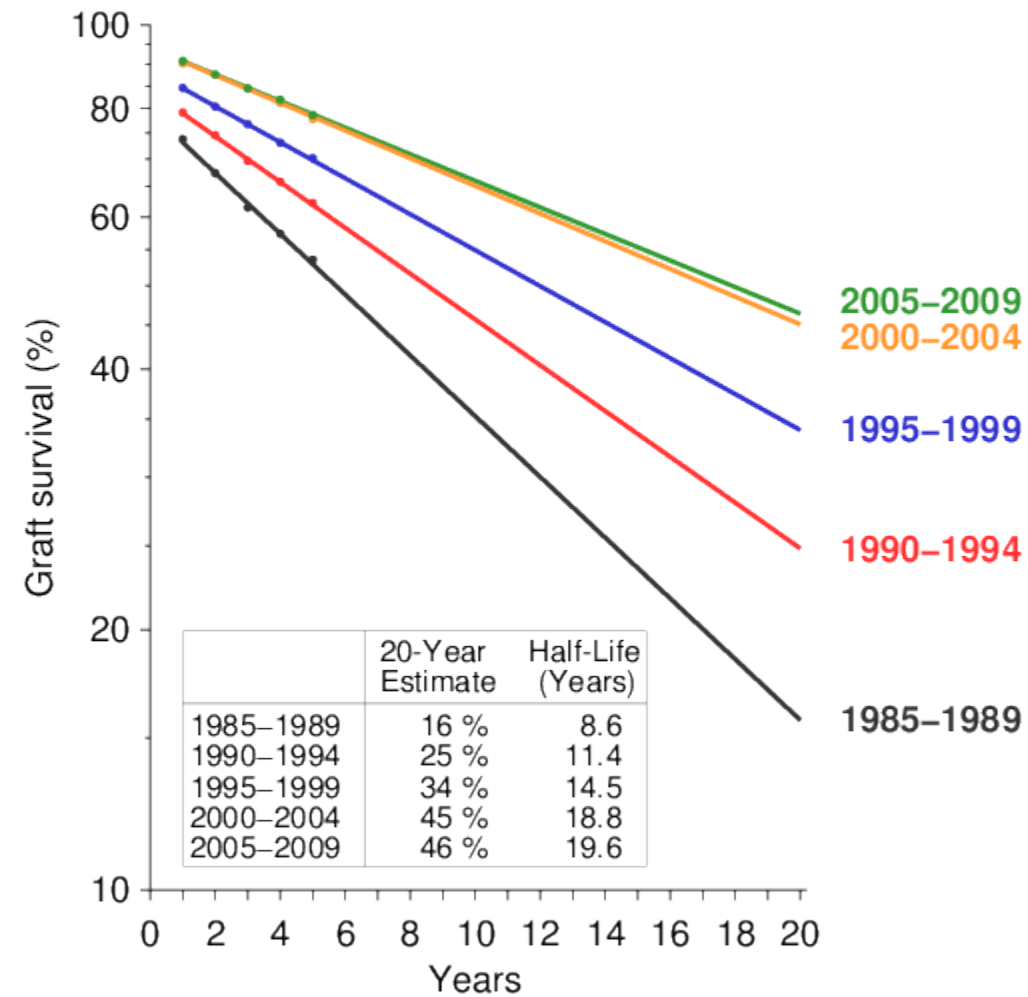
# Cumulative incidence curves for 5-year graft survival, stratified by weight at transplantation



Graft failure risk at different times of follow-up

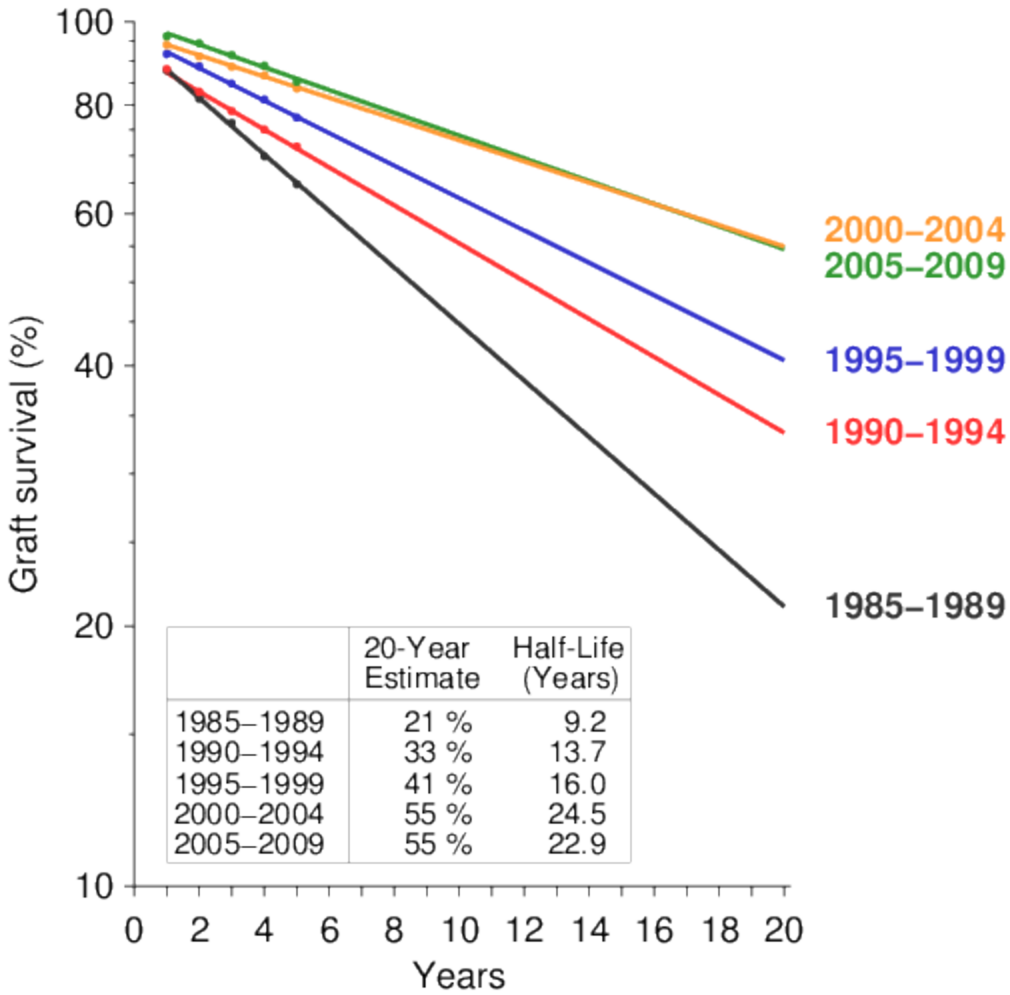
	HR (95% CI)— unadjusted	HR (95% CI)— adjusted <sup>a</sup>	HR (95% CI)— adjusted <sup>b</sup> N = 334
3 mo	1.40 (0.50-3.91)	1.95 (0.50-7.60)	c
1 y	2.49 (1.14-5.46)	3.84 (1.24-11.84)	c
5 y	1.80 (0.92-3.50)	1.71 (0.68-4.29)	1.01 (0.28-3.66)

## Deceased Donor Kidney Transplants Pediatric Recipients ( $\leq 18$ yr)





Living Donor Kidney Transplants  
Pediatric Recipients ( $\leq 18$  yr)



# Overview

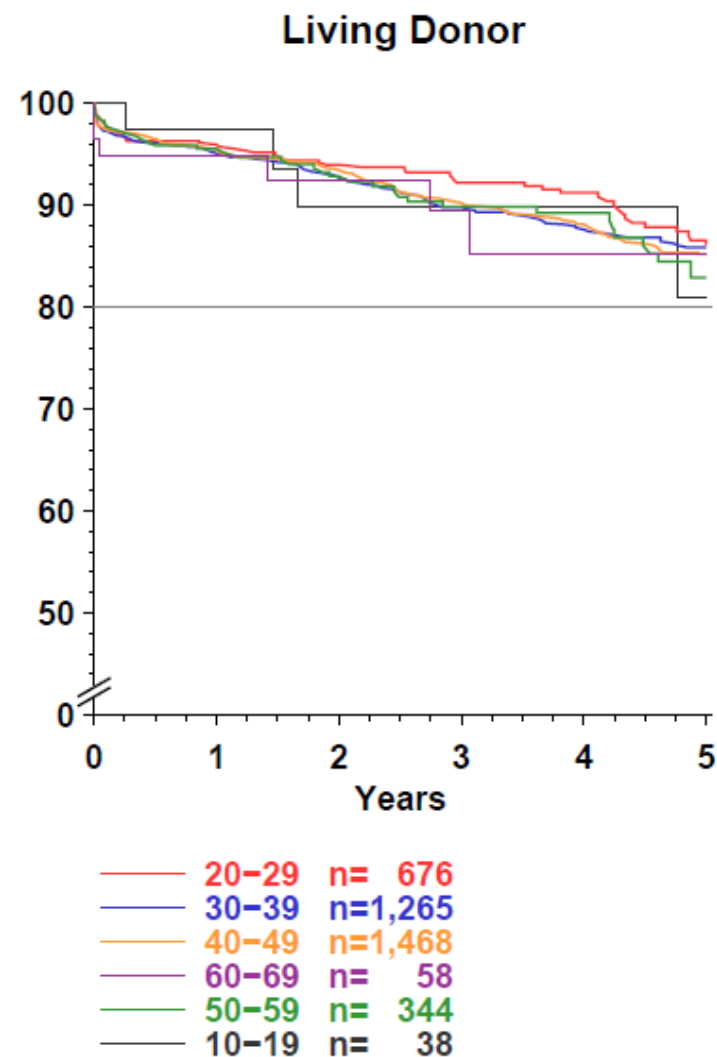
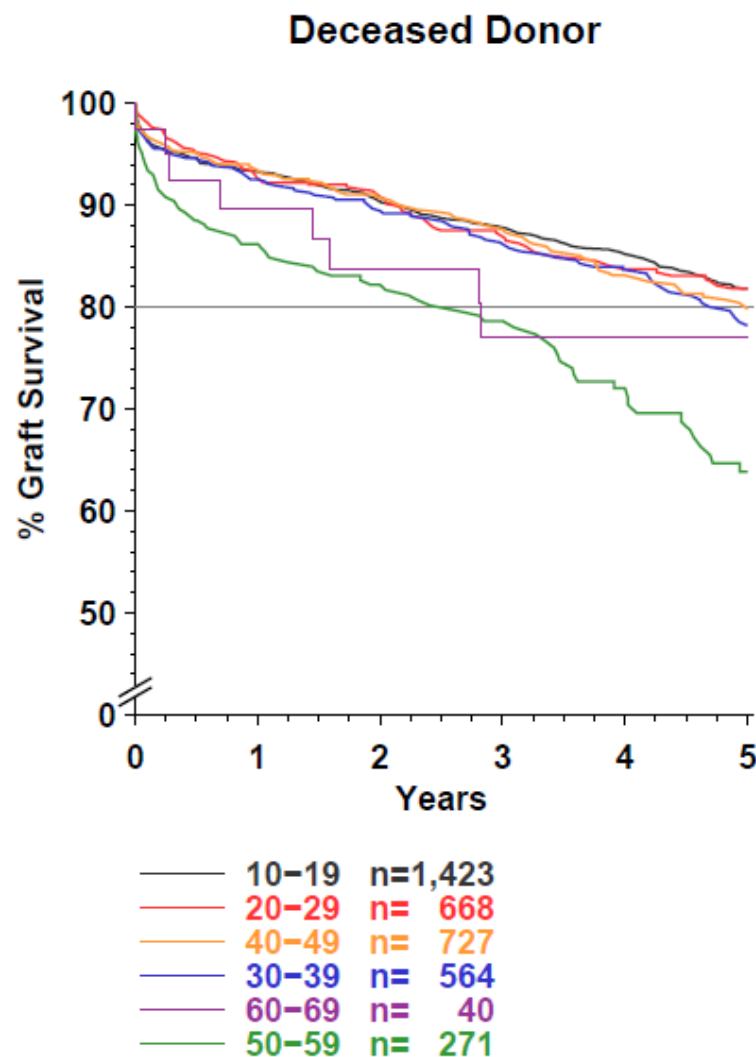
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## Question 1:

