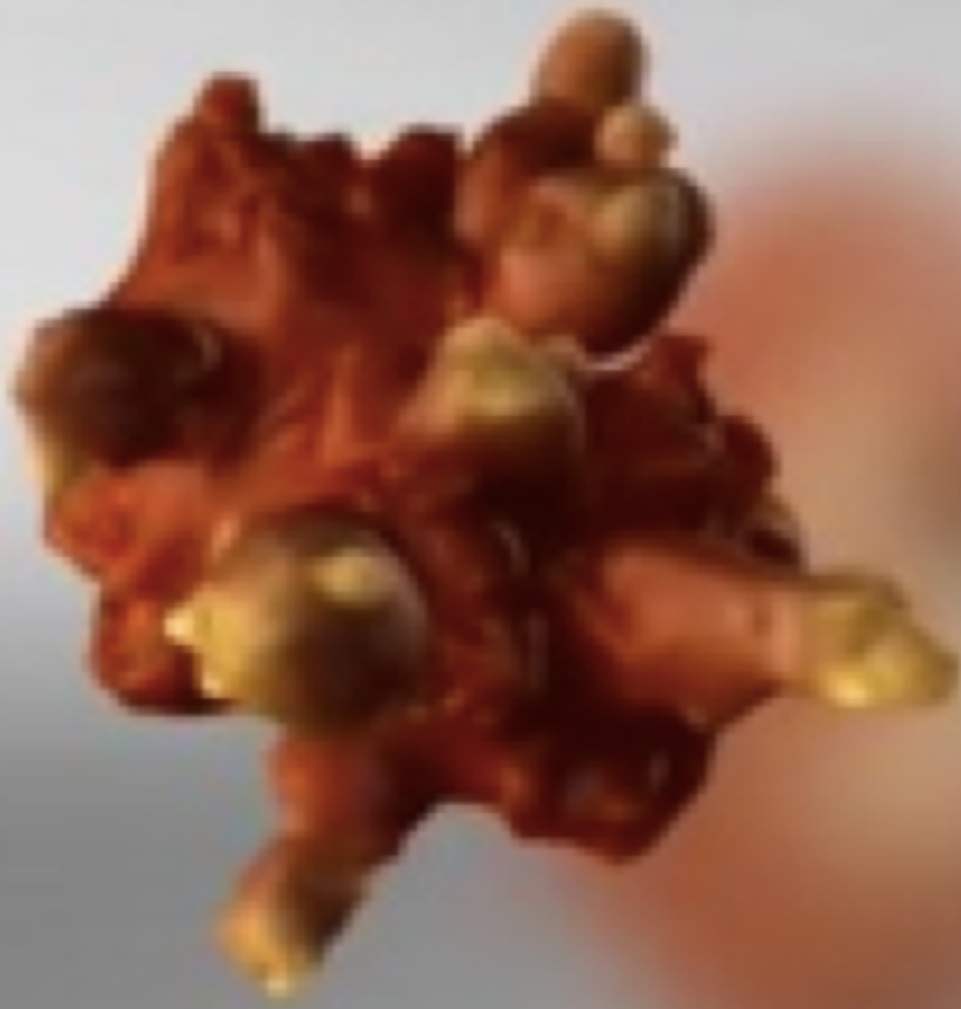


Primary Hyperoxaluria: more than a stone disease



Jaap Groothoff
Paediatric Nephrologist
Academic Medical Centre
Amsterdam, Netherlands



disclosure

- Grants from Alnylam and Dicerna for stable isotope studies

Oxalate: dianion that easily precipitates with Ca^{2+}

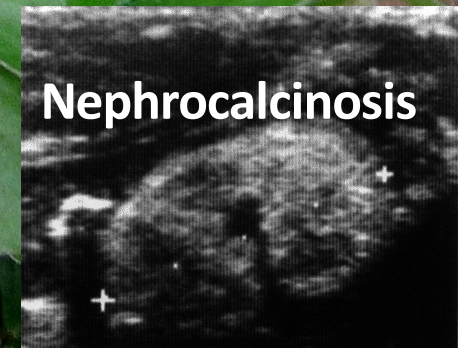


Source:

- **wood sorrel (oxalis)**
- Rhubarb
- Spinach
- Chocolate
- Nuts
- Beets
- Buck wheat
- Black pepper
- Black tea

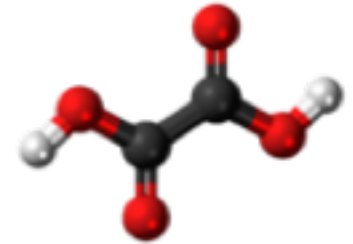


Urolithiasis

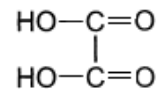


Nephrocalcinosis

Origin of oxalate



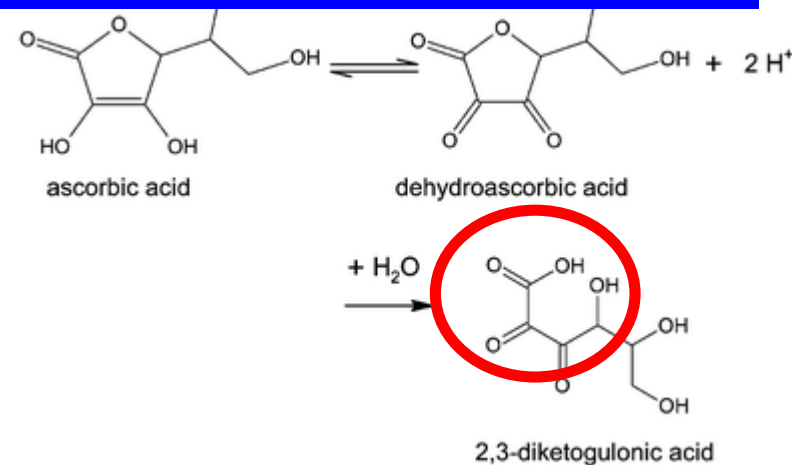
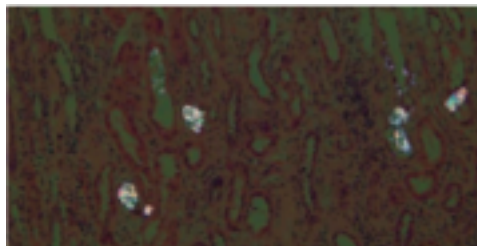
- Diet
- Synthesis by metabolism:
 - Sugars (fructose, glycerol, etc.)



56 y male: **ARF** (S-creat 400 mcmol/l) due to **oxalate-TIN** (U-oxalate 1.1 mmol/d) after **16 8-oz glasses of iced tea daily (4 liter)**.

Fahd Syed N Engl J Med 2015; 372:1377-1378

- Dietary uptake increased by fat malbsorption



Potent inhibitors of calcium oxalate crystals

- 1. Citrate:
 - Competition with oxalate in calcium binding- > soluble complex
 - Citrate **protects** cells from oxalate **crystal induced injury** by preventing lipid peroxidation
- 2. Magnesium (over 500 times more soluble than CaOx)
 - Less suitable as therapy (diarrhea, high doses)

Byer K, Khan SR J Urol. 2005 Feb;173(2):640-6.

