



# WELCOME TO

**ESPN/ERKNet**

**Educational Webinars on Pediatric Nephrology & Rare Kidney Diseases**

Date: 02 June 2020

Topic: Nephronophtosis

Speaker: Marijn Stokman

Moderator: Elena Levtchenko

# Disclosures

- Nothing to disclose



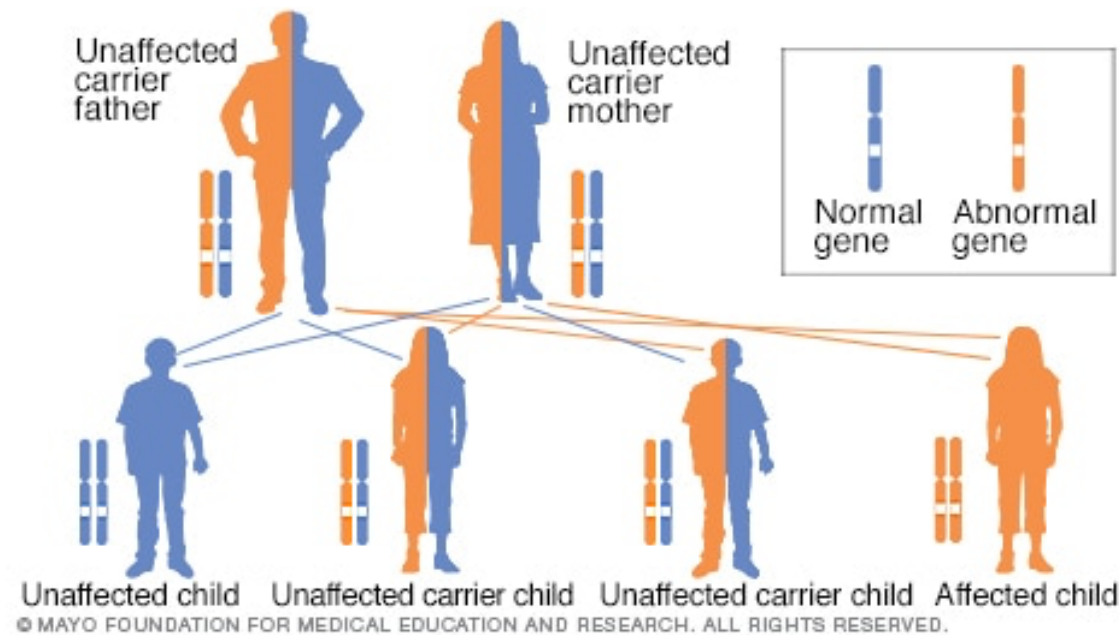
# Outline presentation

- Clinical presentation
- Genetic testing
- Pathophysiology
- Road to therapy
- Research
- Take home messages



# Nephronophthisis (NPH)

- Important hereditary cause of pediatric ESRD
  - Up to 15%
  - Incidence 1:50,000 to 1:1,000,000 live births
- Homozygous deletions in *NPHP1* are an important cause of ESRD in adults
- Autosomal recessive





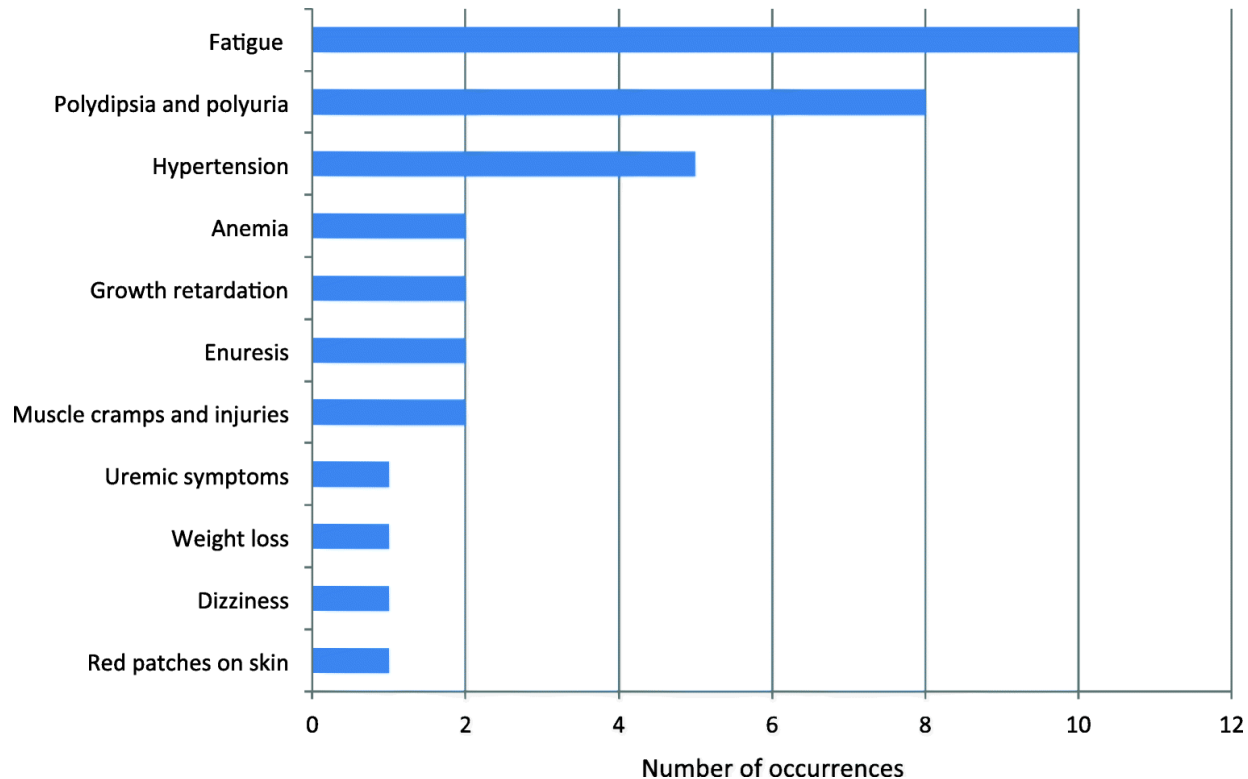
# “Wasting of the nephrons”

- 3 subtypes
  - Infantile
  - Juvenile
  - Adult
- Juvenile and adult NPH
  - Classic triad:
    - Renal concentration defect
    - Tubulointerstitial nephritis
    - ESRD before age 30
  - Aspecific presenting symptoms lead to diagnostic delay



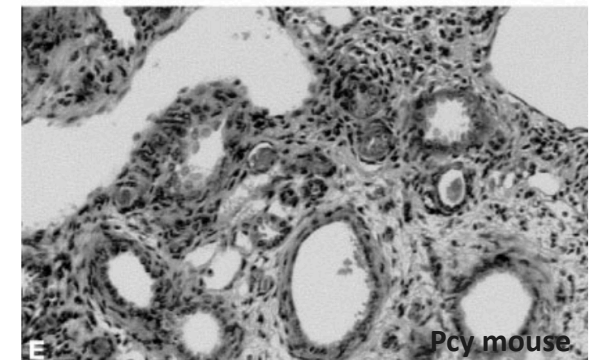
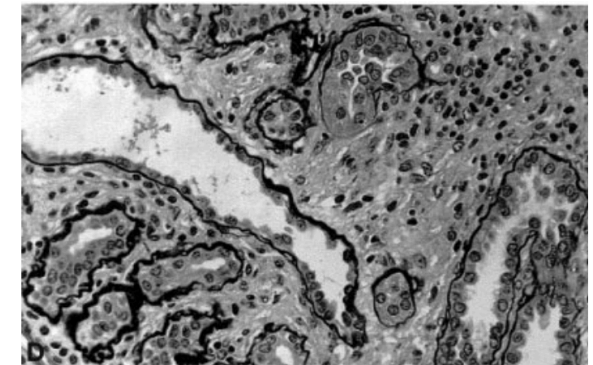
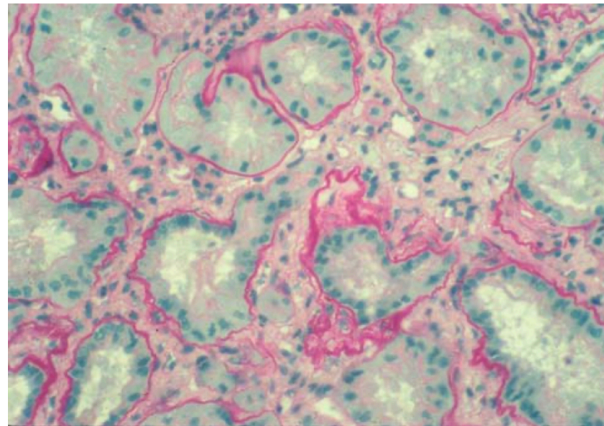
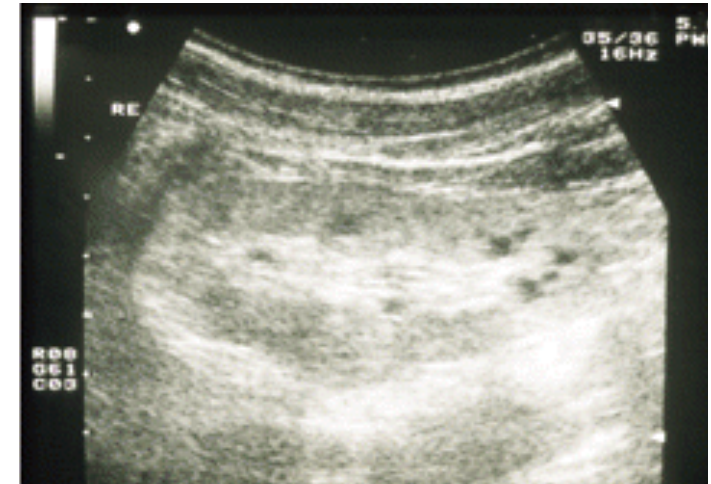
# Presenting signs and symptoms

- Fatigue n=10
- Polydipsia and polyuria n=8
- Hypertension n=5
- Three patients had muscle complaints (uremic symptom?)