**Which donors are preferable for kidney transplantation in infants?**

1. Donations from older living donors are not suitable for KTx in infants.
2. For young recipients, the allocation of deceased donors over the age of 5 years should be prioritized.
3. For young recipients, the allocation of deceased donors under the age of 5 years (small for small) should be prioritized.
4. Donations from older deceased donors are suitable for KTx in infants.

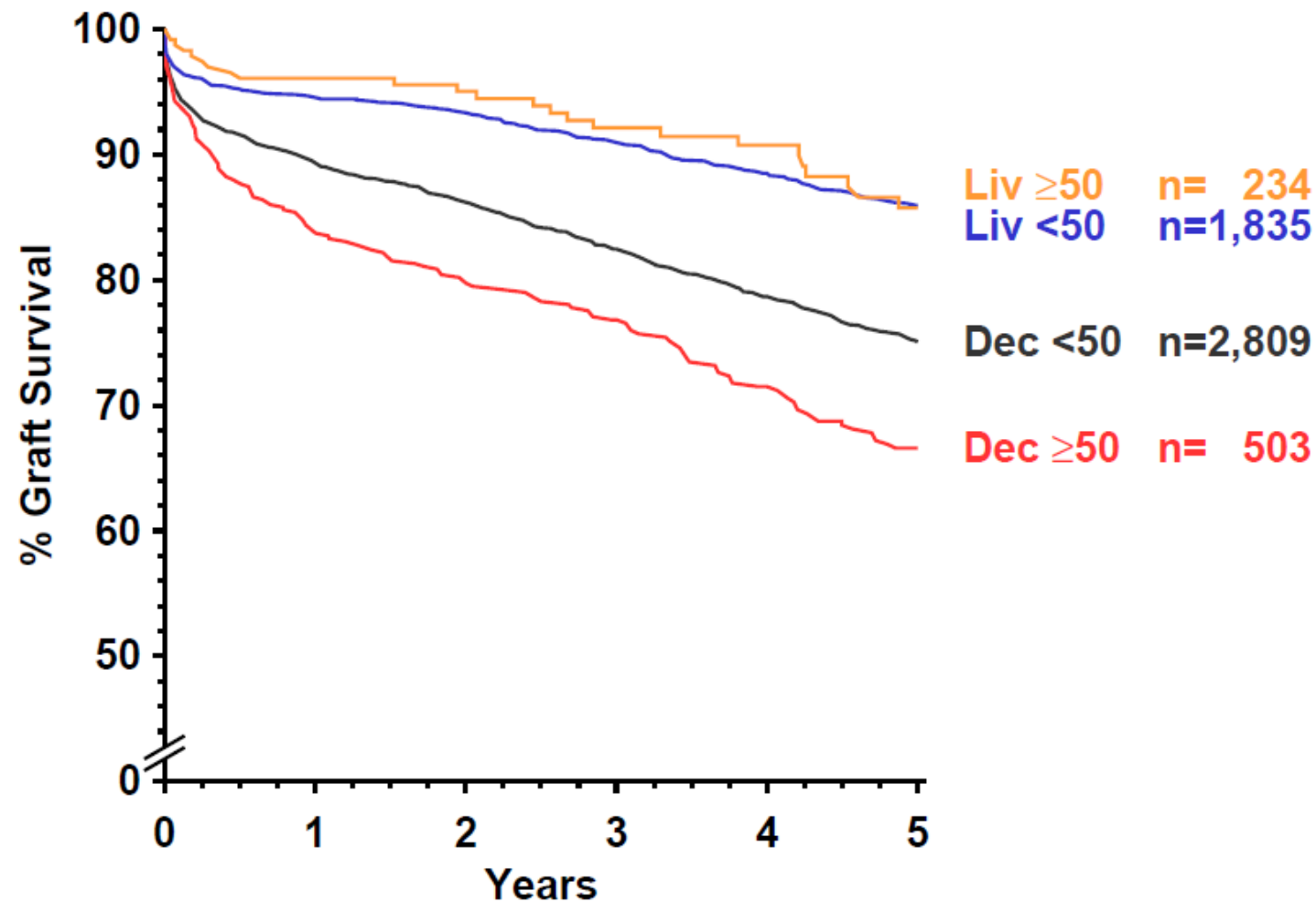
# Pediatric Kidney TX 2000-2010 – Donor Age