Collagen, diet

Normal metabolism oxalate

hydroxyproline

carnivores

4-hydroxy-2-ketoglutarate

HOGA

glyoxylate

AGT2

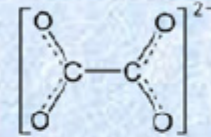
glycine

GRHPR

glycolate

glyoxylate

LDH



oxalate

Low: <0.5mmol/d

GRHPR

hydroxypyruvate

HPR

D-glycerate

glycolate

Vegetables

Main pathway

glycine

AGT1

glyoxylate

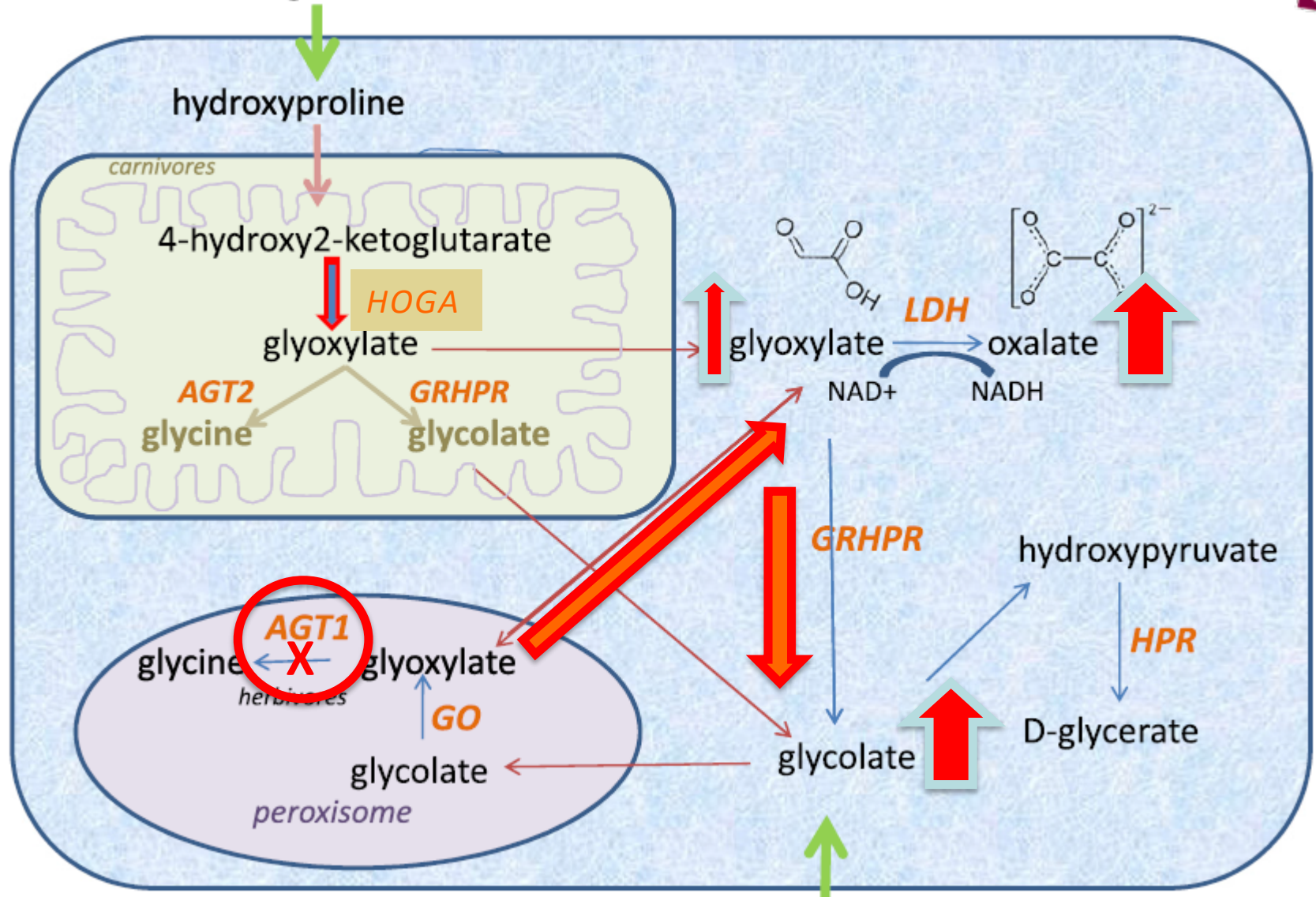
herbivores

GO

glycolate

peroxisome

Collagen, diet



PH 1: (85-90%): peroxisomal AGT deficiency

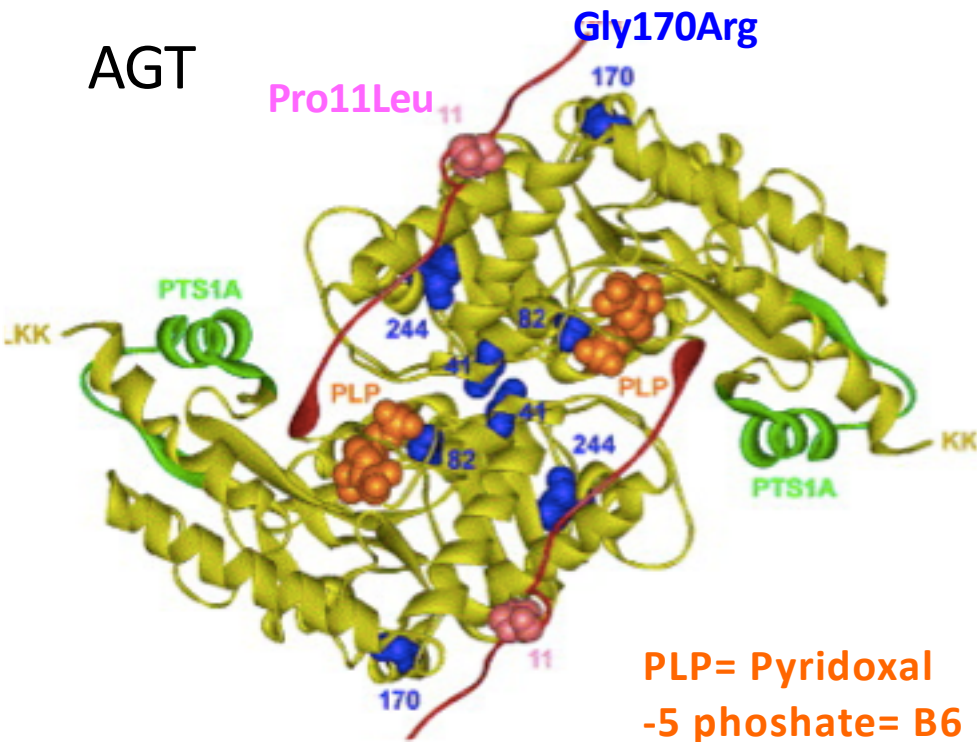
-> biomarker: **high glycolate**

Vegetables

PH1-> mutations cause AGT deficiency because

1. Protein is not produced
2. Protein is produced , but inactive
3. Protein is produced, but unstable:
 - 3a. Degrades rapidly
 - 3b. Aggregates rapidly
 - 3c. Located in the wrong organel:
Mitochondrial 'mistargeting'