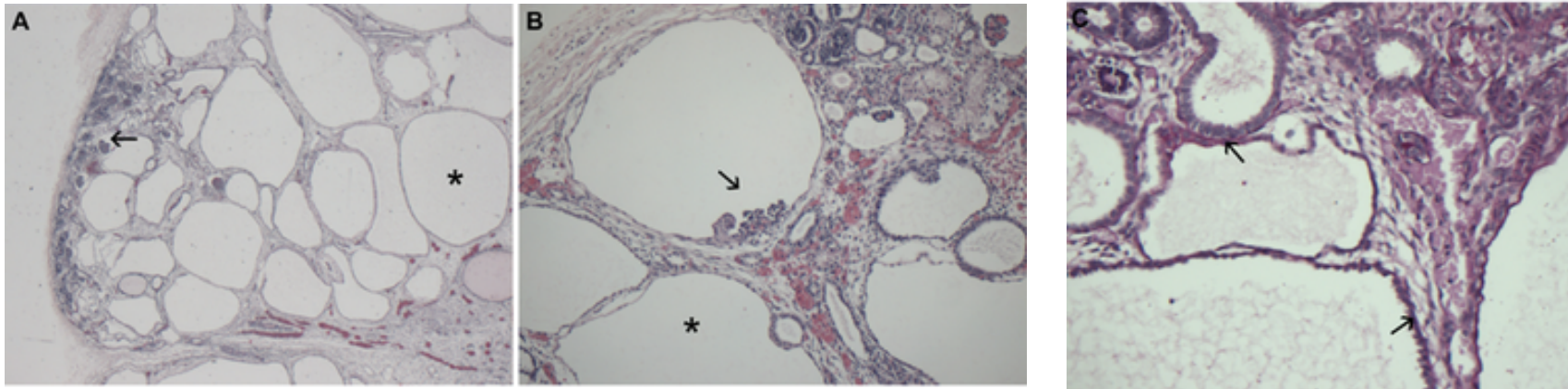
# Juvenile/adult NPH

- Ultrasound:
  - Normal sized kidneys
  - Hyperechogenic kidneys
  - Reduced corticomedullary differentiation
  - Cysts on the corticomedullary junction (~50%)
- Histology:
  - Tubulointerstitial fibrosis
  - Cysts arise mainly from distal tubule
  - Thickened and disrupted tubular basement membrane
- **Inconclusive in advanced stages of CKD!**



# Infantile NPH

- Histology:
  - Cystic enlargement
  - Cortical cysts that arise from proximal tubule/collecting duct
  - Absence of tubular basement membrane thickening
  - Minimal fibrosis

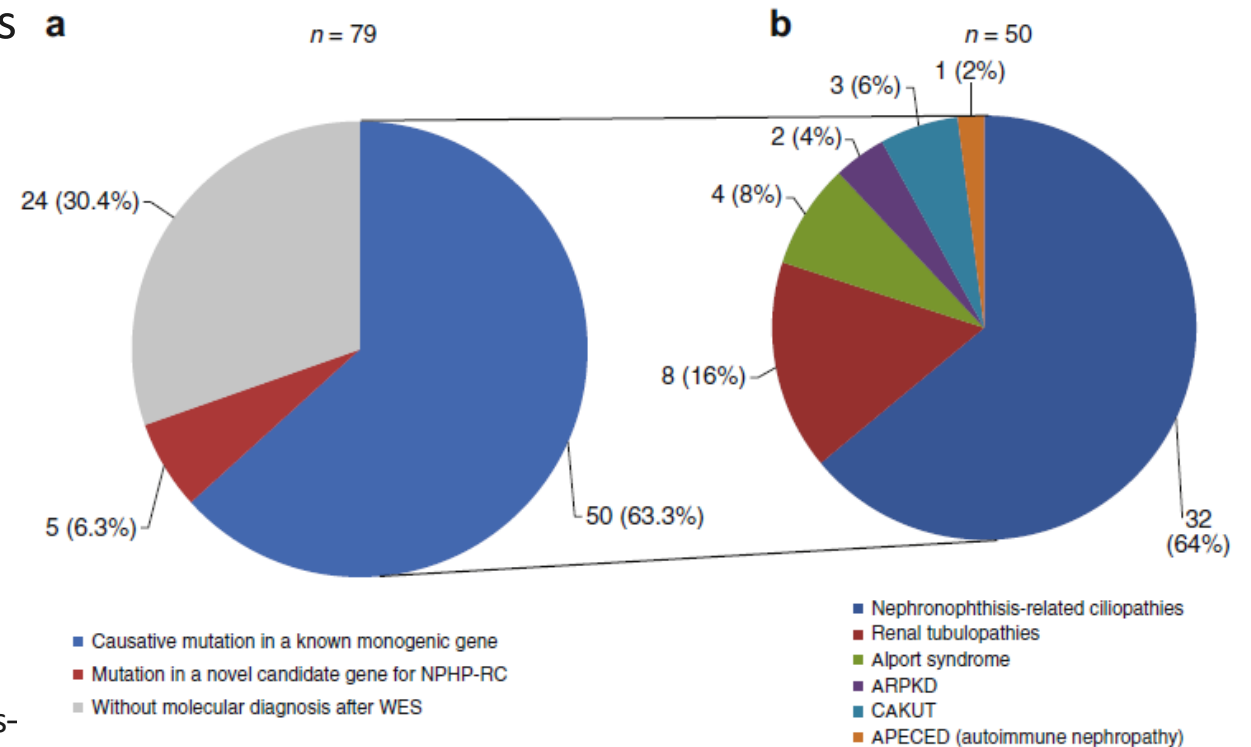


- Rapidly progressive course, resembles ARPKD
- Is infantile NPH part of the same phenotypic spectrum?

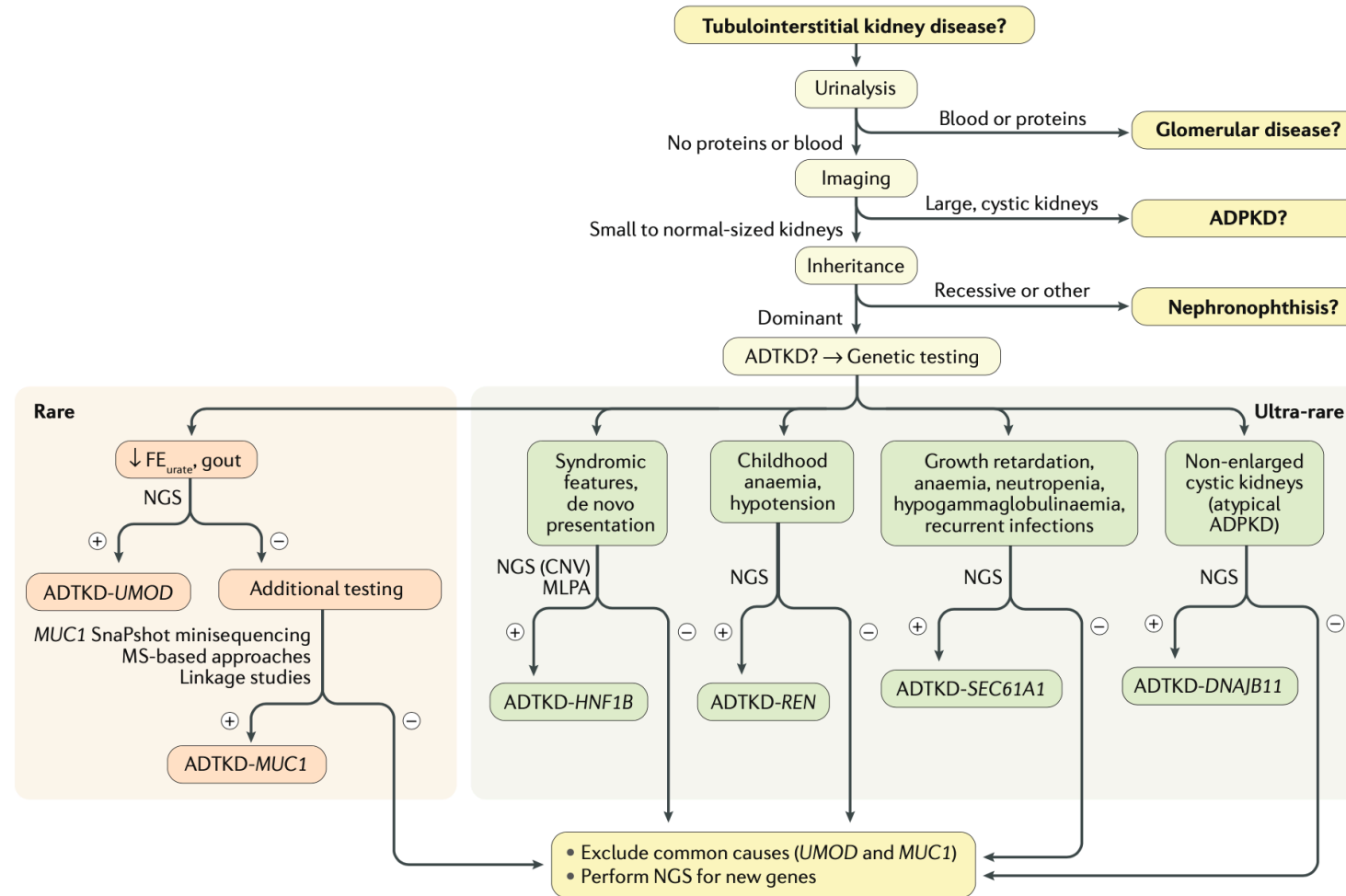


# Diagnosis can be challenging

- Whole-exome sequencing (WES) in 79 families with pediatric onset CKD and suspected nephronophthisis based on renal ultrasound
- Consanguineous/familial cases
- 50 cases causal mutation:
  - 32 in NPH-RC gene
  - 18 in other genes:
    - Renal tubulopathies (n=8, 16%)
    - Alport syndrome (n=4, 8%)
    - CAKUT (n=3, 6%)
    - ARPKD (n=2, 4%)
    - APECED [autoimmune polyendocrinopathy-candidiasis-ectodermal dystrophy] syndrome (n=1, 2%).