# Donor Relationship and Donor Age

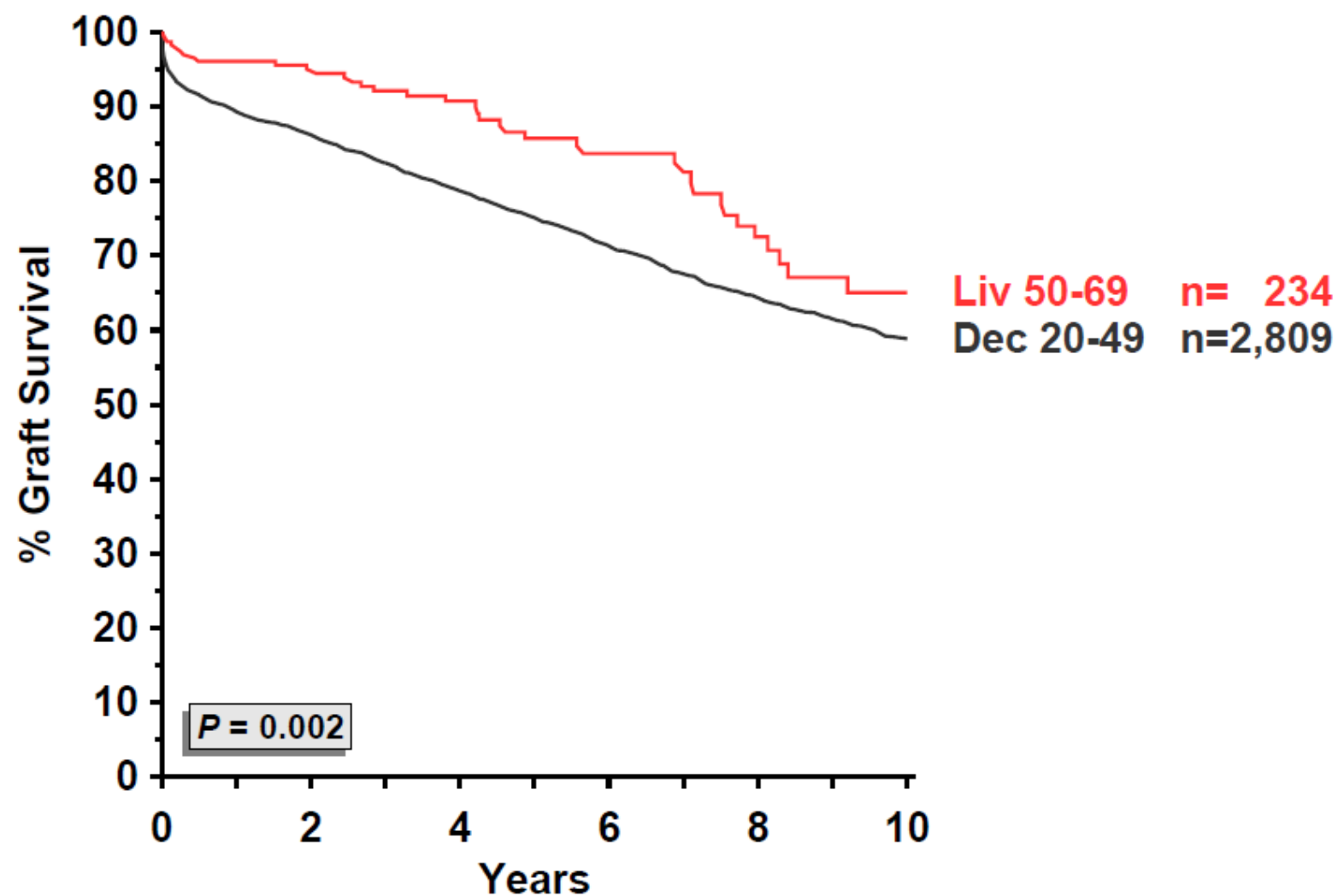
## Kidney Transplants 1990-2010, Europe

### Recipient 0-18 yr

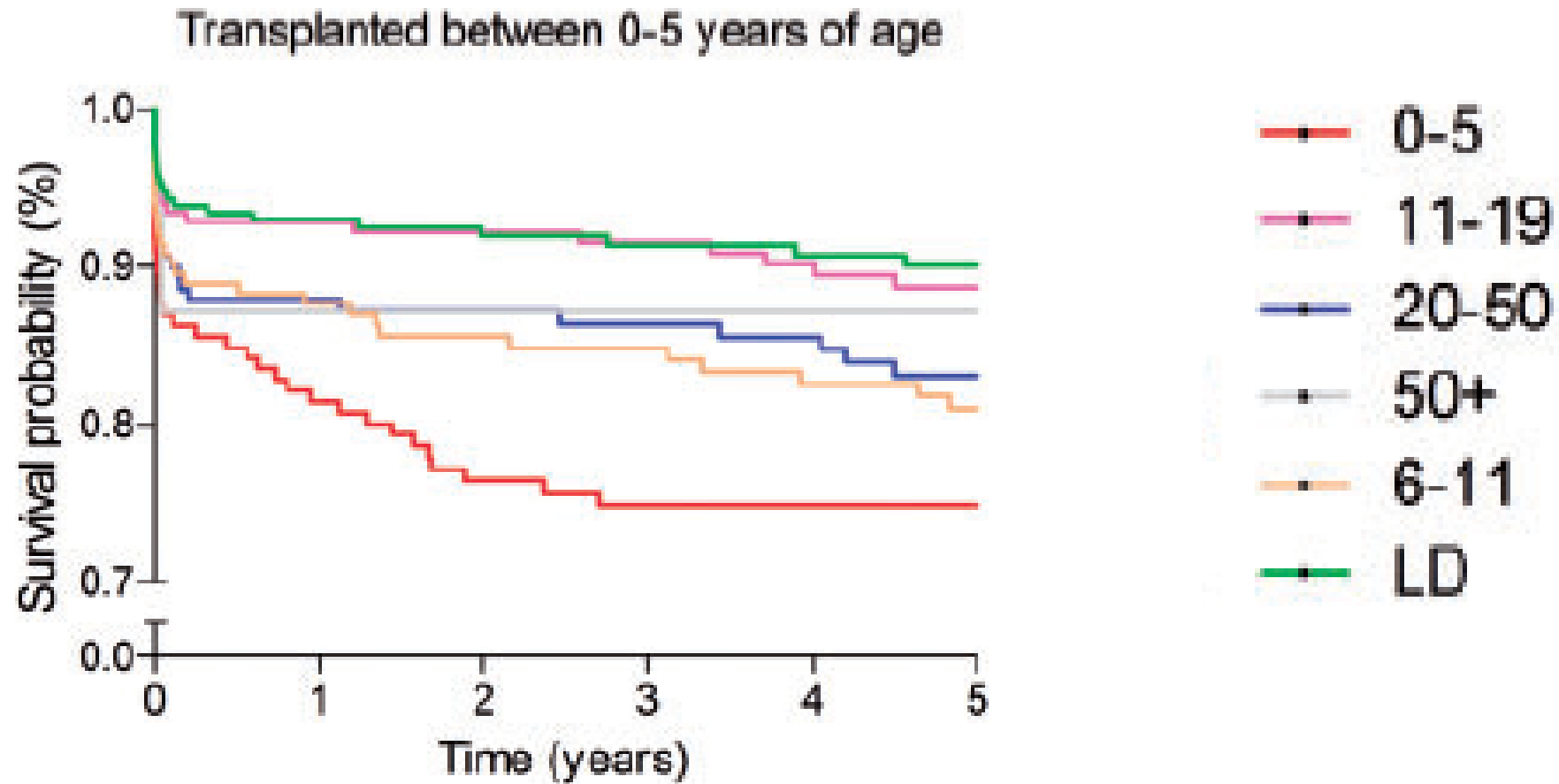


# Donor Relationship and Donor Age

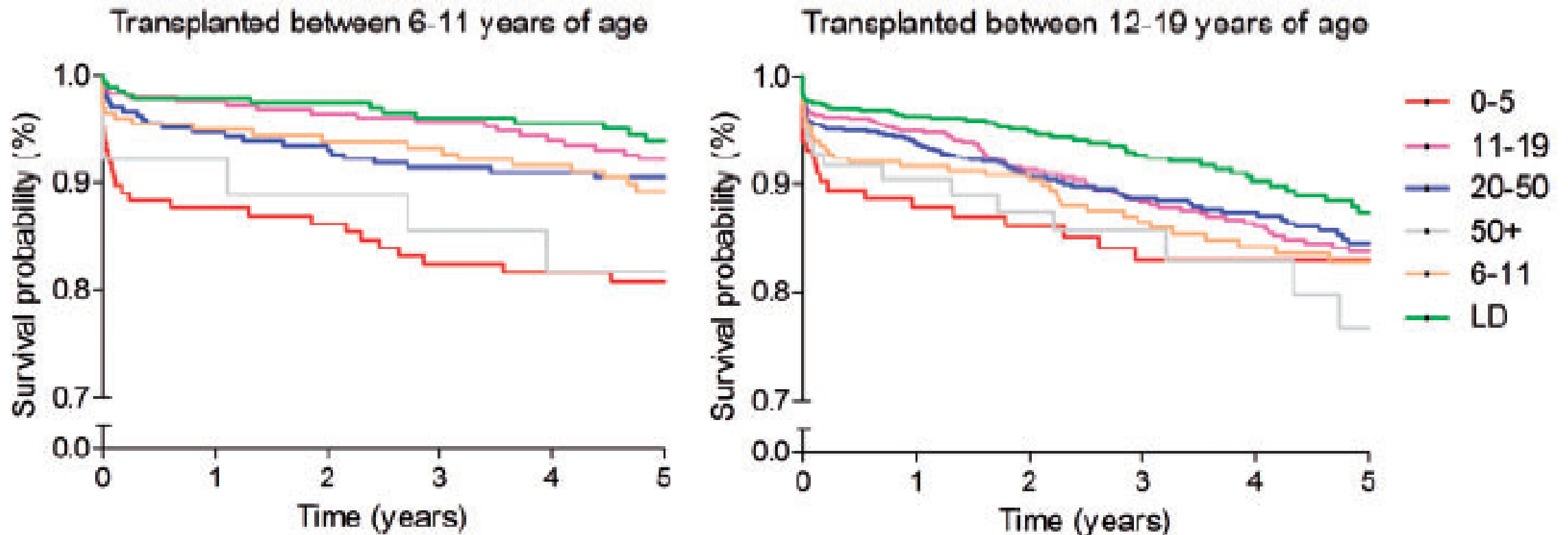
Kidney Transplants 1990-2010, Europe  
Recipient 0-18 yr



# Kaplan-Meier survival curves for 5-year graft survival, stratified by deceased donor and recipient age groups and donor source



# Kaplan-Meier survival curves for 5-year graft survival, stratified by deceased donor and recipient age groups and donor source





# Conclusions

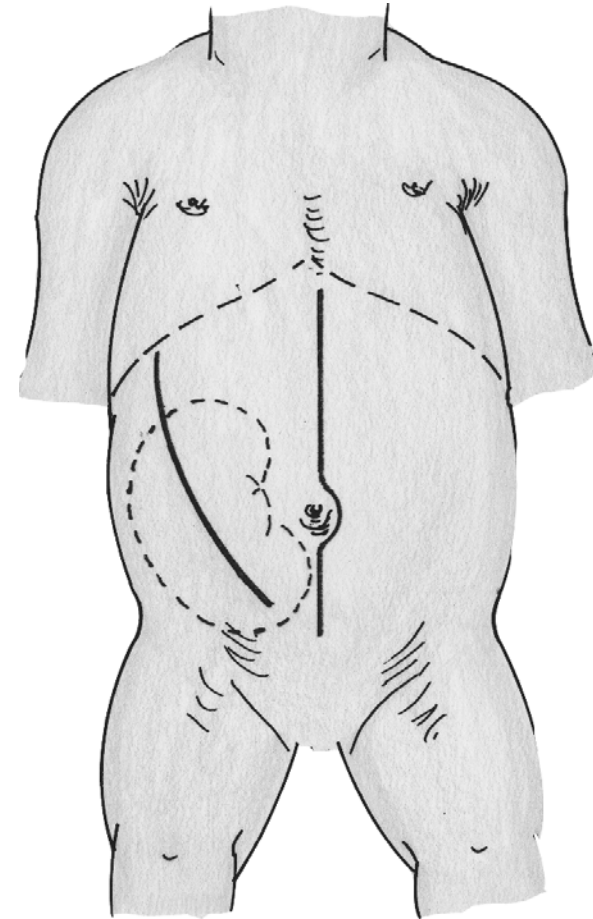
- Donations from older living donors provide excellent graft outcomes in all paediatric recipients.
- For young recipients, the allocation of deceased donors over the age of 5 years should be prioritized.