Mistargeting mutations in PH1

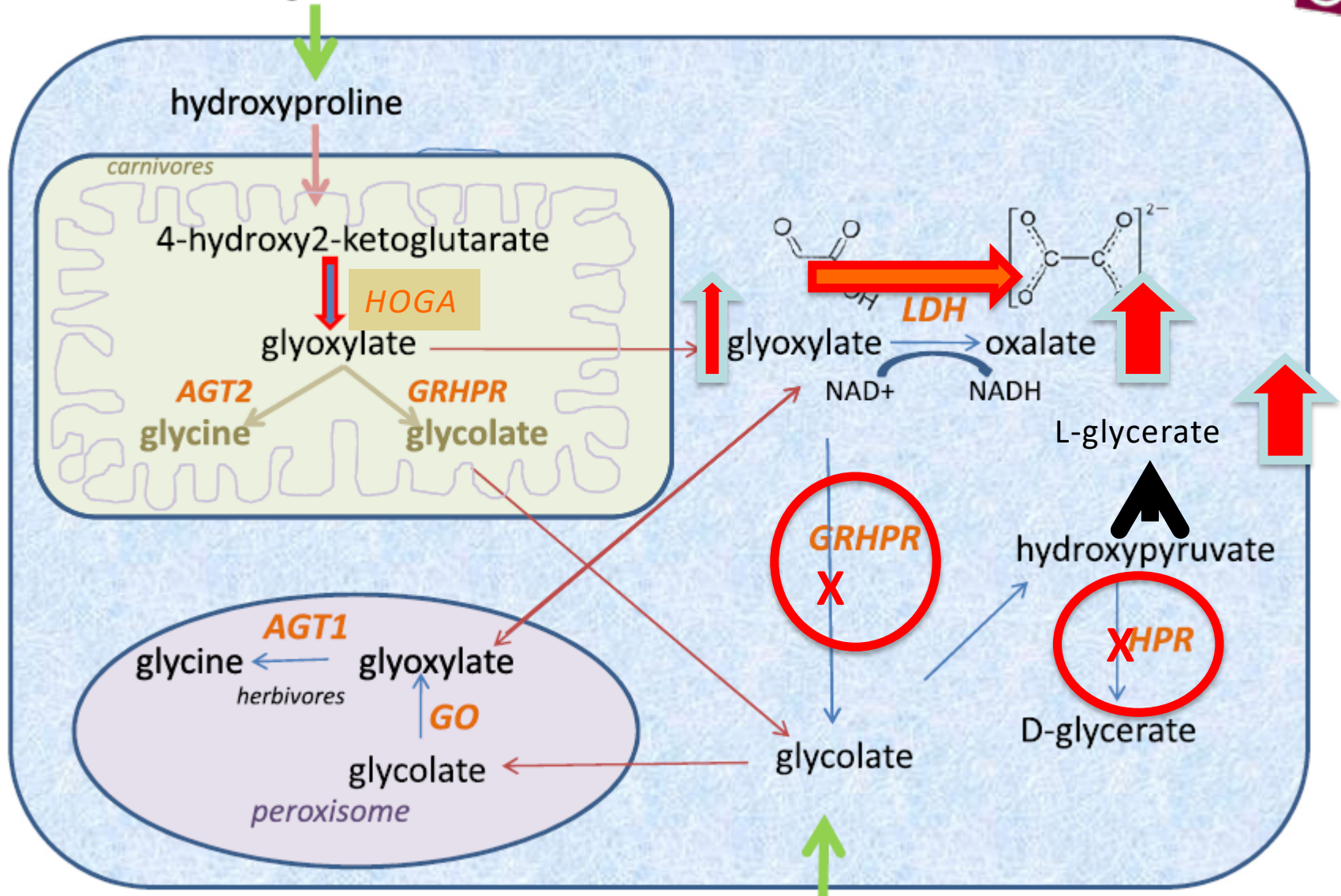


Gly170Arg (+Pro11Leu polymorphism) → peroxisome-to-mitochondrion mistargeting by unfolding → impaired dimerization:

(partly) reversed by Vit B6 => lowering/normalisation oxalate on B6 therapy:

30% PH1 EU patients

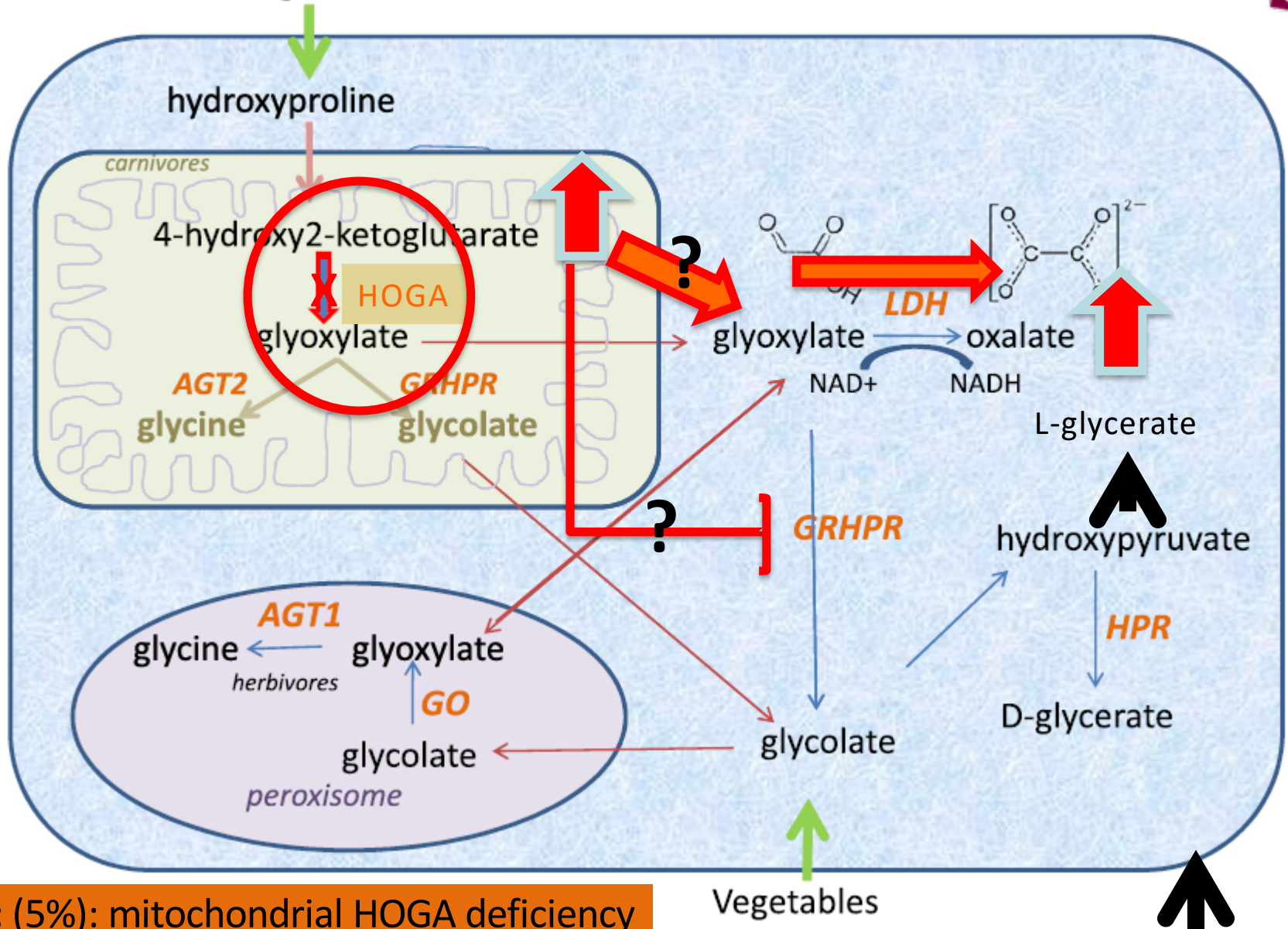
Collagen, diet



PH 2: (85-90%): cytosolic GR deficiency

-> biomarker: **high L-glycerate**

Collagen, diet

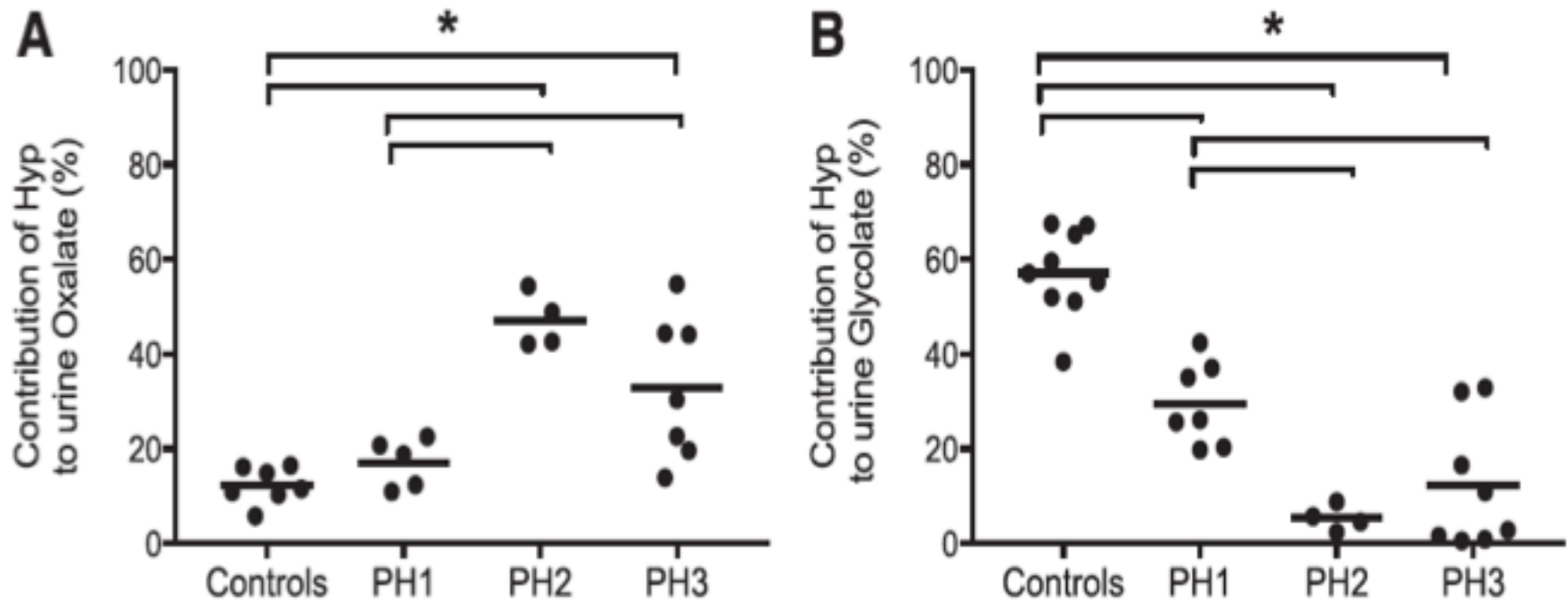


PH 3: (5%): mitochondrial HOGA deficiency

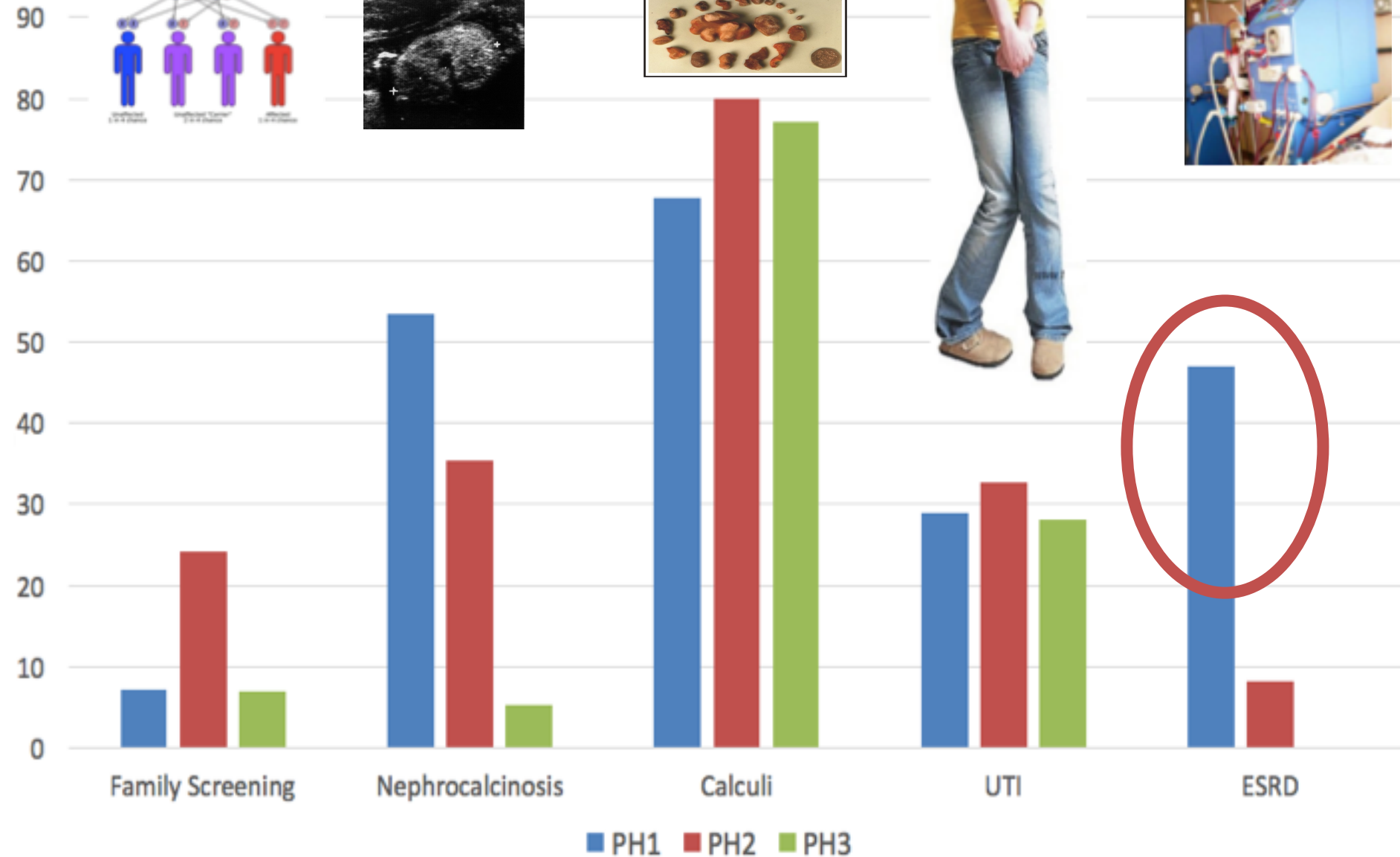
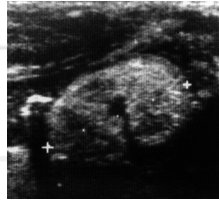
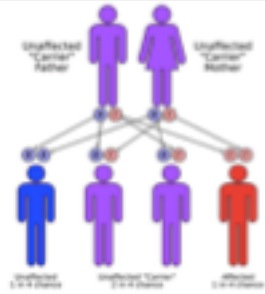
-> biomarker: **high HOG***

*4 hydroxy-2 oxo (keto)-glutarate

Similar high contribution hydroxyproline in PH 2 & PH3

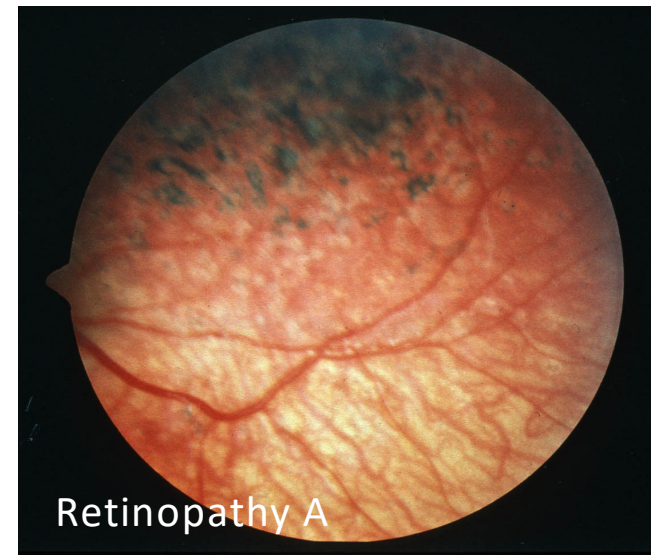
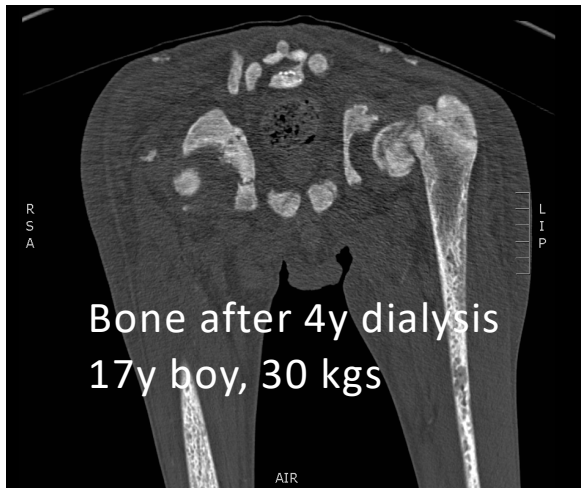
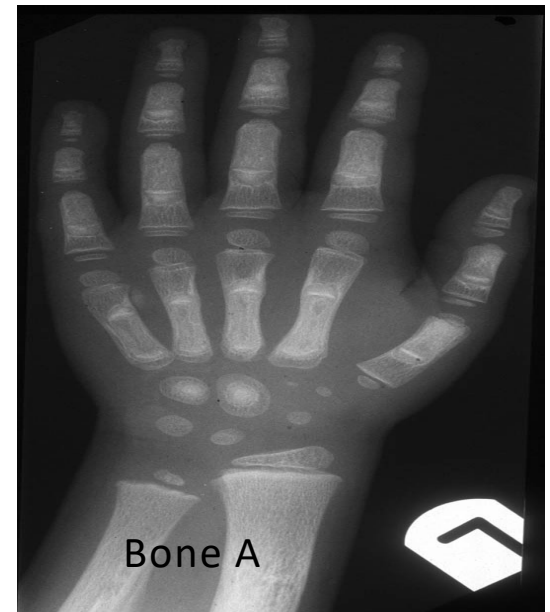