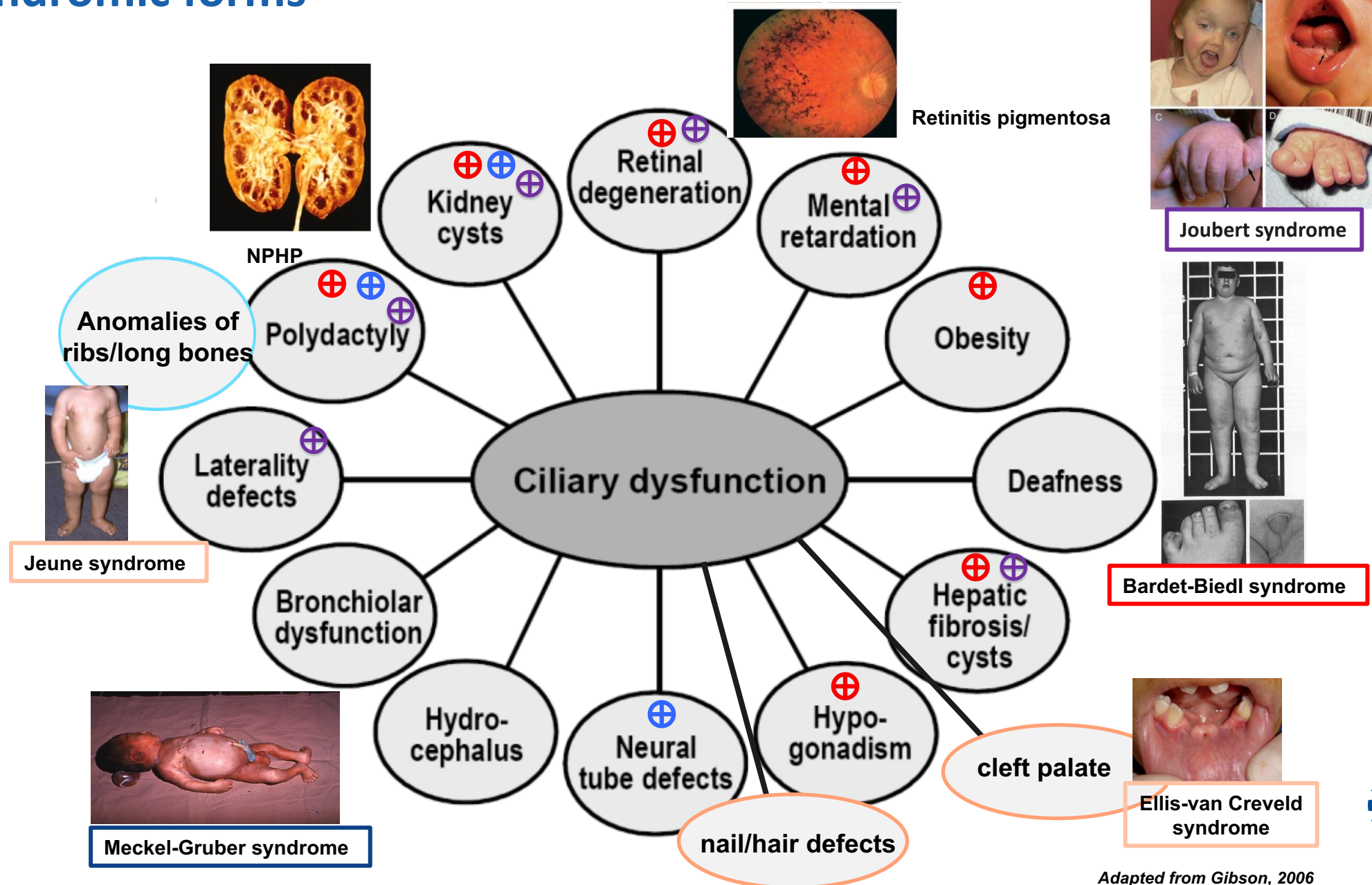


# Differential diagnosis



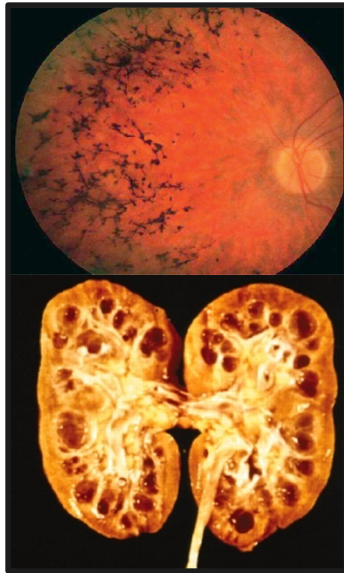


# Syndromic forms



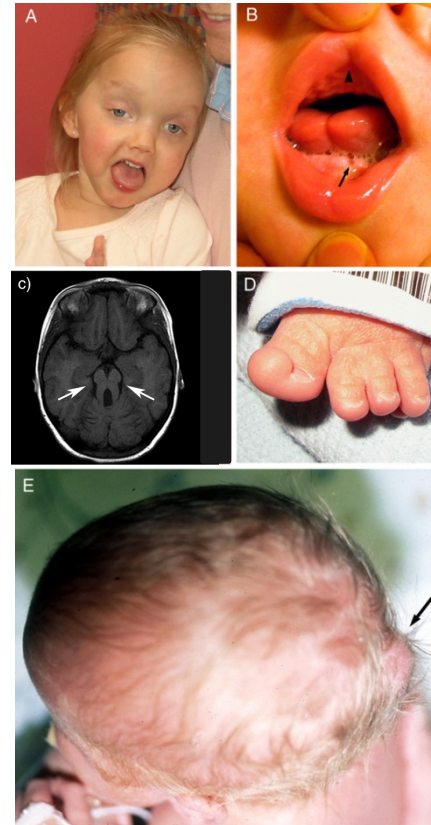
# Phenotypic variability

Hildebrandt & Zhou, 2007  
den Hollander et al., 2008



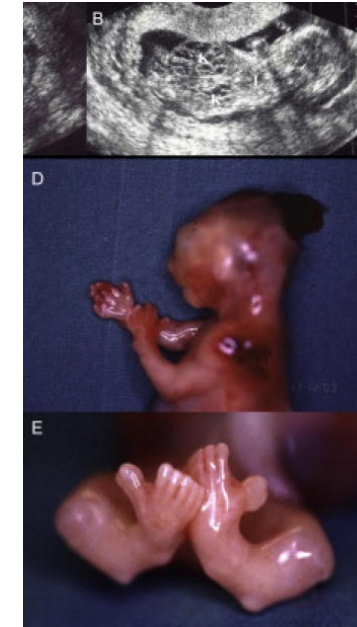
Senior-Løken

Parisi MA, 2009

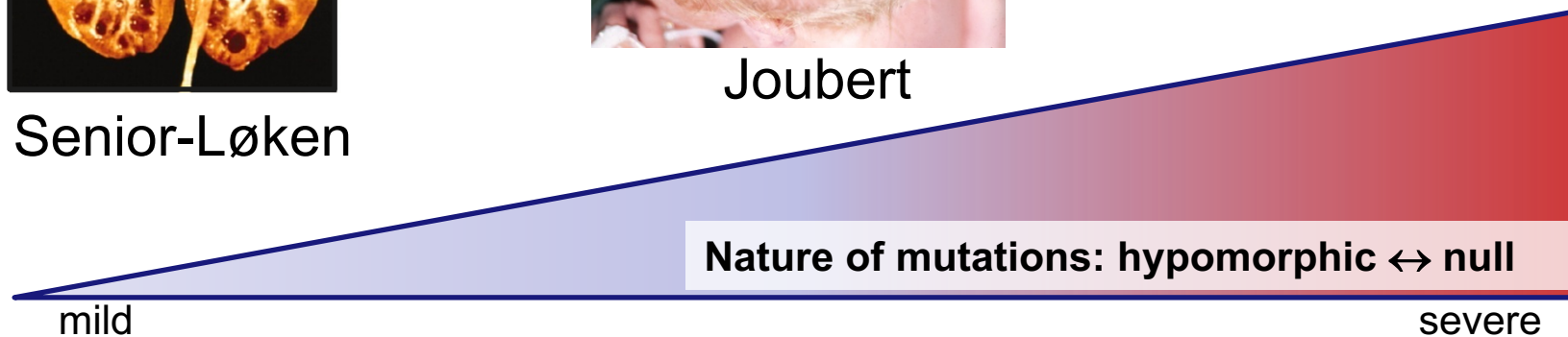


Joubert

Tallila et al., 2008



Meckel-Gruber





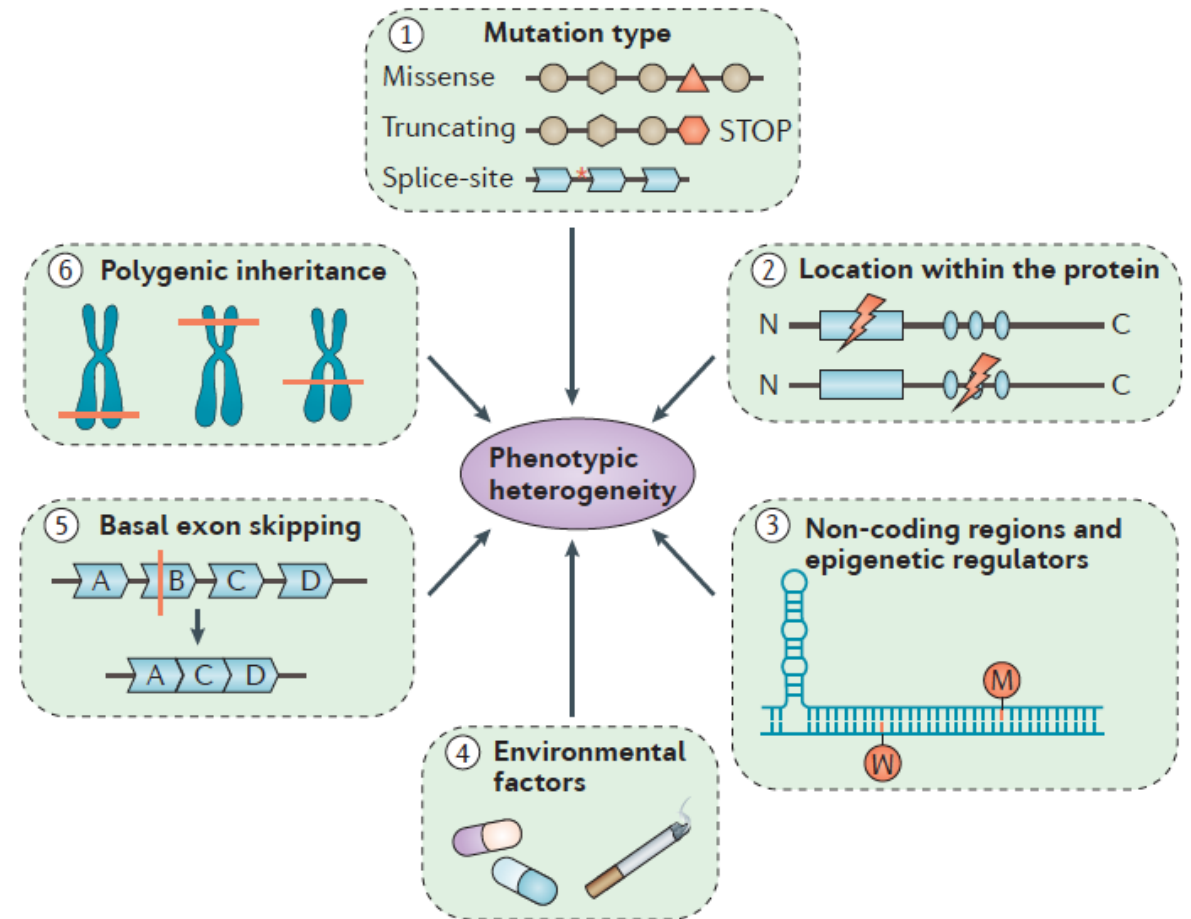
# Phenotypic variability

## *TTC21B* contributes both causal and modifying alleles across the ciliopathy spectrum

Erica E Davis<sup>1,2</sup>, Qi Zhang<sup>3</sup>, Qin Liu<sup>3</sup>, Bill H Diplas<sup>1</sup>, Lisa M Davey<sup>1</sup>, Jane Hartley<sup>4</sup>, Corinne Stoetzel<sup>5</sup>, Katarzyna Szymanska<sup>6</sup>, Gokul Ramaswami<sup>7</sup>, Clare V Logan<sup>6</sup>, Donna M Muzny<sup>8</sup>, Alice C Young<sup>9</sup>, David A Wheeler<sup>8</sup>, Pedro Cruz<sup>9</sup>, Margaret Morgan<sup>8</sup>, Lora R Lewis<sup>8</sup>, Praveen Cherukuri<sup>9</sup>, Baishali Maskeri<sup>9</sup>, Nancy F Hansen<sup>9</sup>, James C Mullikin<sup>9</sup>, Robert W Blakesley<sup>9</sup>, Gerard G Bouffard<sup>9</sup>, NISC Comparative Sequencing Program<sup>9</sup>, Gabor Gyapay<sup>10</sup>, Susanne Rieger<sup>11</sup>, Burkhard Tönshoff<sup>11</sup>, Ilse Kern<sup>12</sup>, Neveen A Soliman<sup>13</sup>, Thomas J Neuhaus<sup>14</sup>, Kathryn J Swoboda<sup>15,16</sup>, Hulya Kayserili<sup>17</sup>, Tomas E Gallagher<sup>18</sup>, Richard A Lewis<sup>19-22</sup>, Carsten Bergmann<sup>23,24</sup>, Edgar A Otto<sup>7</sup>, Sophie Saunier<sup>25</sup>, Peter J Scambler<sup>26</sup>, Philip L Beales<sup>26</sup>, Joseph G Gleeson<sup>27</sup>, Eamonn