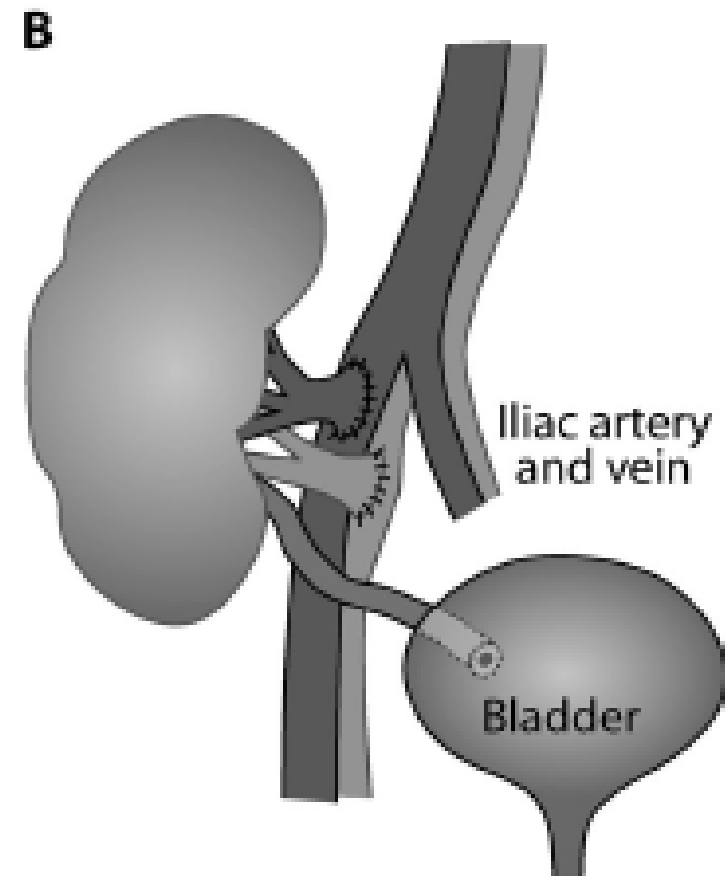
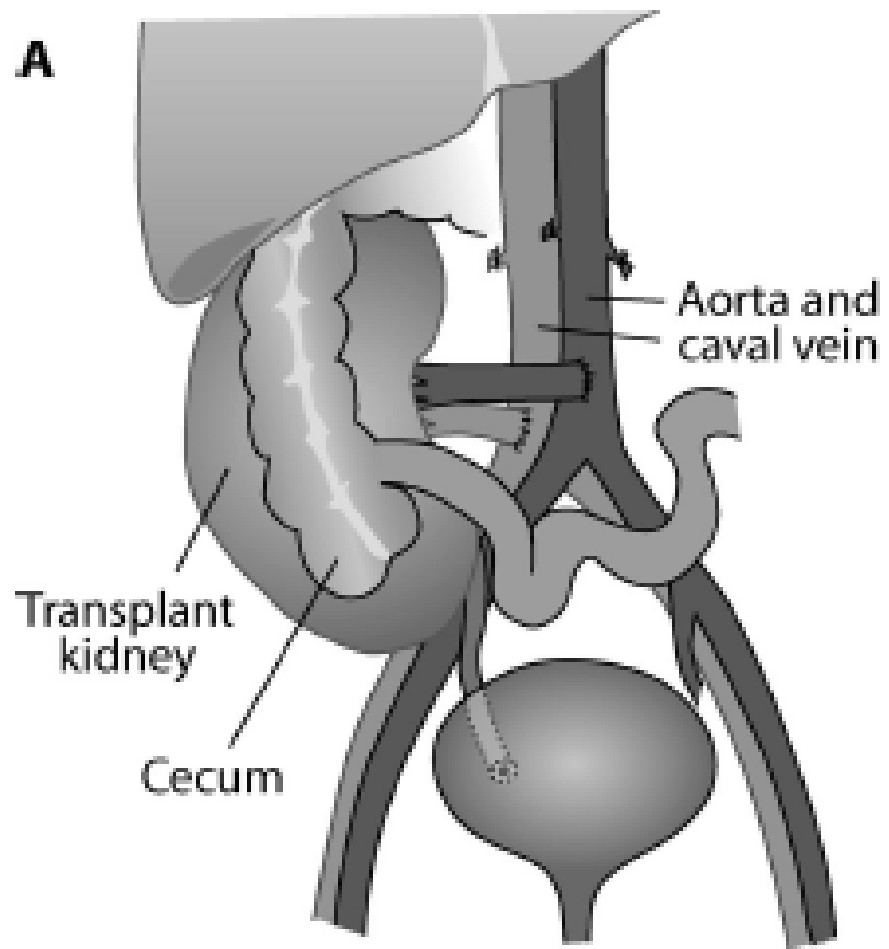
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# Large kidney —> Small recipient

- Typical situation in living donation and adult deceased donors
- Extraperitoneal approach preferable
- Simultaneous ipsilateral nephrectomy easy
- Minimal recipient body weight 8 -10 kg (?)
- Right side preferred independently of left or right transplant kidney





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# Causes of Graft Failure in Pediatric Renal Transplant Recipients - NAPRTCS

	Index Graft Failures		Subsequent Graft Failures		All Graft Failures	
	N	%	N	%	N	%
<b>Total patients with graft failure</b>	2427	100.0	320	100.0	2747	100.0
<b>Cause of Graft Failure</b>						
Death with functioning graft	226	9.3	23	7.2	249	9.1
Primary non-function	60	2.5	2	0.6	62	2.3
Vascular thrombosis	243	10.0	38	11.9	281	10.2
Other technical	29	1.2	4	1.3	33	1.2
Hyper-acute rejection	14	0.6	4	1.3	18	0.7
Accelerated acute rejection	33	1.4	8	2.5	41	1.5
Acute rejection	318	13.1	42	13.1	360	13.1
Chronic rejection	847	34.9	118	36.9	965	35.1
Recurrence of original kidney disease	156	6.4	31	9.7	187	6.8

# Current practice of antithrombotic prophylaxis in paediatric kidney transplantation

## Results of an international survey on behalf of the ESPN



Kathrin Buder, Matthias Zirngibl, Sascha Bapistella, Silvio Nadalin, Burkhard Tönshoff, Marcus Weitz,  
Members of the «Transplantation Working Group» of the ESPN

**44<sup>th</sup> CERTAIN Workshop, December 4, 2020**

# Renal graft thrombosis

Incidence:

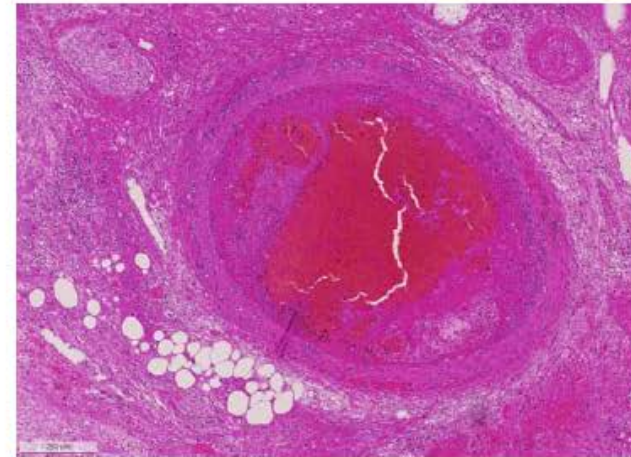
Adults: 0-6%

Children and adolescents: 0-13%

Major reason for graft loss:

~ 35% of first year graft losses

~ 18% of all graft losses





# Pre-transplant thrombophilia screening

94% screened for thrombophilic risk factors:

- 55% in all recipients

- 39% in selected recipients



Main reasons for screening in selected recipients:

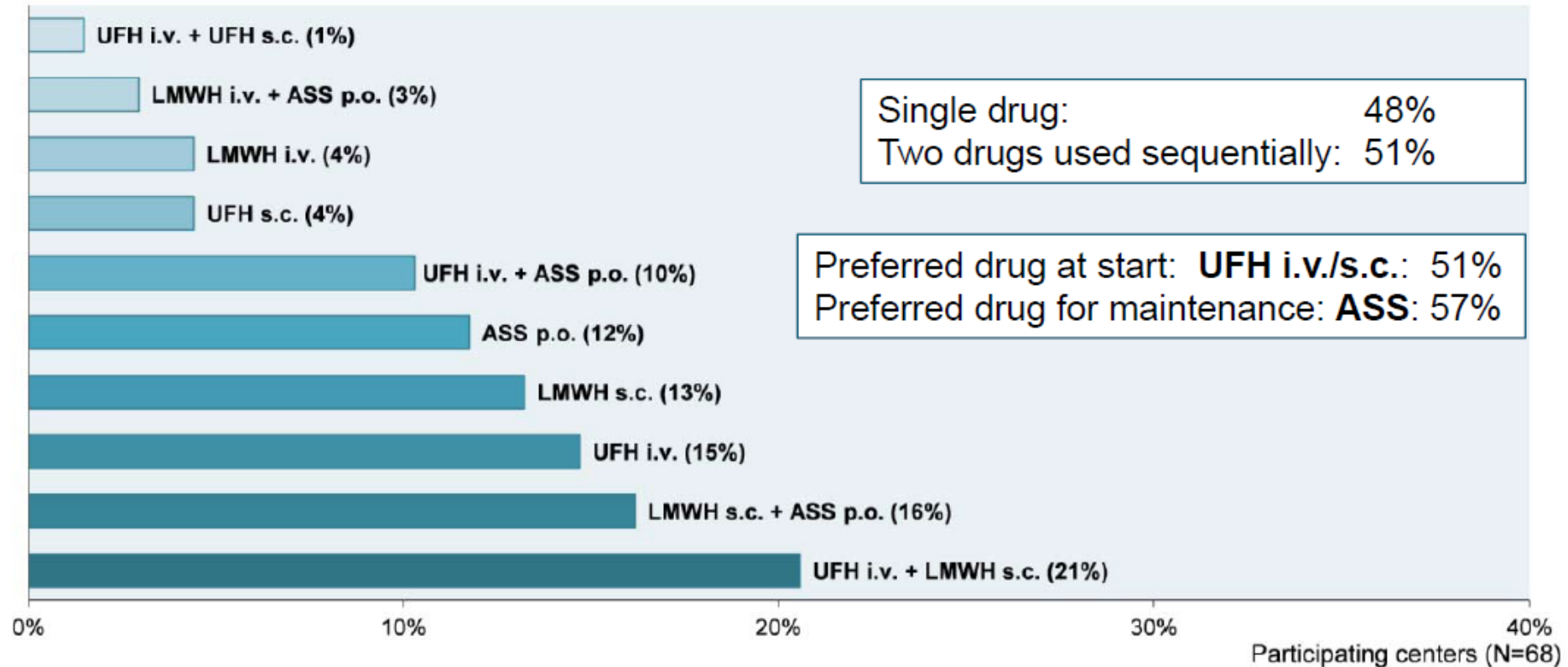
- 97% in case of positive family history for thromboembolic events

- 97% in case of previous thromboembolic events

# Thrombophilia screening parameters

Parameters	n	% of total (N=74)
Quick, INR, PTT, fibrinogen, thrombin time	74	100
Platelet count	73	99
Protein C	63	85
Protein S	62	84
Antithrombin	61	82
Factor V Leiden mutation	58	78
Antiphospholipid antibodies	51	69
Lupus anticoagulant	49	66
Factor VIII	47	64
Homocysteine level	45	61
Prothrombin mutation	40	54
Methylentetrahydrofolate reductase polymorphism mutation	38	51
Lipoprotein (a)	25	34
Other parameters (specified by responders)	5	7

# Strategies of antithrombotic prophylaxis



# Antithrombotic prophylaxis in Heidelberg

- Standard risk: 100 E heparin/kg/day as continuous infusion i.v. for 7 (-14) days.
- In case of unfavorable vascular conditions (donor age <10 years or recipient weight <15 kg, multi-vessel supply of the graft, unfavorable anastomotic conditions, anamnestic tendency to thrombosis, thrombophilia): Heparin 200 - 400 E/kg/day (depending on bleeding risk, consult surgeon).
- Consider low-dose aspirin (1-2 mg/kg b.w.) 3 weeks posttransplant for renal artery stenosis or small-lumen pole vessels.
- After approximately 7 days, switch to enoxaparin sodium (Clexane®) s.c. in prophylactic dosage (0.5 to 1 mg/kg/d in 1 dose s.c.). Anti Xa level monitoring at prophylactic dosing is not routinely required (target anti-Xa level 4 h after administration: 0.2 - 0.4 E/ml).
- In patients with severely impaired renal function (creatinine clearance <30ml/min per 1.73 m<sup>2</sup>): 50% of the dose).