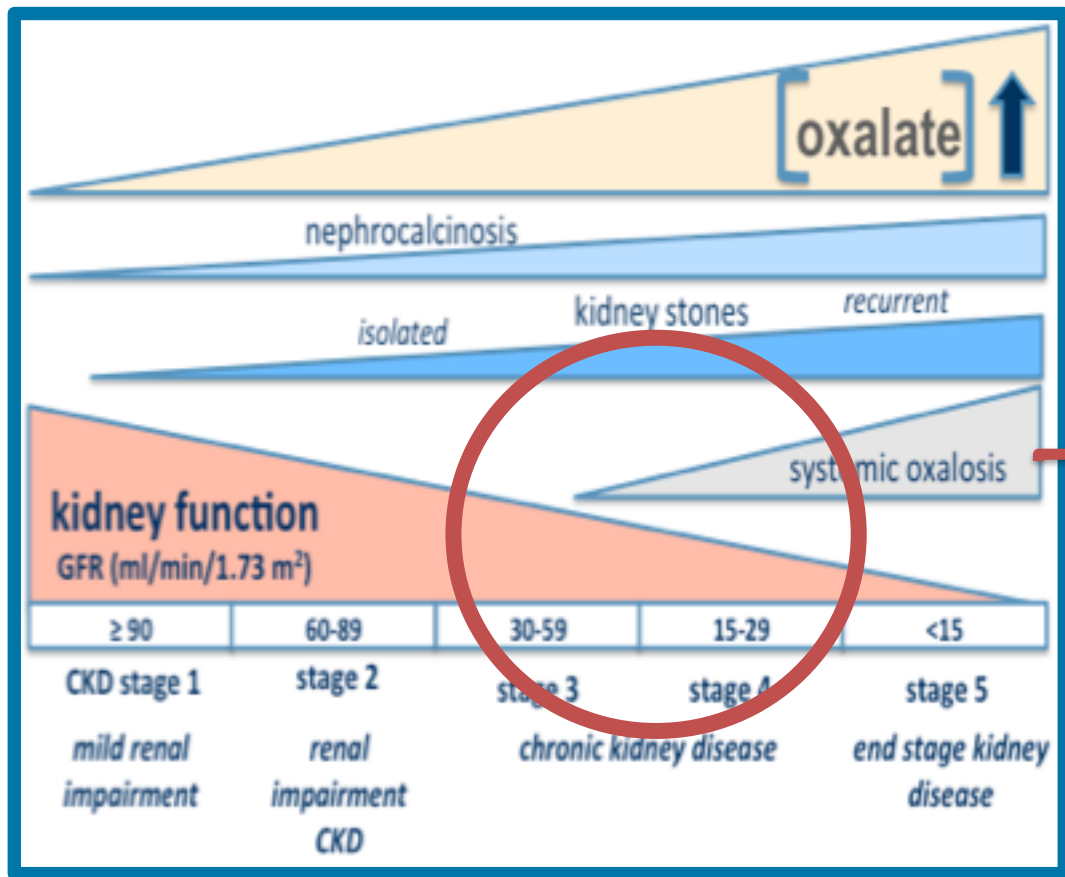
Symptoms at time of diagnosis (data Oxaleurope database)



Comorbidity A and other patients

- Multiple fractures (26x)
- impaired vision, retinopathy
- Growth retardation, final height 155 cm
- Hearing loss
- Retarded mental development





Clinical Threshold(s)?

- eGFR < 40 ml/min/1.73m²
- Plasma Oxalate > 30 μmol/L

Systemic oxalosis



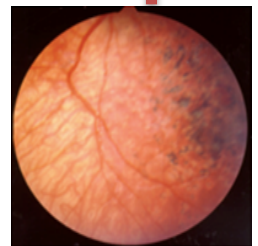
Heart



Bone



Vascular/Skin



Eye

3x 24 hrs urine oxalate and metabolites->

↑ oxalate excretion (>0.5 mmol oxalate /d or >0.06 mmol/mol creatinine*)

-> exclude secondary hyperoxaluria (fat malabsorption, short bowel, IBD)

↑ U-L-glycerate
excretion (PH2)

-> DNA

↑ U-glycolate
excretion (PH1)

-> DNA

↑ U-HOG
excretion (PH3)

-> DNA

eGFR < 60:

plasma oxalate (& glycolate in PH1)

Screening for systemic oxalosis (eye, bone, US heart)

* reference levels higher for children age 0-6 years

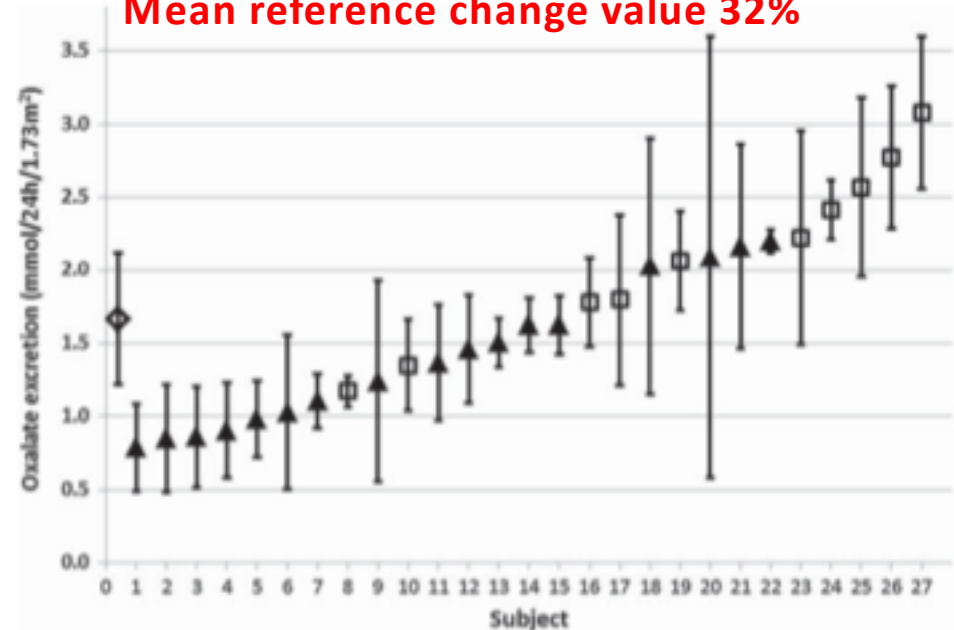
Pitfalls diagnostics

- High variability oxalate excretion
- Easy precipitation calcium-oxalate -> under detection
- Conversion ascorbic acid into oxalate -> over detection

-> at least 3 consecutive 24 hrs urine collection

Range of U oxalate in 27 PH1 patients

Mean reference change value 32%



Clifford-Mobley et al,
Urolithiasis (2016), 44: 333-337

PH1 -> classical theory

Assumption of 3 clinical phenotypes:

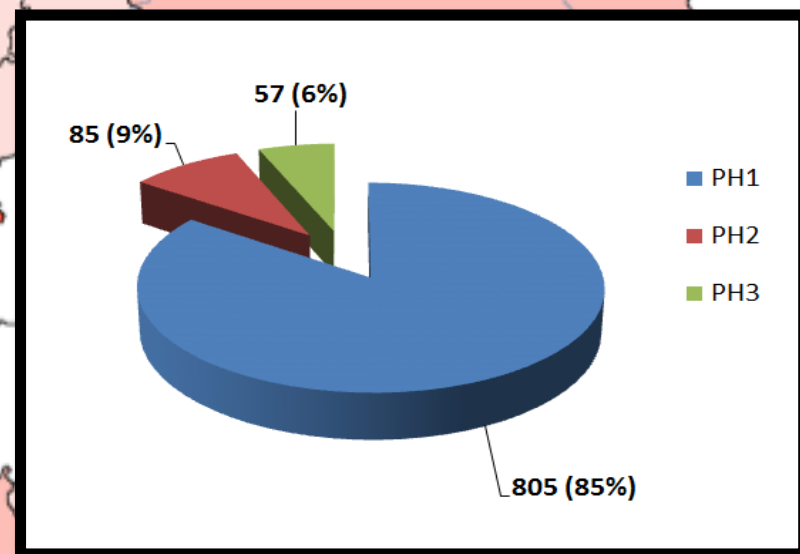
1. **infantile form**: 100% renal failure & systemic oxalosis
2. **juvenile form**: urolithiasis, nephrocalcinosis & 50% renal failure
3. **late onset disease**: mild, occasionally stone passage (Mrs A?)