R Maher<sup>4</sup>, Tania Attié-Bitach<sup>28</sup>, Hélène Dollfus<sup>5</sup>, Colin A Johnson<sup>6</sup>, Eric D Green<sup>9</sup>, Richard A Gibbs<sup>8</sup>, Friedhelm Hildebrandt<sup>7,29</sup>, Eric A Pierce<sup>3</sup> & Nicholas Katsanis<sup>1,2,30</sup>

## Basal exon skipping and genetic pleiotropy: A predictive model of disease pathogenesis

Theodore G. Drivas<sup>1,\*</sup>, Adam P. Wojno<sup>1,\*</sup>, Budd A. Tucker<sup>2</sup>, Edwin M. Stone<sup>2,3</sup>, and Jean Bennett<sup>1,†</sup>



# Genetic testing

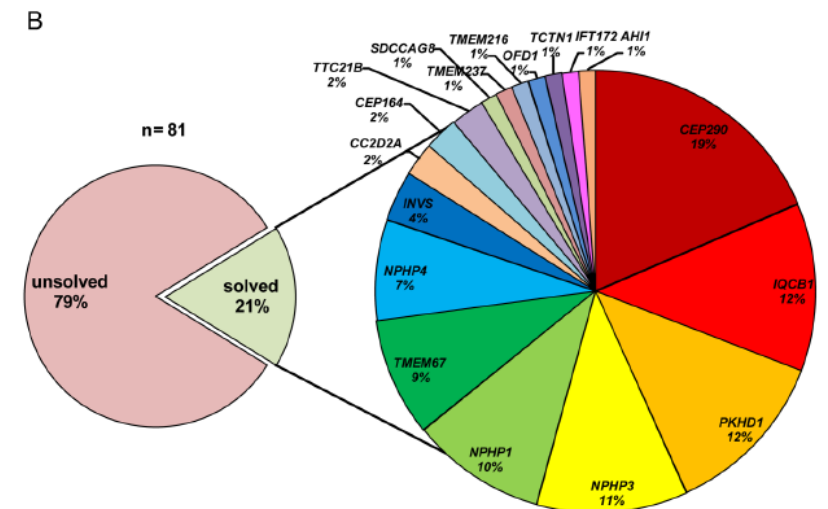
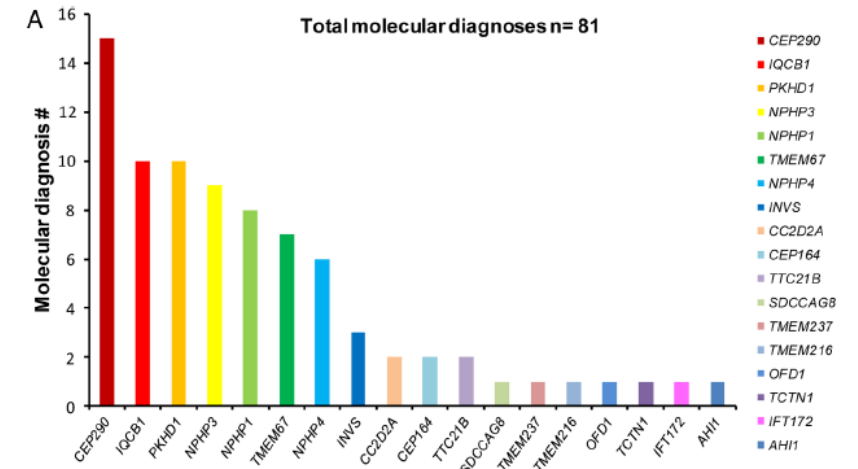


# Genetically heterogeneous disease

- Most common: Homozygous deletion in *NPHP1*

Gene	Locus
<b>NPHP1</b>	NPHP1
<b>INVS</b>	NPHP2
<b>NPHP3</b>	NPHP3
<b>NPHP4</b>	NPHP4
<b>IQCB1</b>	NPHP5
<b>CEP290</b>	NPHP6
<b>GLIS2</b>	NPHP7
<b>RPGRIP1L</b>	NPHP8
<b>NEK8</b>	NPHP9
<b>SDCCAG8</b>	NPHP10
<b>TMEM67</b>	NPHP11
<b>TTC21B</b>	NPHP12
<b>WDR19</b>	NPHP13
<b>ZNF423</b>	NPHP14
<b>CEP164</b>	NPHP15
<b>ANKS6</b>	NPHP16
<b>IFT172</b>	NPHP17
<b>CEP83</b>	NPHP18
<b>DCDC2</b>	NPHP19
<b>MAPKBP1</b>	NPHP20
<b>ADAMTS9</b>	NPHP21

- 384 individuals with NPH-RC
- Homozygous deletion in *NPHP1* excluded
- Targeted MIP-based sequencing of 34 NPH-RC genes
- Molecular diagnosis in 81/384 patients (21,1%)



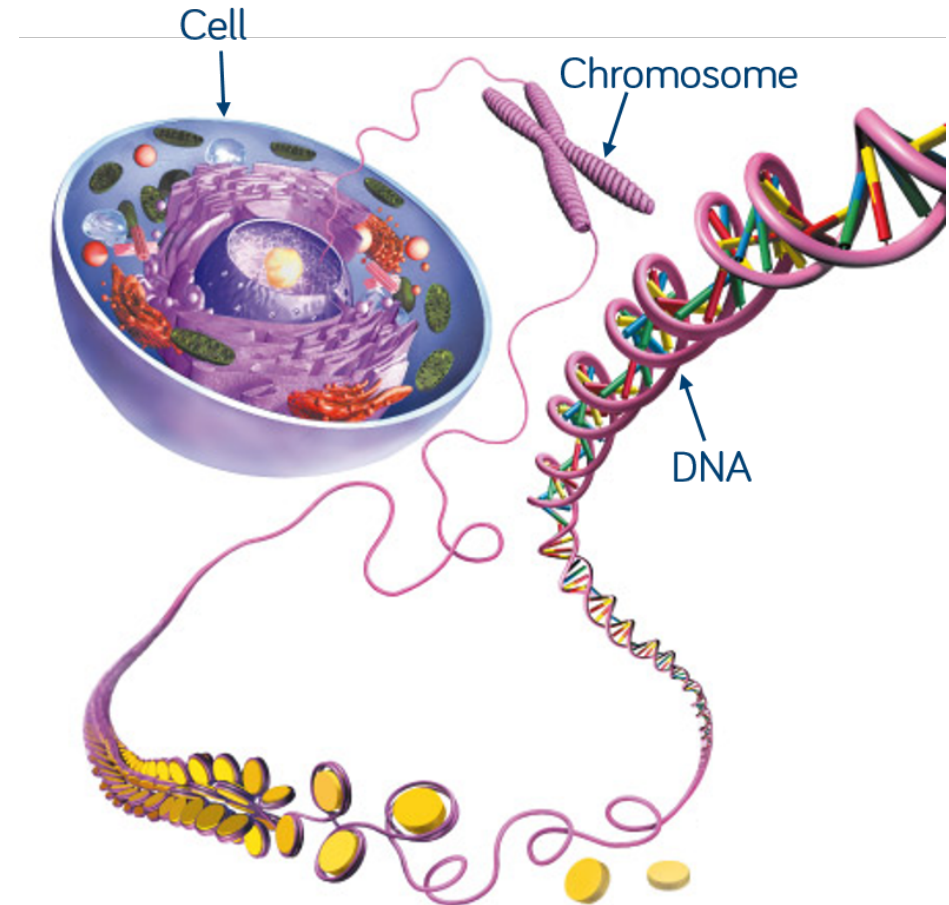
# Genetic testing

- Who to test:
  - Children and adults with clinical signs and symptoms of NPH or ciliopathy
  - Siblings of children with NPH
  - Anyone with unexplained CKD (including adults!)
- Why is genetic testing relevant?
  - Establish diagnosis
  - Prognosis and surveillance
  - Genetic and reproductive counseling
  - Testing of at risk relatives (potential donors!)