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# Fluid management in children <20 kg receiving an adult kidney: The Heidelberg protocol

- KTx recipients <20 kg in particular require a high volume intake.
- During preparation 10-20 ml/kg/h balanced crystalloids, Sterofundin ISO® (NaCl 0.9% only for critical potassium levels  $\geq 5$  mmol/l) and albumin 5% (10-20 ml/kg).
- Target central venous pressure (CVP) in this phase: 7-10 mm Hg.
- During the creation of the vascular anastomoses (approx. 30 min) and BEFORE opening the aortic clamp: Generous crystalloid volume administration (see above) to a target CVP of >10 mm Hg, hematocrit 25-30%
- Aimed mean arterial blood pressure (MAP) in this phase: >80 mm Hg; catecholamines usually required.
- Theodrenalin-Cafedrin (Akrinor®), for prolonged hypotension norepinephrine/suprarenin (0.1 ug/kg b.w./min as starting dose).

## Fluid management in children < 20 kg receiving an adult kidney

- After opening the anastomosis, there is a risk of a sharp drop in blood pressure and CVP in young children, due to redistribution of blood volume into the transplanted adult kidney.
- In this phase, maintaining hemodynamics with above mentioned values is especially critical (warm ischemia!, do not tolerate blood pressure drops).
- Up to 2 hours after declamping, drops in CVP of up to 50% can be expected (redistribution, ischemia mediators)!
- Fluid requirement (Sterofundin ISO®) 4-6 ml/kg/h, then adjusted to diuresis. In case of primary KTX function, high fluid requirement up to 70% of body weight, approx. 2500 mL/m<sup>2</sup> per day.
- CVP in the first 24 h 7-10 mm Hg (>10 cm H<sub>2</sub>O), MAP >80 mm Hg, systolic blood pressure values of 100-120 mmHg are allowed in this early phase.
- After 48 h usually "physiological" antidiuresis due to hemodynamic adaptation of the adult kidney to the child's cardiac output).

## RENAL PERFUSION IN INFANT RECIPIENTS OF ADULT-SIZED KIDNEYS IS A CRITICAL RISK FACTOR.

Salvatierra, Oscar; Sarwal, Minnie

Transplantation. 70(3):412-413, August 15, 2000.

Optimizing infant intravascular volume by nasogastric or gastrostomy tube feeding of at least 2500 ml/m<sup>2</sup>/day for at least 6 months.

**TABLE 1. Mean Schwartz glomerular filtration rates in infant recipients of adult-sized kidneys<sup>a</sup>**

	6 mo.	1 yr
Protocol (n=14)	109±7*	102±10**
Nonprotocol (n=16)	70±3*	66±3**
<sup>a</sup> *, <i>P</i> =0.001; **, <i>P</i> =0.004.		



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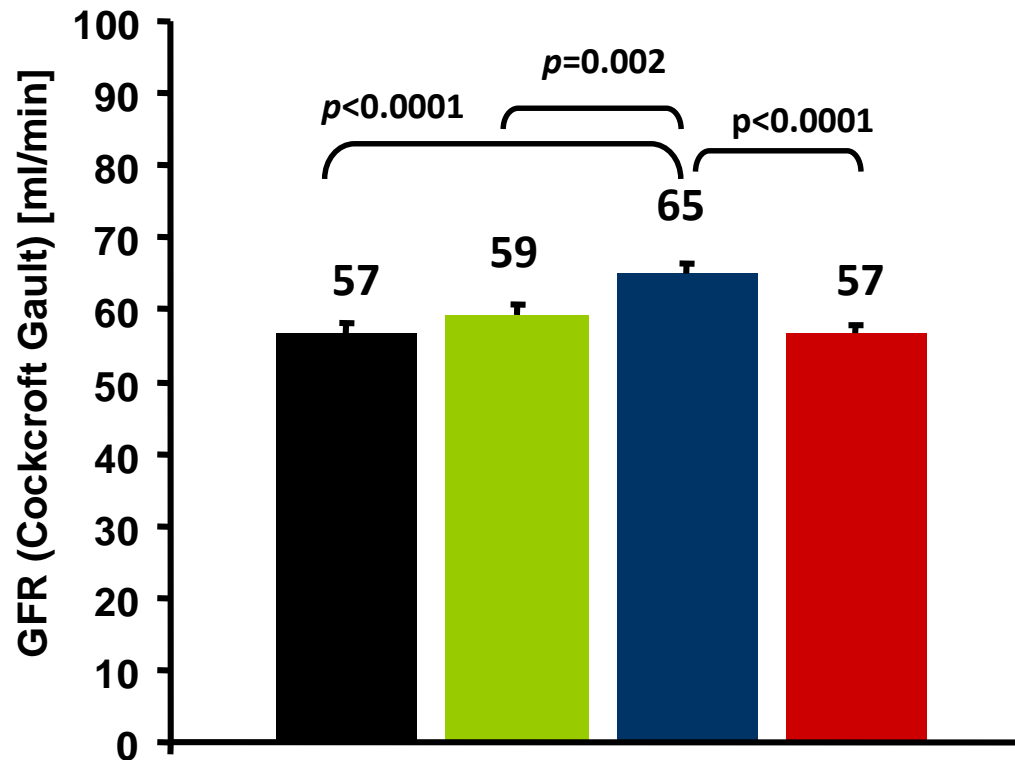
## Question 2:

Which statement regarding immunosuppressive therapy in pediatric KTx is correct?

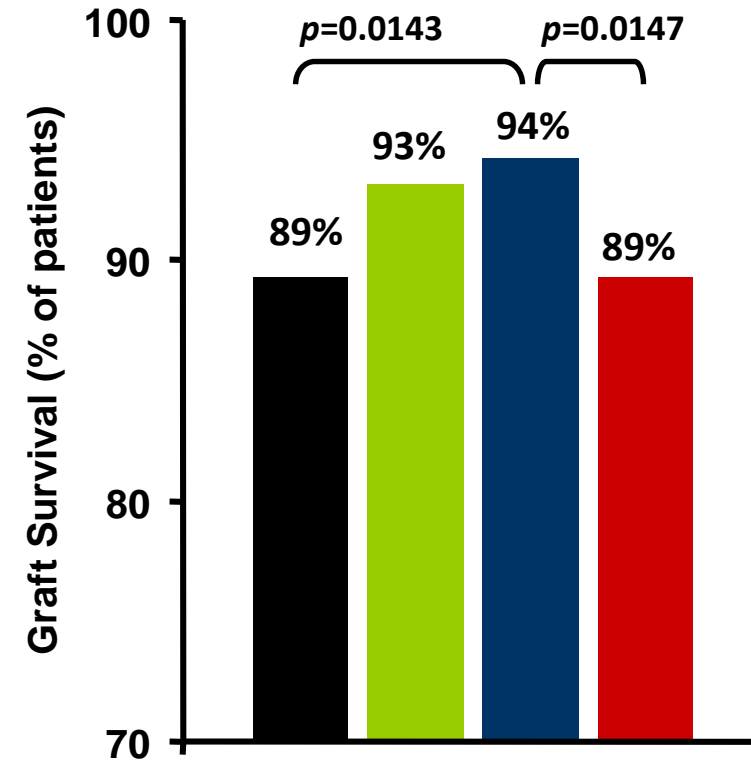
1. Higher tacrolimus oral bioavailability, but lower total body clearance in pediatric patients compared to adults.
2. Pediatric patients require approximately 1.5 – 2-times the dosage of tacrolimus given to adults in order to achieve similar systemic exposure.
3. Infants require more intense immunosuppressive therapy than older children.
4. MMF is well tolerated in all infants after kidney transplantation.

# SYMPHONY: GFR and Graft Survival in Patients on MMF at 1 Year

## GFR



## Graft Survival



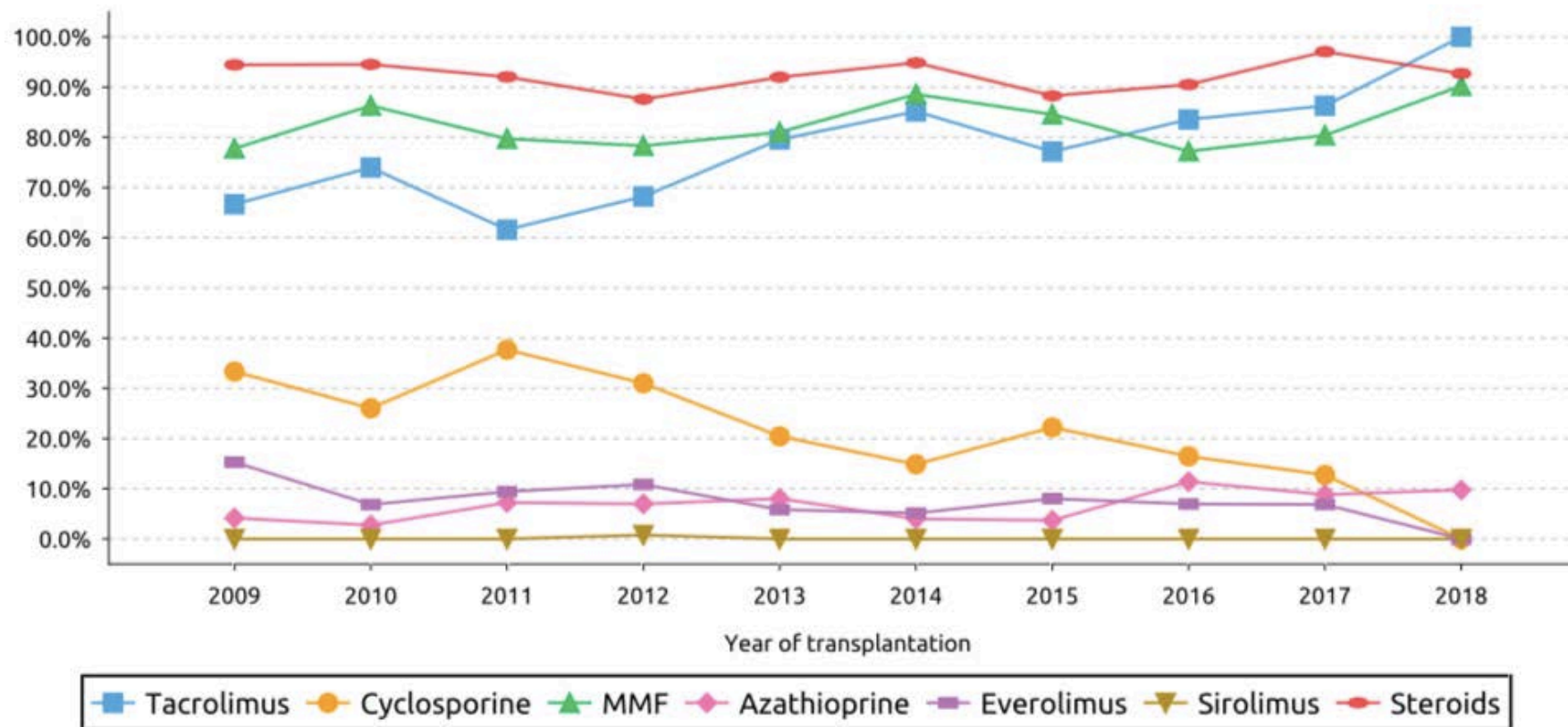
■ Normal-dose CsA  
■ Low-dose CsA  
■ Low-dose TAC  
■ Low-dose SRL