Estimated prevalence rate (per 10⁶)

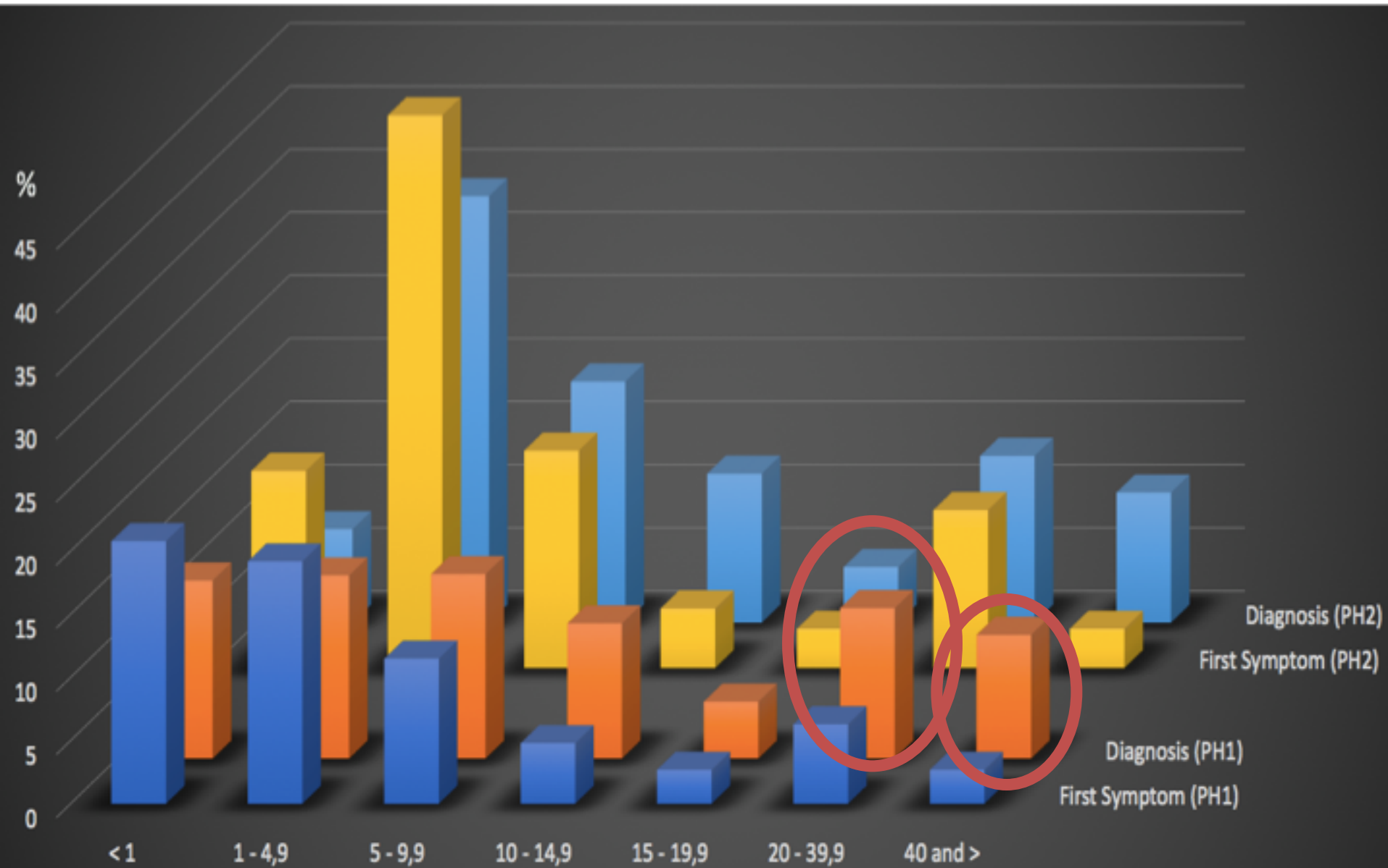
The Netherlands - 5.42
UK - 2.84
France - 2.32
Germany - 1.62
Italy - 1.55