# Genetic testing strategy

- MLPA *NPHP1* -> homozygous deletion?
- WES-based gene panel 'Renal cysts and ciliopathies' (118 genes)
- Option to remove the filter and analyze the whole exome



## Question 1

- Juvenile nephronophthisis is characterized by
  - A. Large kidneys, cortical cysts, normal basement membranes
  - B. Small kidneys, glomerular cysts, fibrosis
  - C. Fibrosis, cysts, thickened tubular basement membranes
  - D. Diffuse cysts, large kidneys, fibrosis



## Question 2

- Nephronophthisis is the main monogenic cause of pediatric end-stage renal disease
  - A. True
  - B. False



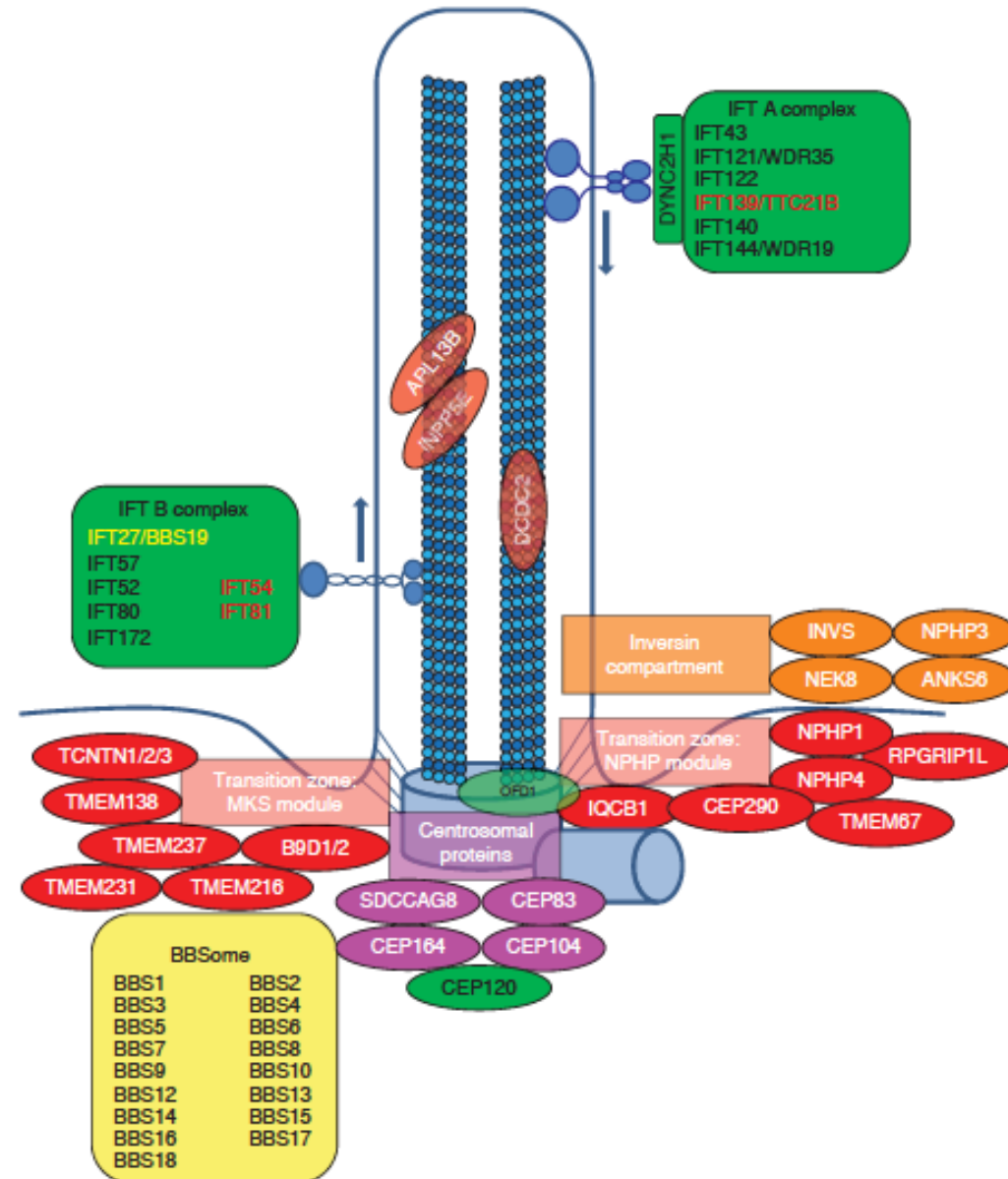
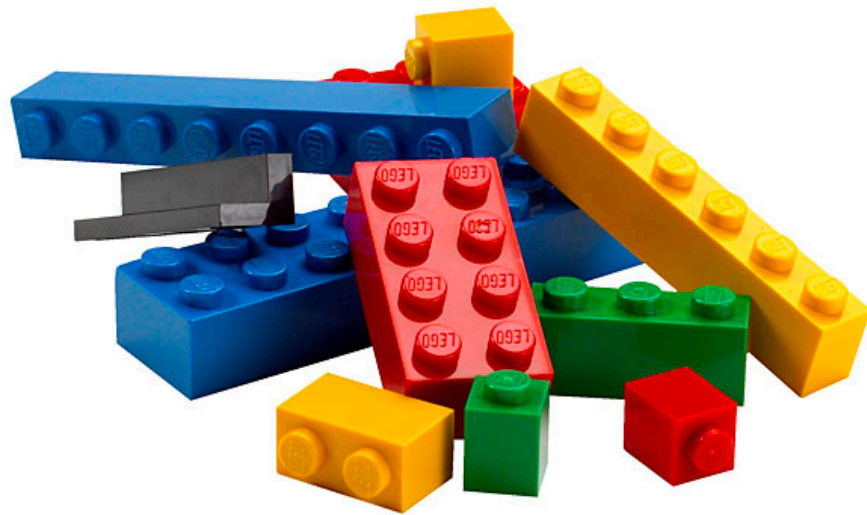
# Pathophysiology





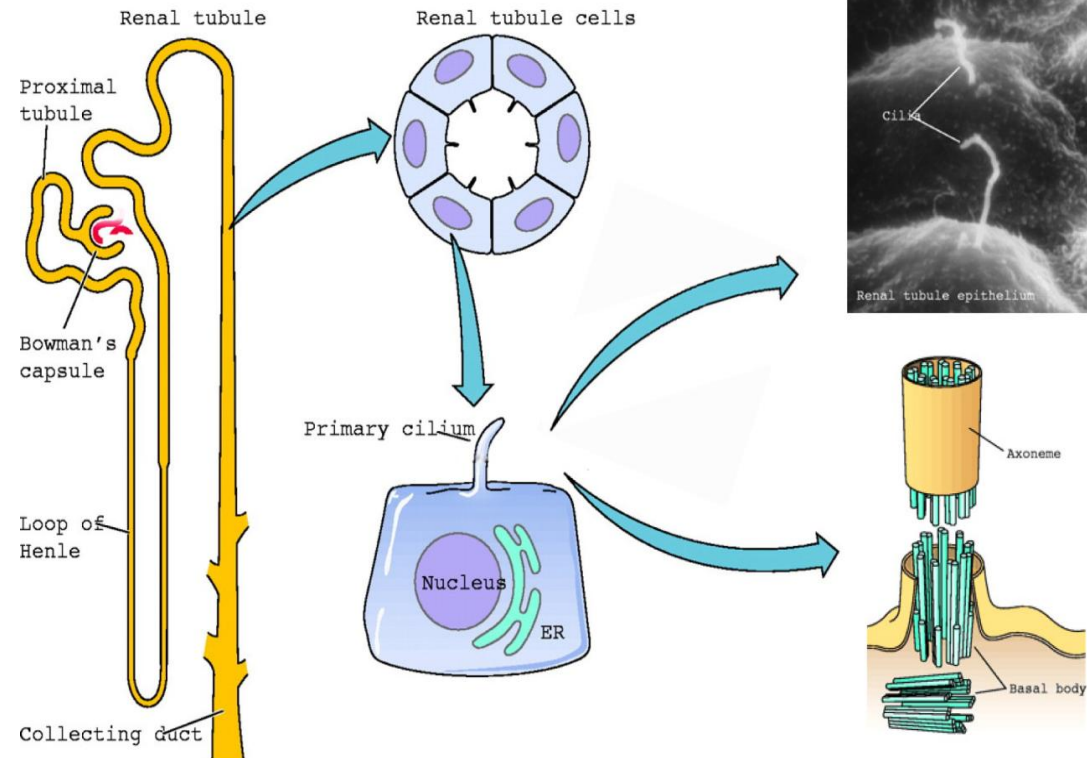
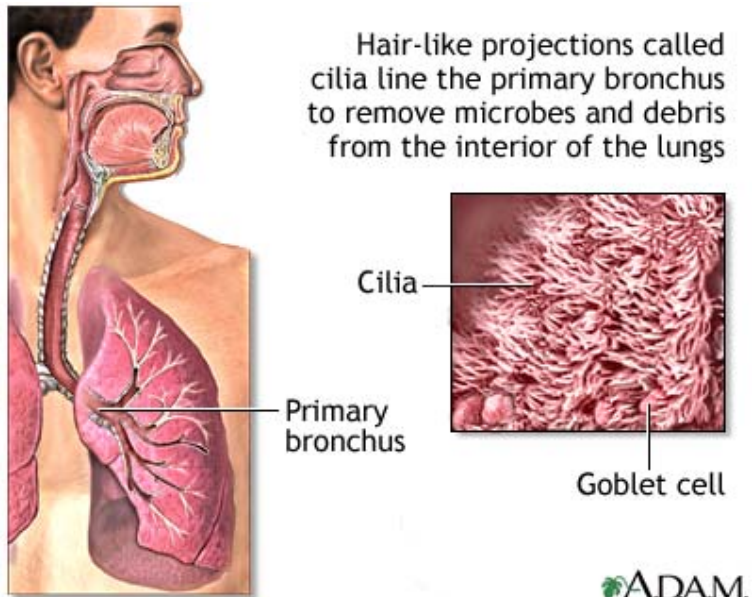
# NPH is a ciliopathy