# Which immunosuppressive drugs are currently used?

**TABLE 2** Percent drug utilization—day 30 post-transplant  
(patients with functioning grafts)

	Transplant era 1996-2001	Transplant era 2002-2007	Transplant era 2008-2017
Prednisone	97.8	82.4	59.7
Cyclosporine	71.8	15.5	3.1
TAC	23.9	78.9	92.7
MMF	52.5	77.0	87.7
Aza	26.6	3.1	4.9
Sirolimus	3.6	13.4	0.5

# Immunosuppressive maintenance therapy at day 30 post-transplant (n=1187)



# Which immunosuppressants are currently combined?

**TABLE 3** Percent drug utilization—post-transplant (patients with functioning grafts)

	Transplant era 1996-2001				Transplant era 2002-2007				Transplant era 2008-2017			
	30 d	1 y	3 y	5 y	30 d	1 y	3 y	5 y	30 d	1 y	3 y	5 y
Prednisone/CsA/MMF	35.4	38.1	30.6	22.4	9.7	8.6	7.9	7.5	1.7	1.9	0.5	0.7
Prednisone/CsA/Aza	23.1	17.7	14.2	8.9	0.8	0.8	0.6	0.7	0.1	0.2	0.3	0.4
Prednisone/CsA	10.7	4.4	3.8	3.5	1.5	0.8	0.3	0.8	0.4	0.3	0.2	0.0
Prednisone/TAC/MMF	14.3	19.6	24.4	30.1	51.3	49.6	44.2	42.1	48.9	41.7	38.6	33.1
Prednisone/TAC/Aza	2.3	4.9	6.5	6.9	1.7	2.4	2.7	3.9	2.0	2.3	4.3	6.3
Prednisone/TAC	4.2	5.0	6.7	6.9	4.1	5.8	6.7	6.2	2.9	8.2	8.0	6.7
TAC/MMF	0.4	1.1	1.7	2.5	10.7	9.4	11.5	13.1	33.8	27.3	26.5	27.5
Other combination	9.5	9.2	12.0	17.3	20.1	22.7	26.0	25.8	10.1	18.1	21.6	25.3

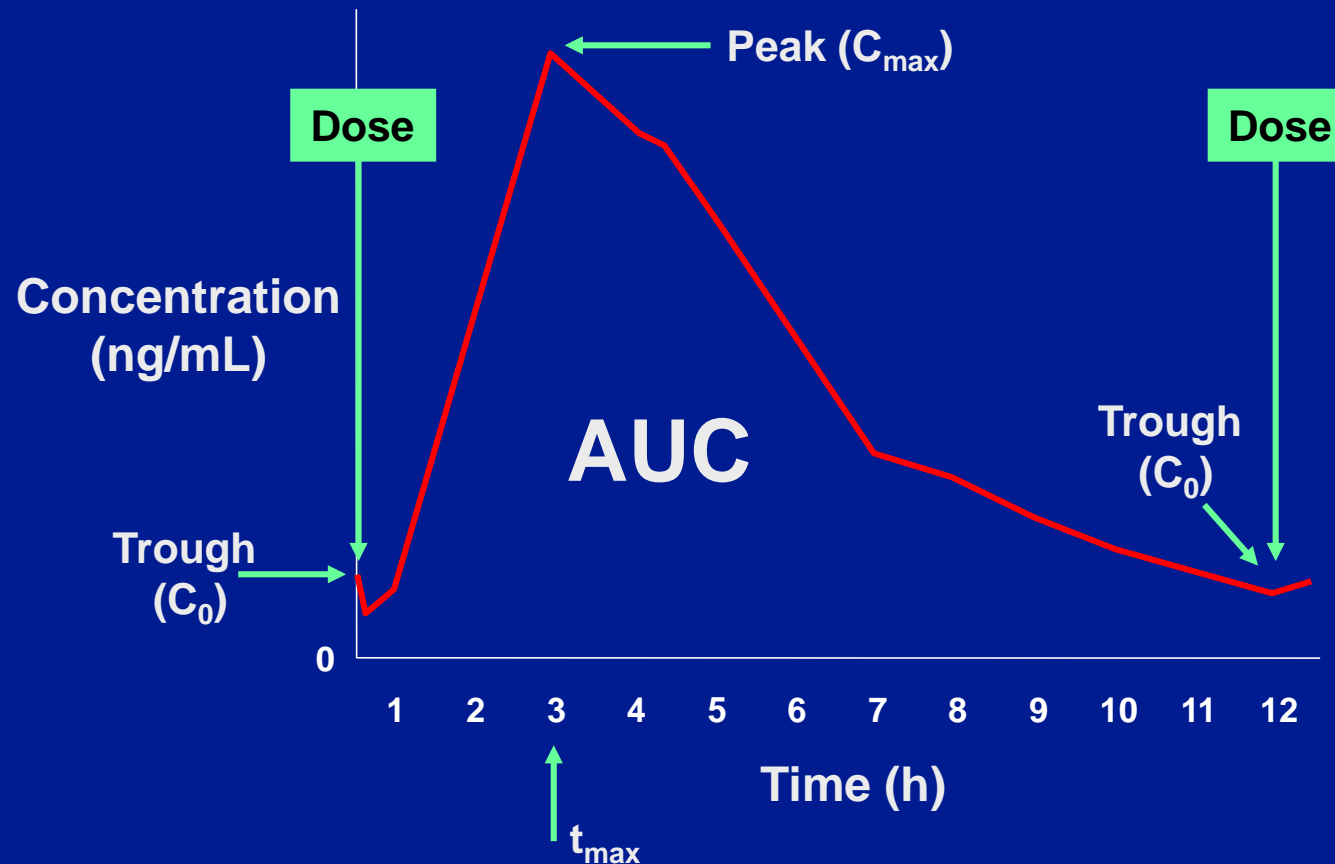
The 2018 report of the NAPRTCS  
*Pediatric Transplantation* 2019;23:e13597

# Pharmacokinetics of tacrolimus in children

- Similar oral bioavailability, but higher total body clearance in pediatric patients compared to adults.
- Pediatric patients require therefore approximately 1.5 – 2-times the dosage of tacrolimus given to adults in order to achieve similar systemic exposure.
- However, significant variability in tacrolimus dosing requirements **within** the pediatric patients population (infants, children, adolescents)
- Hence, more precise dosing recommendations for these different pediatric subgroups are required.

# Measuring Total Drug Exposure

## Area Under the Time-Concentration Curve (AUC)





# Correlation of Tacrolimus PK-parameters with Tacrolimus-AUC<sub>0-12</sub> in Pediatric Transplant Recipients

Author	Period after Rx	Number of patients	Correlation (r <sup>2</sup> ) of C <sub>0</sub> with AUC <sub>0-12</sub>	Best (r <sup>2</sup> ) individual time point	Best (r <sup>2</sup> ) abbreviated PK Profile
Wallemacq 97	initial, liver	16	0.81	-	-
Filler 02	stable, renal	53	0.56	C <sub>4</sub> r <sup>2</sup> =0.83	C <sub>0</sub> ,C <sub>1</sub> ,C <sub>2</sub> ,C <sub>4</sub> r <sup>2</sup> =0.96
Kim 05	initial, renal	30	0.55	C <sub>2</sub> r <sup>2</sup> =0.85	(C <sub>0</sub> +C <sub>2</sub> )/2 r <sup>2</sup> =0.92

# Target tacrolimus AUC

- Consider immunological and infectiological risk of individual patient
- Week 1 – 4 (early phase post-transplant): 150 – 200  $\mu\text{g} \times \text{h/L}$
- Month 1 – 3: 120 – 150  $\mu\text{g} \times \text{h/L}$
- > Month 3 (stable phase): 75 – 150  $\mu\text{g} \times \text{h/L}$