2018

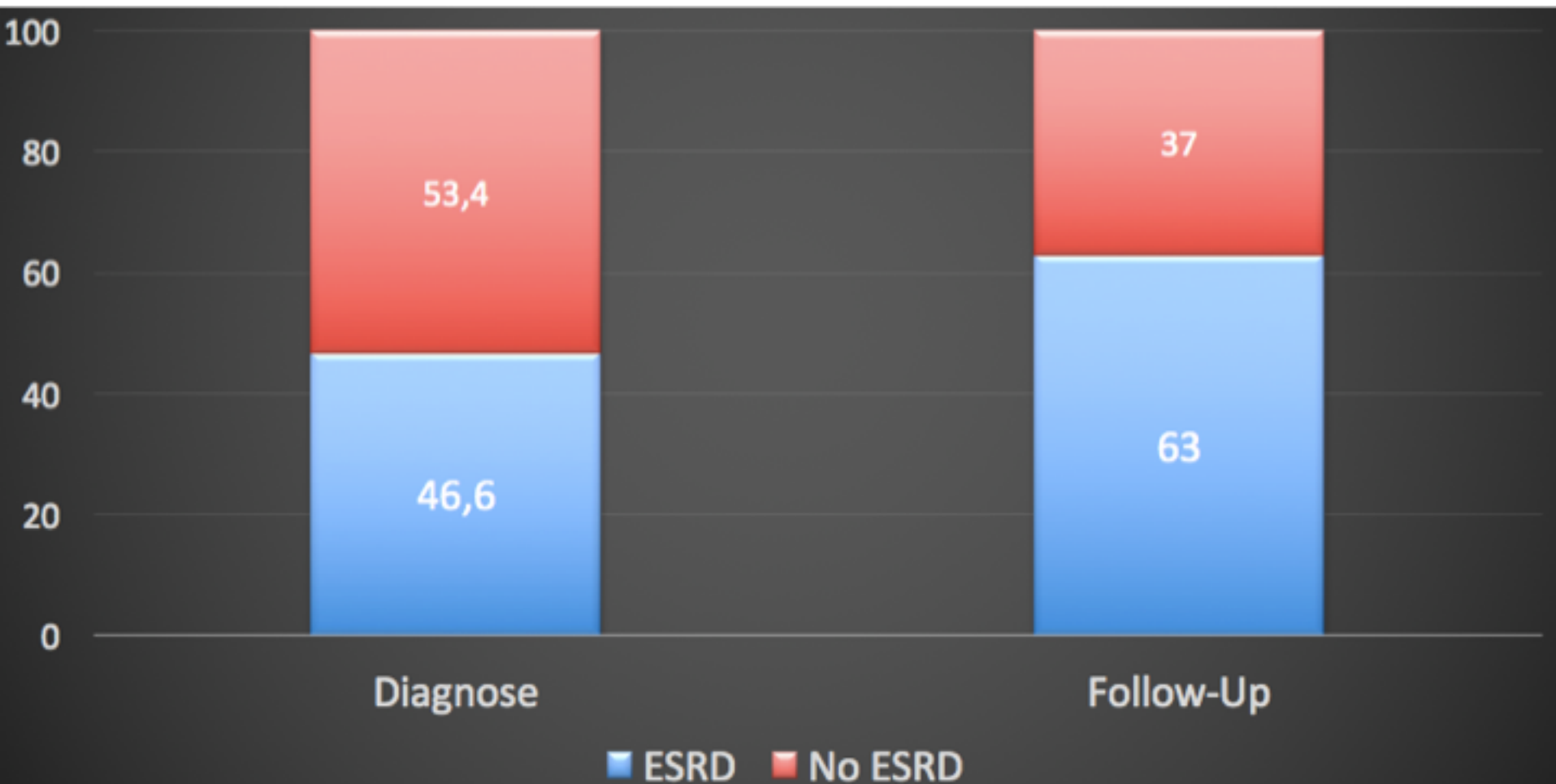
- >1200 PH Patients
 - 21 Countries



Age at time of symptoms & diagnosis



ESRD in PH1

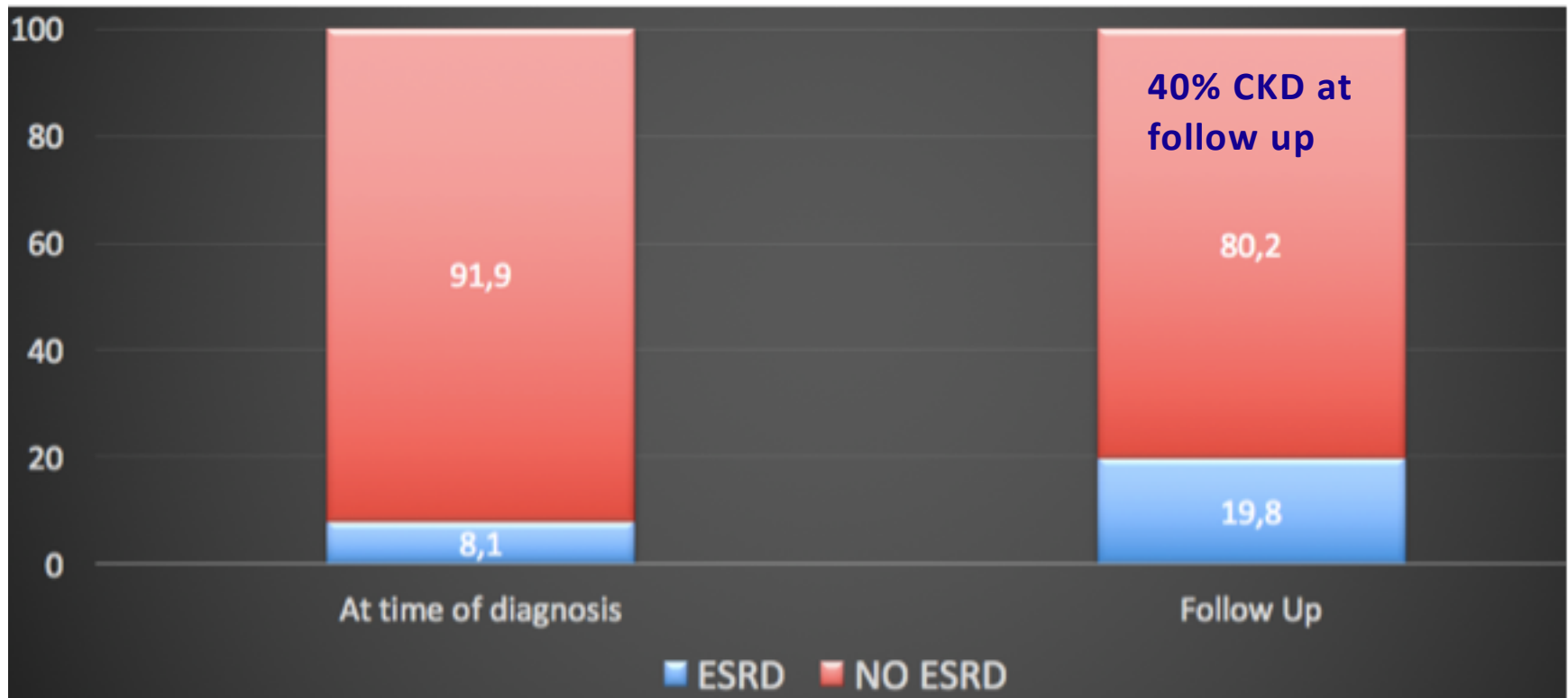


ESRD at time of diagnosis

< 18 years (34.3 %)

> 18 years (73.9%)

Renal impairment – PH2



- Age at time of ESRD (Median 42,67, r 23,50 – 74,83)

Unpublished data Oxaleuroped atabase

therapeutic strategies to date

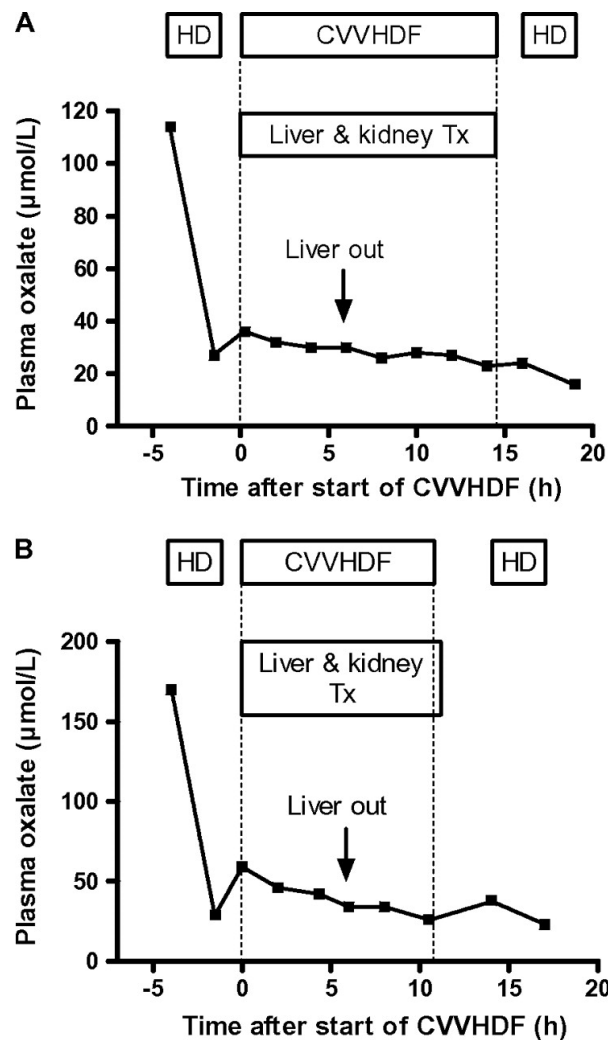
All patients:

- **Water: 3 liters/m²/day**
- Potassium citrate 0.5 mmol/kg/d
- B6 (5-20 mg/kg/d) for some PH1 subtypes



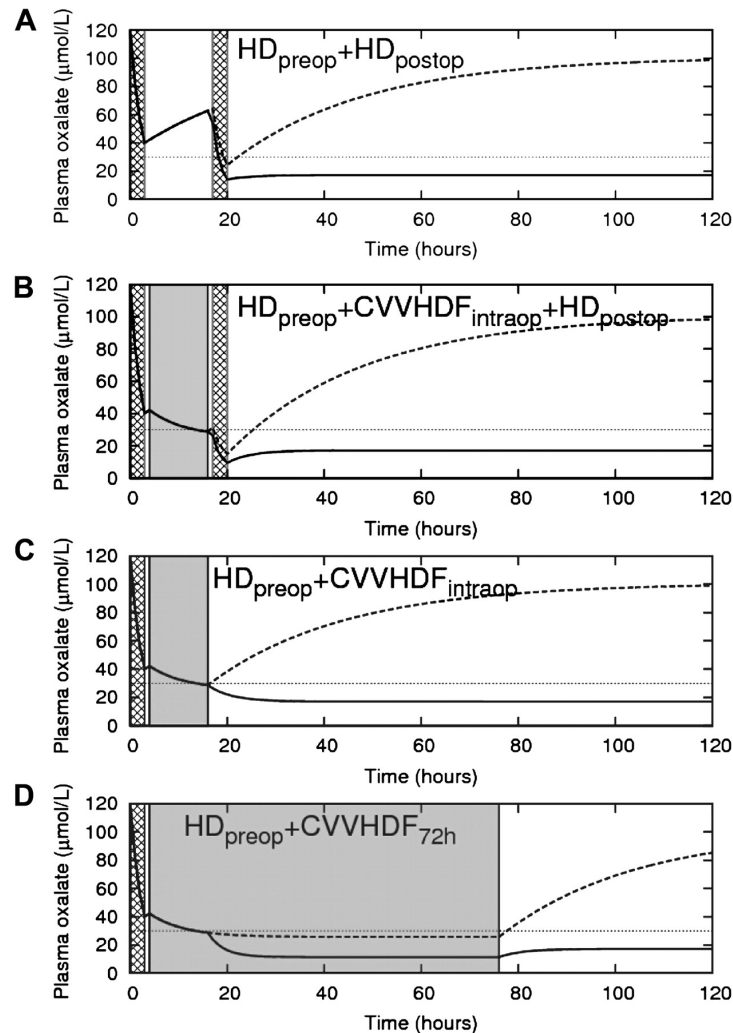
- eGFR < 40 -> recommendation **liver tx or combined liver-kidney tx**
- Dialysis -> recommendation liver tx, later k-tx (**sequential liver-kidney-tx**)
- Dialysis & B6+- > consider **only kidney-tx**