- NPHP genes localize to distinct ciliary compartments
- Compartments are associated with specific extrarenal phenotypes

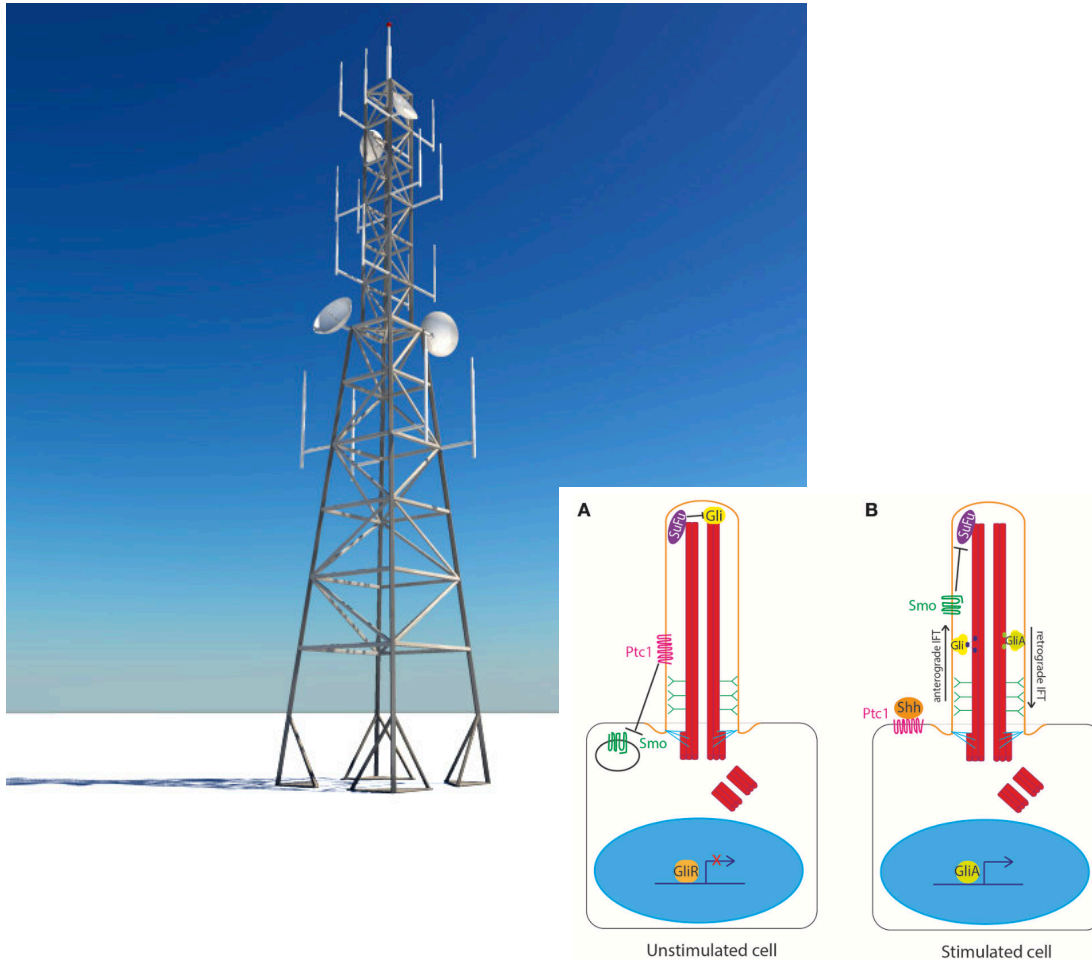


# NPH is a ciliopathy

- Motile vs. primary cilia



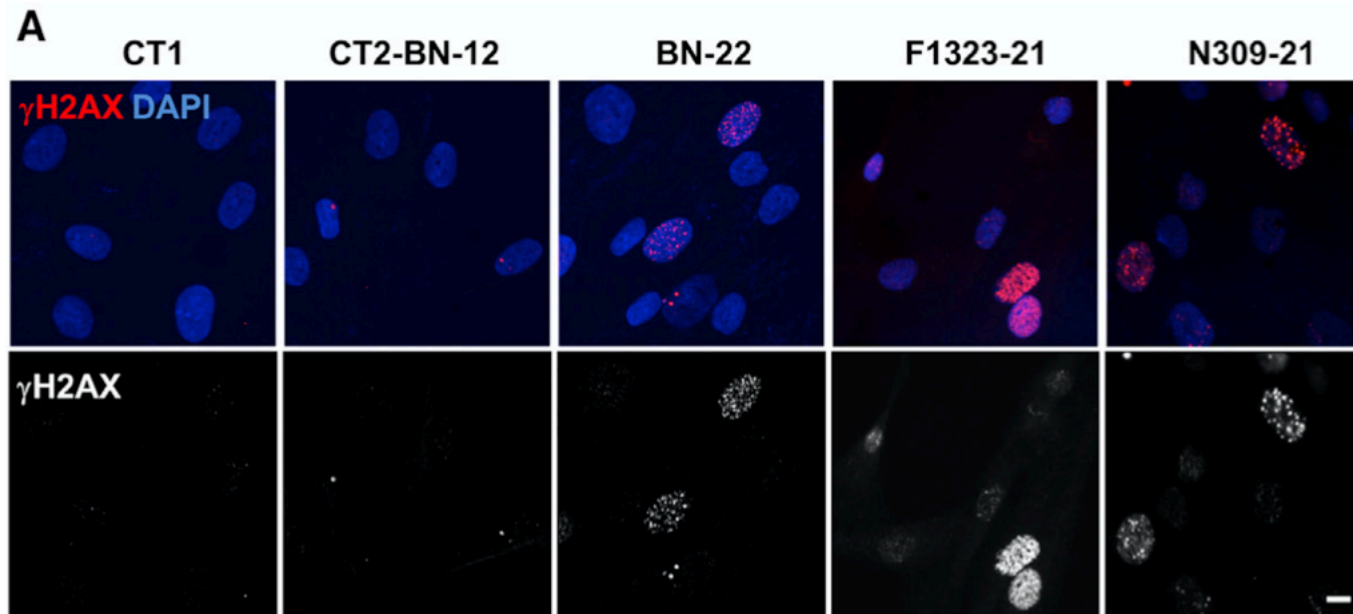
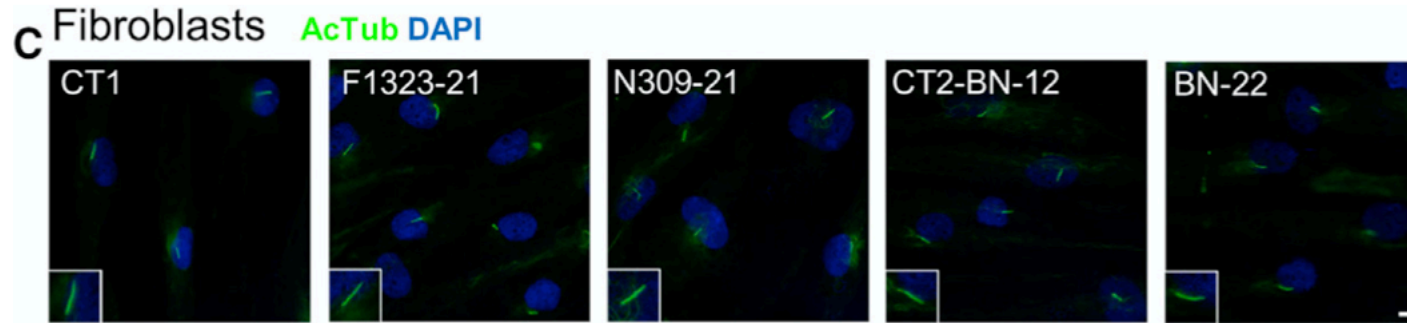
# Ciliary signaling pathways



- Signaling pathways
  - Shh: differentiated state tubular epithelial cells (*GLIS2*, *RPGRIP1L*, *ZNF423*, IFT)
  - GPCR (AVPR2): CFTR, proliferation, AQP2 water reabsorption
  - Wnt: maintenance planar cell polarity in response to urine flow (*INVS*)
  - Hippo: suppresses growth and transcription (*NPHP3*, *NPHP4*, *NEK8*)
  - MTOR
  - Notch
  - TGFB
  - ...
- Development and maintenance of kidney architecture



# Extra ciliary functions of NPHP proteins



- Like MAPKBP1/NPHP20, ZNF423/NPHP14, CEP164/NPHP15, CEP290/NPHP6, NEK8/NPHP9 and SDCCAG8/NPHP10 have functions in DNA-damage response (DDR) signaling and cell-cycle checkpoint control
- Disruption can lead to degenerative phenotypes



## Road to therapy



## Current therapy is supportive

- Treatment of CKD: anemia, hypertension, proteinuria
- Renal replacement therapy
- NPH does not recur in transplanted kidney