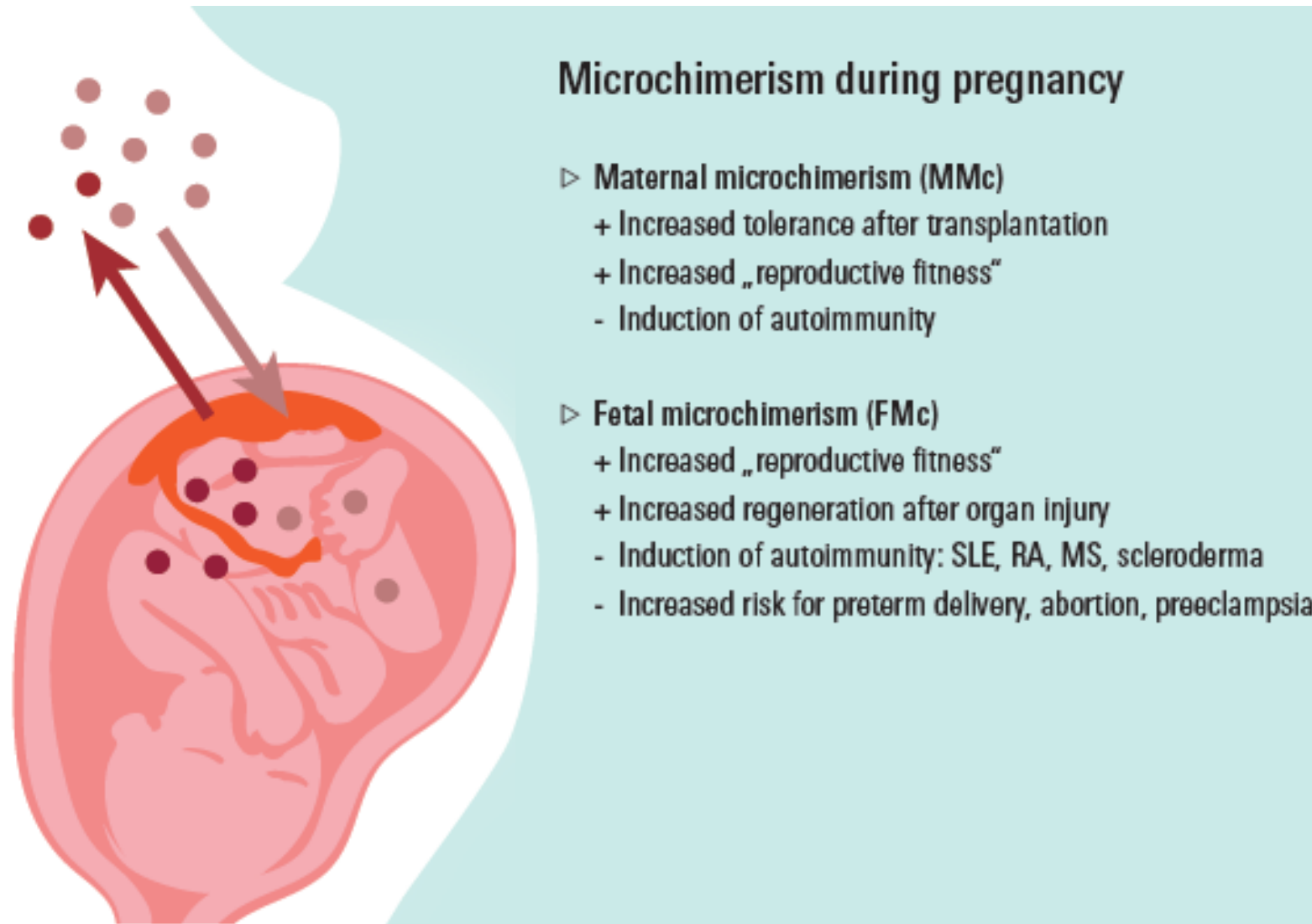
# Specific immunosuppressive strategies

- Minimization of glucocorticoids (steroids)  
because of main side effects: suppression of length growth and cosmetic changes
  - Steroid avoidance
  - Early withdrawal (after about 4 days post-transplant)
  - Late withdrawal (after approx. 6 – 12 months post-transplant)
- Minimization of calcineurin inhibitors
  - Comedication with MMF
  - Comedication with mTOR inhibitors (everolimus)
- *Calcineurin inhibitor-free immunosuppression?*

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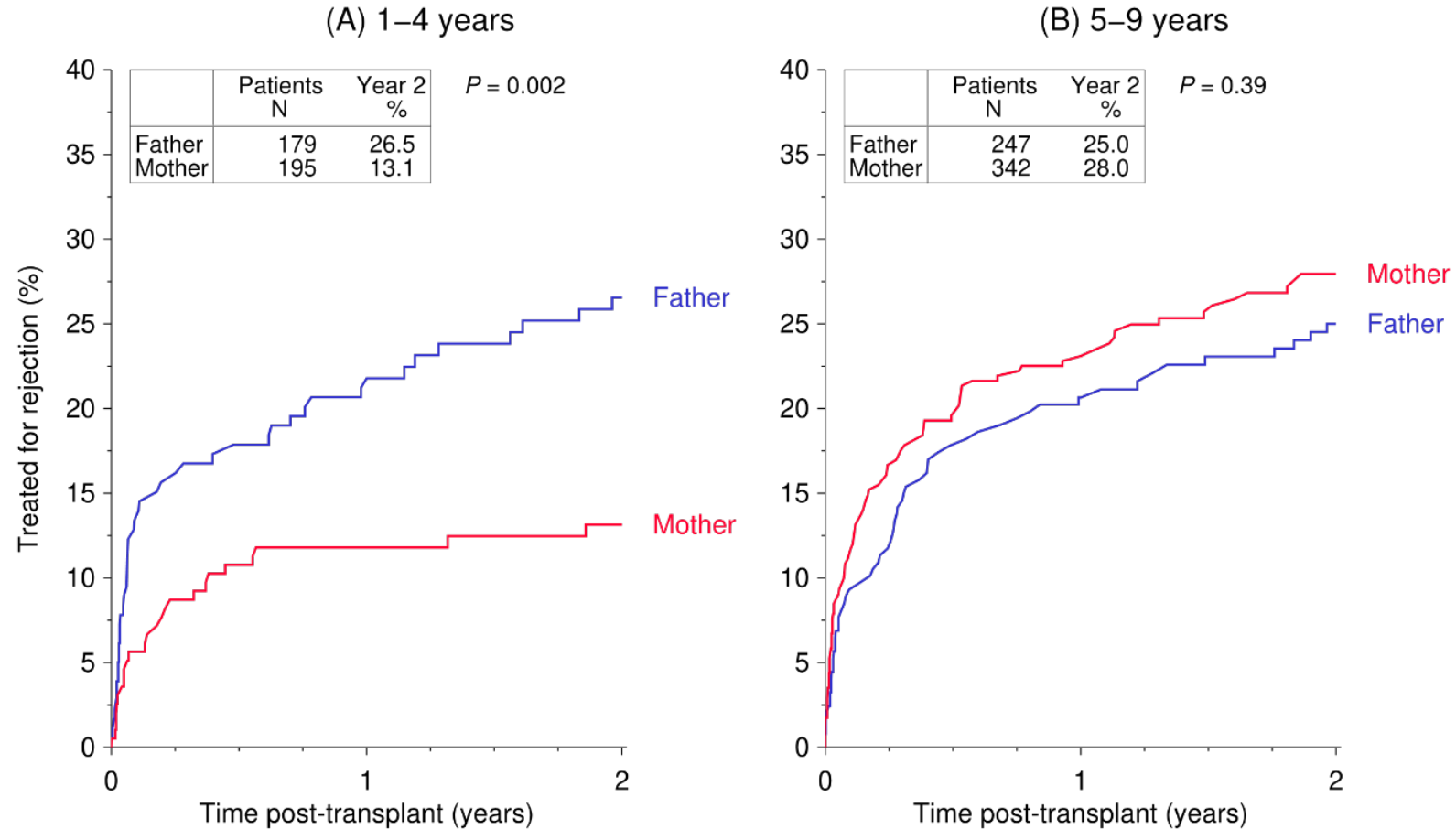
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# Microchimerism: The bi-directional transfer of cells between mother and child through the placenta



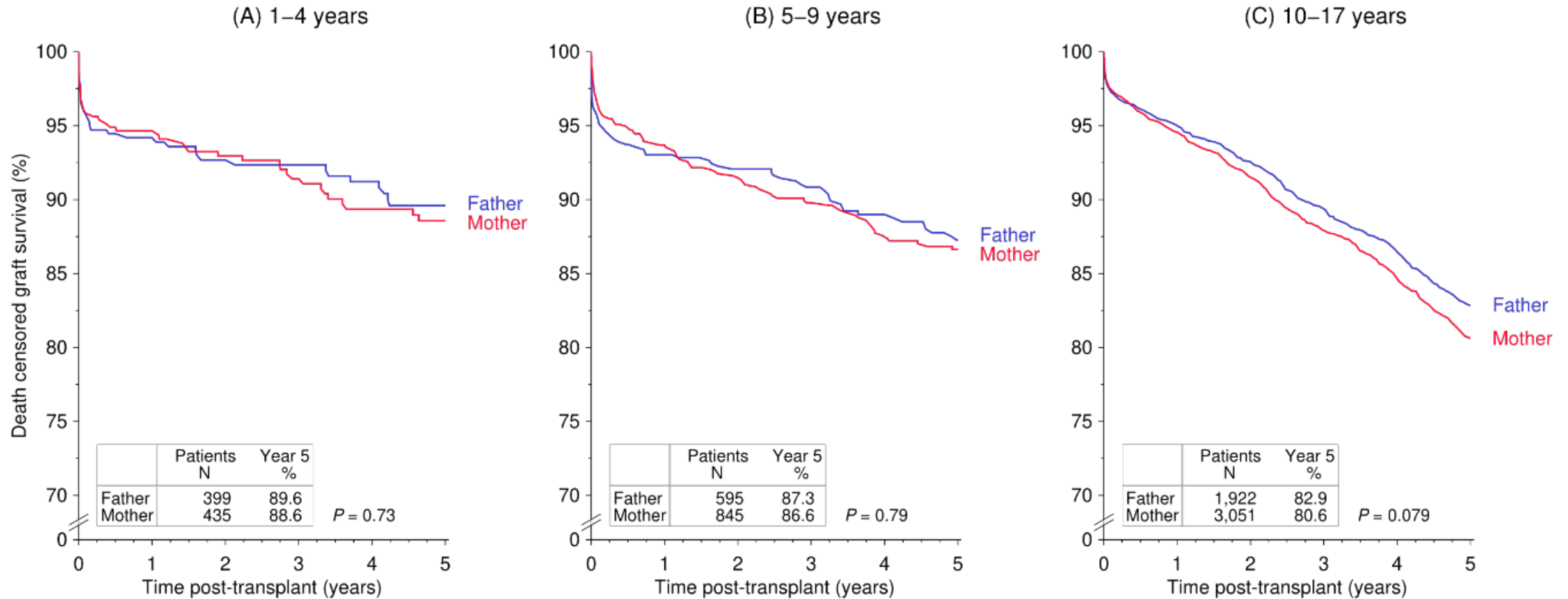
# Rate of treated kidney allograft rejection in 1–4- and 5–9-year-old children