# Therapies investigated in animal models

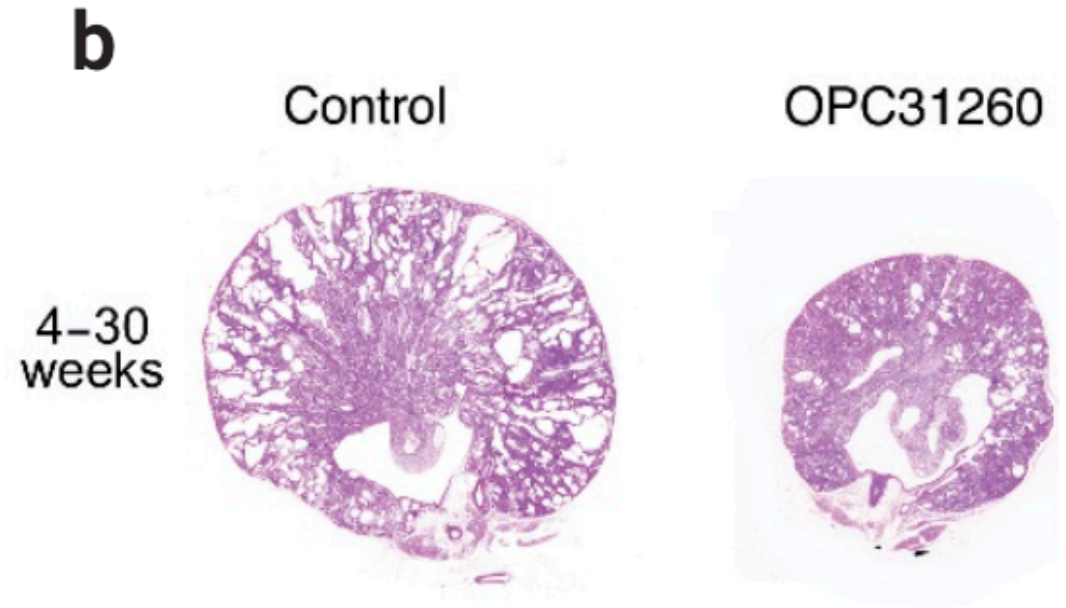
- Pharmacological therapies
- Gene-based therapies





# Targeting signaling pathways

- AVPR2 antagonist reduced cyst formation and fibrosis in *pcy* mouse model of NPHP3
- mTOR inhibitor rapamycin restored renal size and morphology in morphant zebrafish embryos
- Shh agonists purmorphamine rescued impaired spheroid formation from collecting duct cells from *Cep290*-mutant mice
- YAP inhibitor verteporfin rescued pronephric cysts in zebrafish embryos overexpressing human *NEK8*

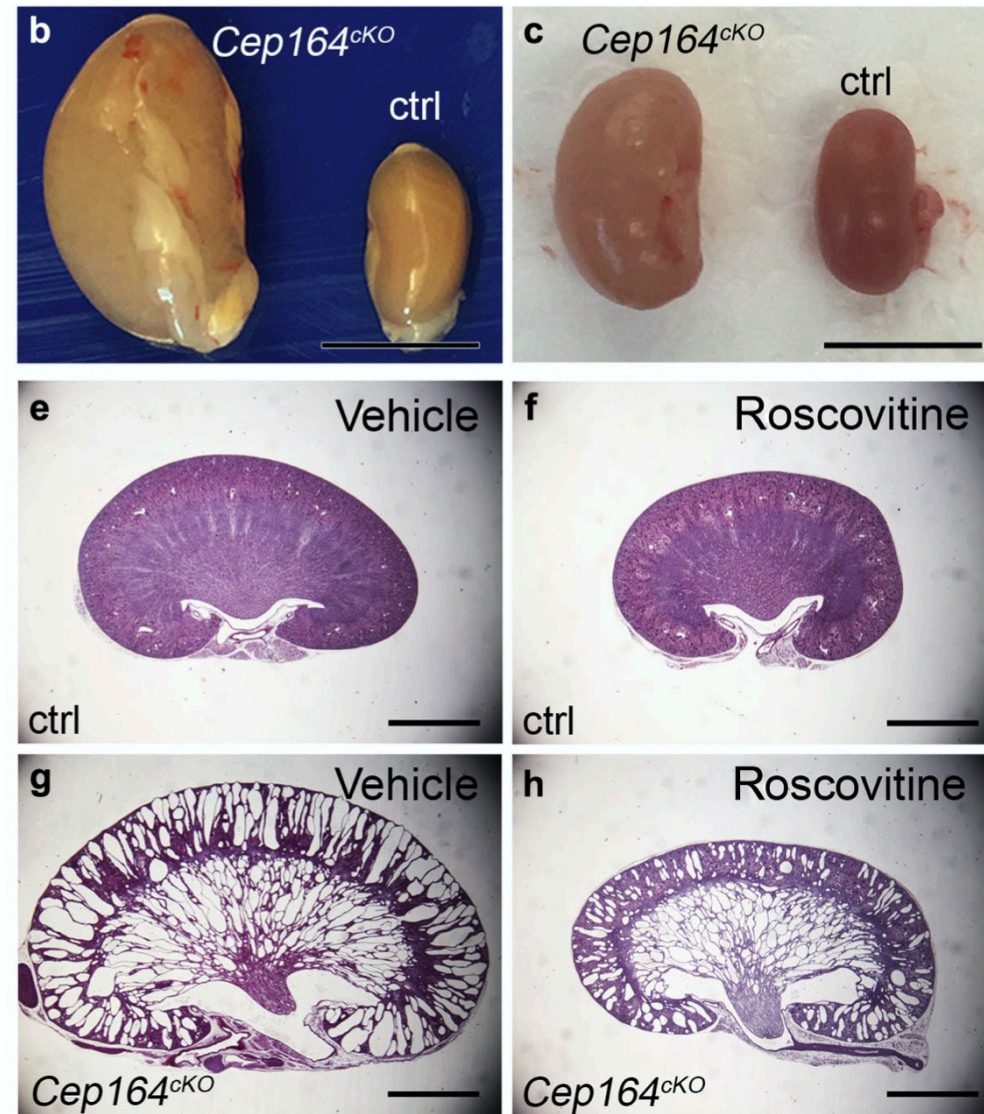




# Targeting cell cycle

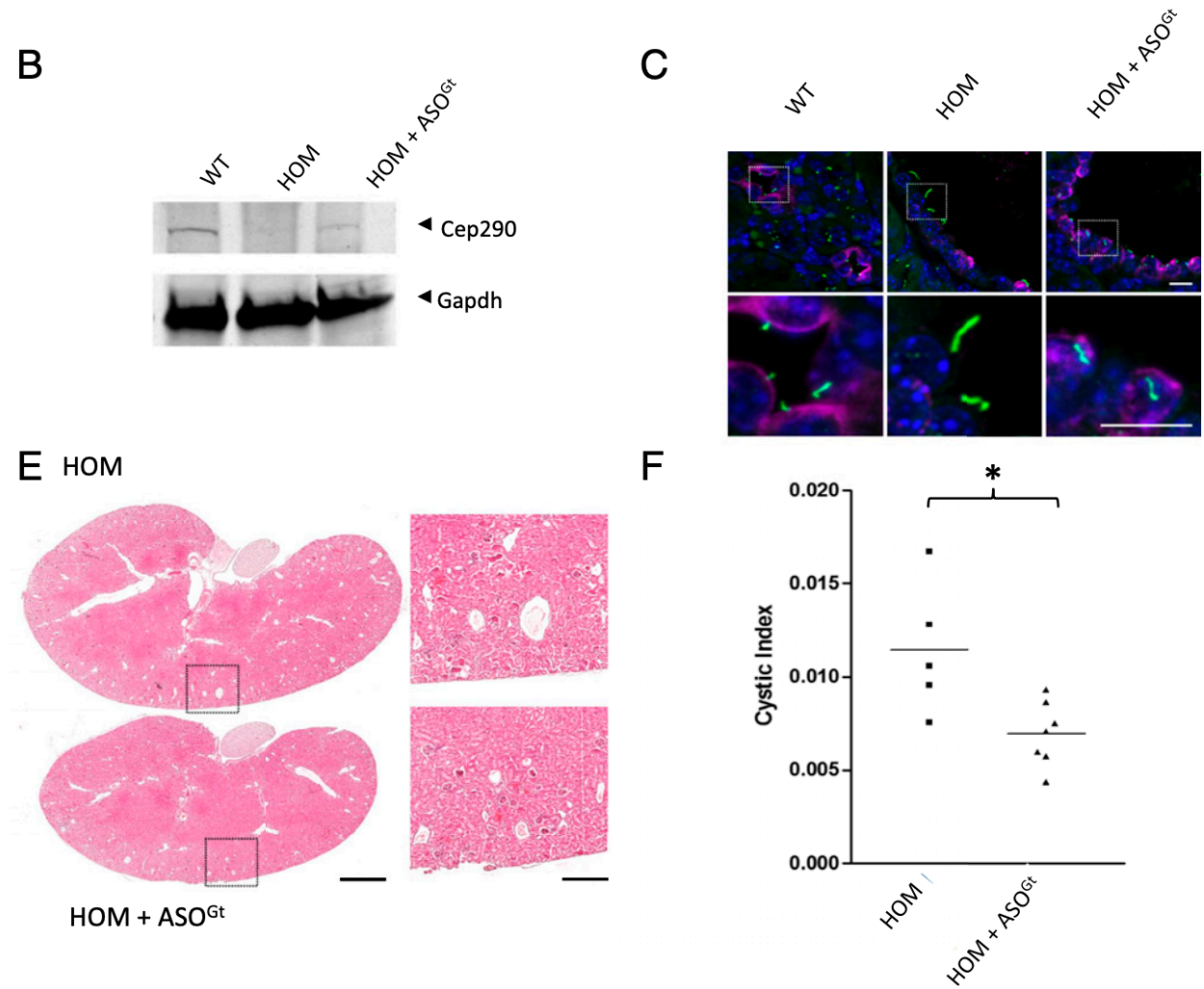
- CDK inhibitors
  - roscovitine attenuated renal cyst progression in a *Cep164*-knockout mouse model