Living donor-kidney transplantation either from the mother or the father



# 5-year death-censored graft survival in children

## Living donor-kidney transplantation either from the mother or the father



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# Prophylaxis of infections

- Ceftriaxone (Rocephin®) 50 mg/kg b.w./day i.v. as a single dose perioperatively (max. 2 g), until drains are removed.
- Nystatin (CandioHermal®) suspension: for 1 week posttransplant
- CMV chemoprophylaxis with (Val)-ganciclovir: D+/R-, D+/R+, D-/R+ and thymoglobulin therapy
- Pneumocystis jirovecii-pneumonia prophylaxis with trimethoprim-sulfamethoxazole for at least 6 months posttransplant

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9. **Specific outcome**

ORIGINAL ARTICLE



# Outcome of renal transplantation in small infants: a match-controlled analysis

Marcus Weitz<sup>1</sup> · Guido F. Laube<sup>1</sup> · Maria Schmidt<sup>1</sup> · Kai Krupka<sup>2</sup> · Luisa Murer<sup>3</sup> · Dominik Müller<sup>4</sup> · Bernd Hoppe<sup>5</sup> · Anja Büscher<sup>6</sup> · Jens König<sup>7</sup> · Martin Pohl<sup>8</sup> · Therese Jungraithmayr<sup>9</sup> · Florian Thiel<sup>10</sup> · Heiko Billing<sup>11</sup> · Ryszard Grenda<sup>12</sup> · Jacek Rubik<sup>12</sup> · Michael M. Kaabak<sup>13</sup> · Fatos Yalcinkaya<sup>14</sup> · Rezan Topaloglu<sup>15</sup> · Nicholas Webb<sup>16</sup> · Luca Dello Strologo<sup>17</sup> · Lars Pape<sup>18</sup> · Silvio Nadalin<sup>19</sup> · Burkhard Tönshoff<sup>2</sup>

# Methods

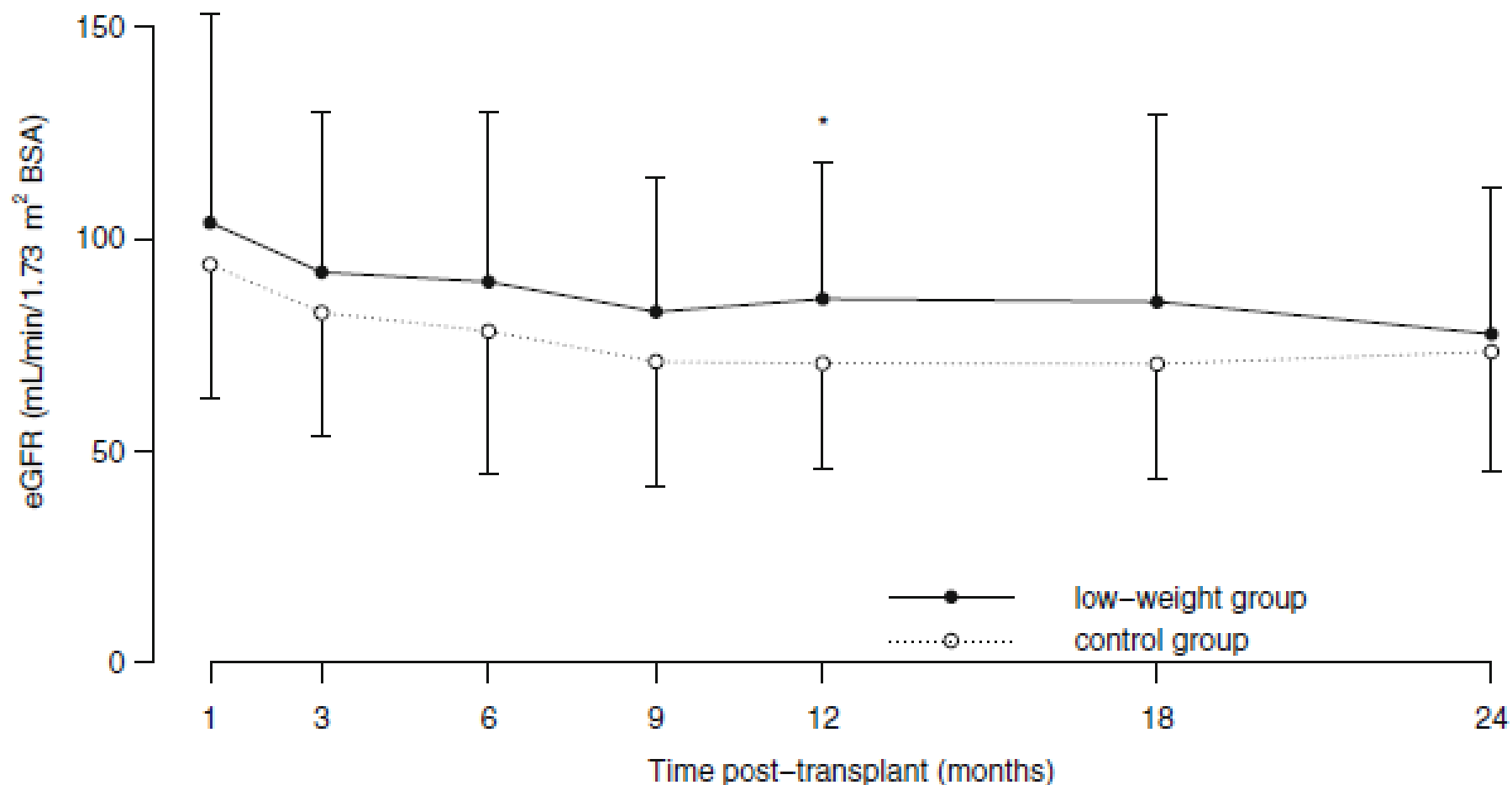


- Multicenter, retrospective, match-controlled cohort study on infants weighing less than 10 kg at time of engrafting (low-weight group [LWG], n=38) compared to a matched control group (n=76) with a body weight of 10–15 kg,
- Using data from the first 2 years post-transplant derived from the CERTAIN Registry.

# Results

- Patient survival was 97 and 100% in the LWG and control groups, respectively ( $P = 0.33$ ), and death-censored graft survival was 100 and 95% in the LWG and control groups, respectively ( $P = 0.30$ ).
- Estimated glomerular filtration rate at 2 years post-transplant was excellent and comparable between the groups (LWG  $77.6 \pm 34.9$  mL/min/1.73 m<sup>2</sup>; control  $74.8 \pm 29.1$  mL/min/1.73 m<sup>2</sup>;  $P = 0.68$ ).

## Mean eGFR over 2 years posttransplant for the low-weight group (n=34) and control group (n=72)



# Results and Conclusions

- The overall incidences of surgery-related complications (LWG 11%, control 23%;  $P = 0.12$ ) and medical outcome measures (LWG 23%, control 36%,  $P=0.17$ ) were not significantly different between the groups.
- The medical outcome measures included
  - transplant-related viral diseases (LWG 10%, control 21%;  $P = 0.20$ ),
  - acute rejection episodes (LWG 14%, control 29%;  $P = 0.092$ ),
  - malignancies (LWG 3%, control 0%;  $P = 0.33$ )
  - arterial hypertension (LWG 73%, control 67%;  $P = 0.57$ ).
- These data suggest that RTx in infants is a feasible option, at least in selected centers with appropriate surgical and medical expertise.

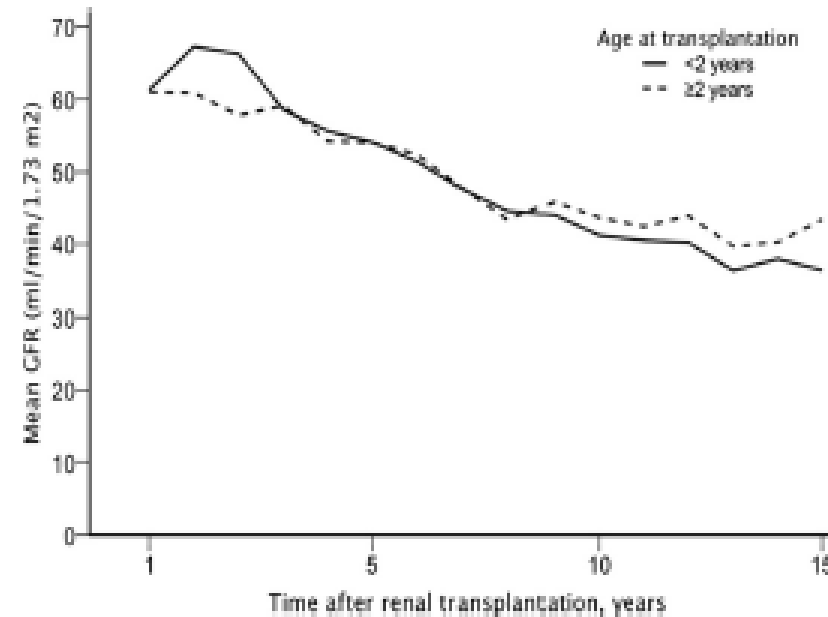
# Conclusions

- Tx in small children remains challenging and requires multidisciplinary expertise because of the potentially higher complication rate.
- Complications range from thrombosis of graft artery or vein, huge size difference of graft and recipient, and difficult ureteral anastomosis in small children with congenital anomalies of the kidney and urinary tract.
- Furthermore, small children represent a particularly vulnerable population regarding fluid and blood pressure management and immunosuppressive medication in the first weeks or months after Tx.



# Important long-term issues in infant kidney transplantation

- Graft function
- Viral surveillance
- HLA antibody surveillance
- Growth
- Motor development
- Neurocognitive development
- Cosmetic side effects of the immunosuppressive medication
- Bone health
- Metabolic risk factors



*Jalanko H et al, Pediatr Nephrol 2016*

- Quality of life
- Pubertal development
- Adherence to medication
- Structured transition to adult care



Thank you for your attention!

# NEXT WEBINARS



22/11/22

**Thrombotic thrombocytopenic purpura (TTP)**

**Paul Coppo (Paris, France)**

01/12/22

**IPNA Webinar:** Clinical Practice Recommendations for the diagnosis and Management of children with SSNS

**Winter Break**

24/01/23

**Cystinuria**

**Pietro Manuel Ferraro (Rome, Italy)**

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