## Targeting the immune response



# Gene-based therapy

- Antisense-oligonucleotide treatment
- CRISPR/Cas
- Gene replacement therapy



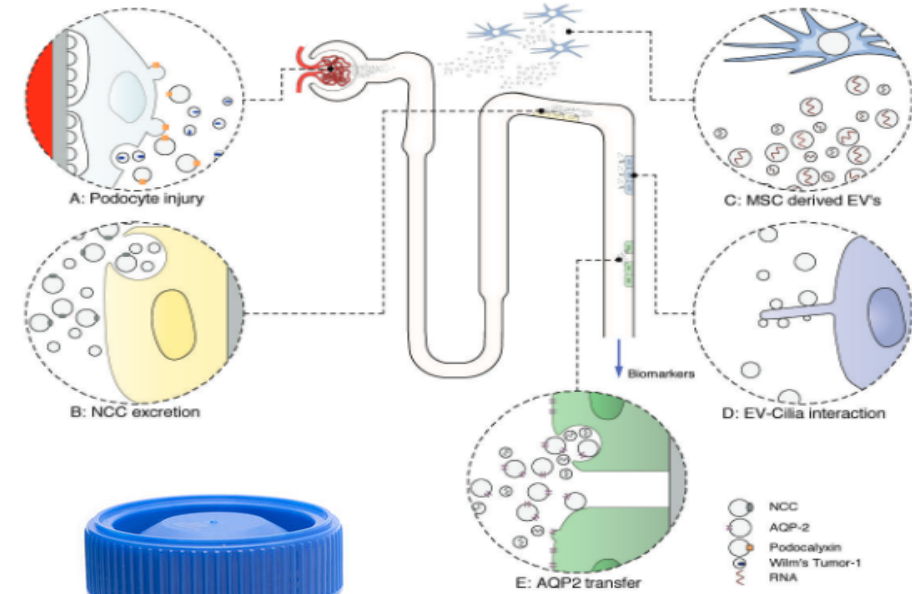
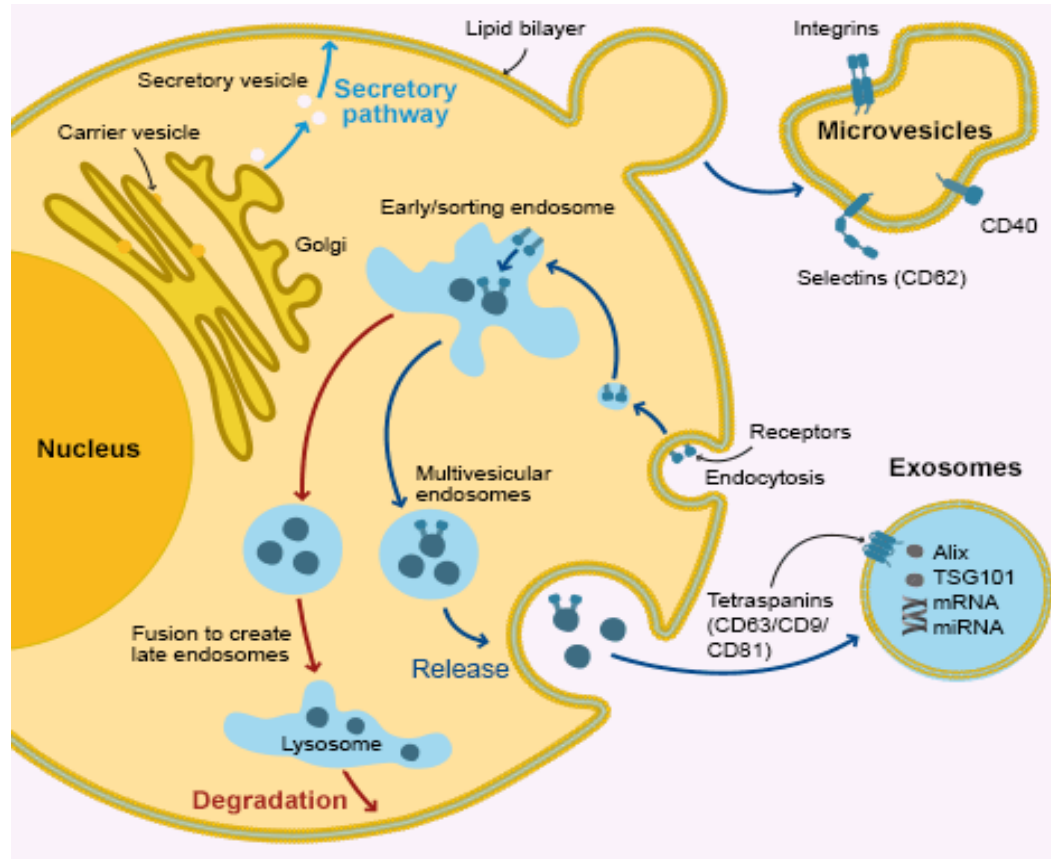
# Areas of research

- Key issues:
  - NPH is often diagnosed in advanced stages of CKD
  - Genetic and phenotypic heterogeneity
  - There is currently no therapy that can delay or prevent renal replacement therapy
- Therapeutic window



# Urinary extracellular vesicles for biomarker discovery

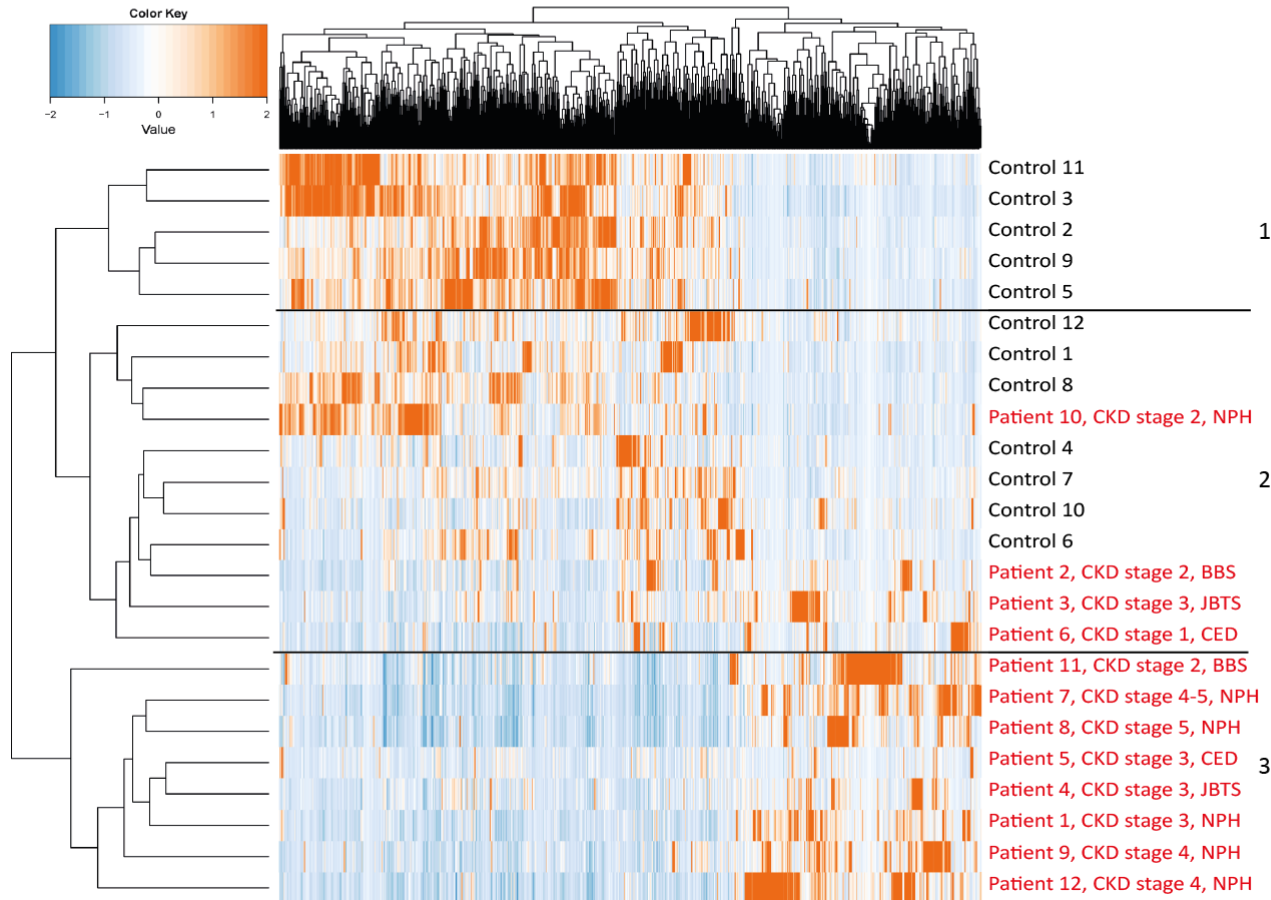
- Aim: Identification of non-invasive protein biomarkers for NPH



Liquid biopsy



# Protein profiles separate patients from controls



- Patients with advanced stages of CKD cluster together
- 156 differentially expressed proteins meet strict selection criteria (114 down, 42 up)  
↓
- Candidate biomarkers
- Next: validation with disease controls



## Question 3

- Disruption of which functions are considered most important in the pathophysiology of nephronophthisis?
  - A. Ciliary signaling and mitochondrial function
  - B. Ciliary signaling and DNA damage response signaling
  - C. Autophagy and apoptosis
  - D. DNA damage response signaling and immune regulation



## Question 4

- Which gene-based therapy for nephronophthisis has successfully reduced cyst burden in a mouse model?
  - A. CRISPR/Cas therapy
  - B. Gene replacement therapy
  - C. Antisense-oligonucleotide therapy
  - D. siRNA therapy





## Take home messages

- NPH is a major cause of ESRD in children
- Symptoms and findings are not always specific (especially without extrarenal manifestations of a ciliopathy)
- Low threshold for genetic testing (also in adults!)





# Acknowledgments

A. van Eerde  
K. Renkema  
M. Lilien  
M. Keijzer-Veen  
E. Peters  
R. Snoek  
L. Claus  
H. Kroes  
J. Giltay  
B. van der Zwaag  
R. Giles  
N. Knoers (UMCG)



A. Benmerah  
S. Saunier

T. Schelfhorst  
I. Bijnsdorp  
C. Jiménez

UMC Utrecht Expert Centre Hereditary  
and Congenital Nephrologic and  
Urologic disorders



UMC Utrecht



Institut national  
de la santé et de la recherche médicale



# Next Webinars



## ERKNet/ERA-EDTA Advanced Webinars on Rare Kidney Disorders

Date: **23 June 2020**

Speaker: **Albertien van Eerde**

Topic: **Genetic causes and genetic testing in ESRD in adults**



## IPNA Clinical Practice Webinars

Date: **25 June 2020**

Speaker: **Katharina Hohenfellner**

Topic: **Management of bone disease in cystinosis: Statement from an international conference.**



## ESPN/ERKNet Educational Webinars on Pediatric Nephrology & Rare Kidney Diseases

Date: **08 Sept 2020**

Speaker: **Bert Bammens**

Topic: **ADPKD**

Subscribe the ERKNet and IPNA Newsletter and don't miss Webinars!