(A) Plasma oxalate levels during pre-operative HD, intra-operative CVVHDF and post-operative HD in Patient 1 (A) and 2 (B).



Casper F.M. Franssen et al. NDT Plus 2011;4:113-116

Plasma oxalate levels for different dialysis strategies.



solid line -> p-oxalate levels in case of **immediate** renal tx function

dotted line -> p-oxalate levels in case of **absent** renal tx function

Casper F.M. Franssen et al. NDT Plus 2011;4:113-116

A man in a dark suit is seen from behind, sitting on a white plastic chair. He is positioned on a long, narrow wooden pier that extends from the bottom center of the frame towards the horizon. The pier is made of weathered wooden planks. The surrounding area is a vast, calm body of blue water. In the far distance, a range of blue, hazy mountains is visible under a light sky. The overall mood is contemplative and serene.

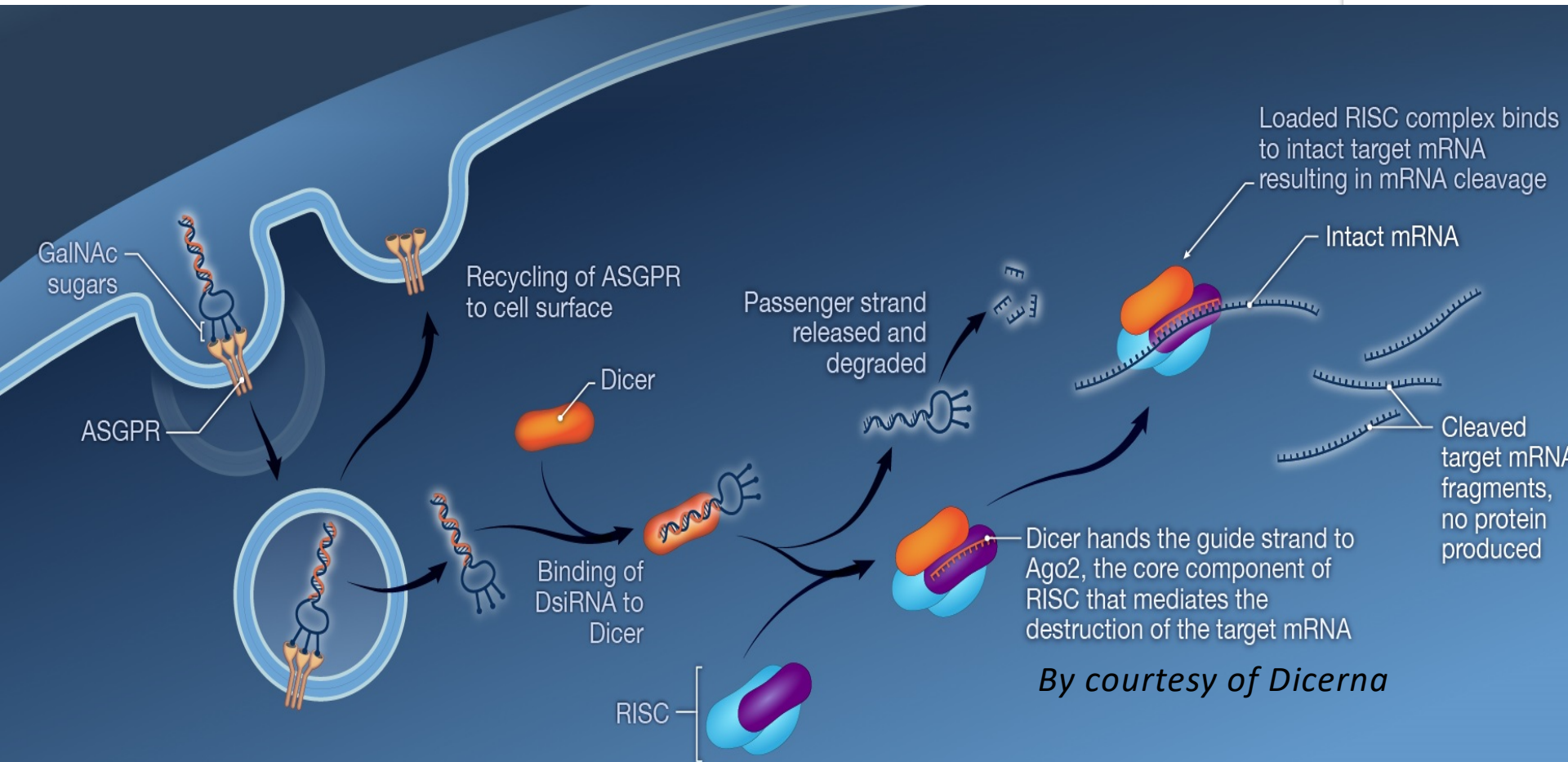
Waiting for
better
times...

New therapies

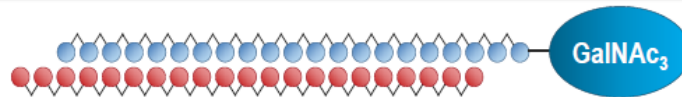
- **Substrate reduction therapy**
 - Prevention oxalate production by inhibition precursor
 - Method: RNA-interference -> inhibition protein production
 - 2 ongoing phase2/3 trials: Dicerna & Alnylam

RNA interference technique

->ds-RNA → cleaved by dicer → small single fragments
(iRNA) → bound to activating elements:
RNA Induced Silencing Complex (RISC) formation

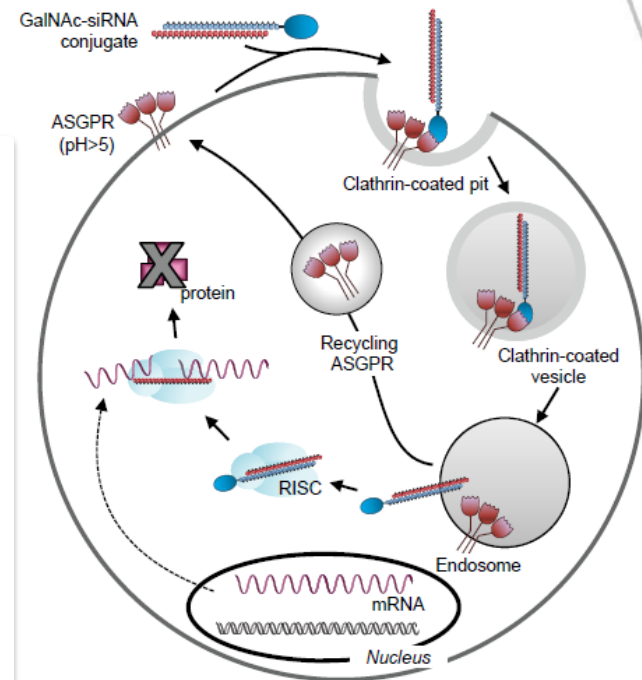


N-acetylgalactosamine (GalNAc) sugar ligand conjugates iRNA -> vector of iRNA

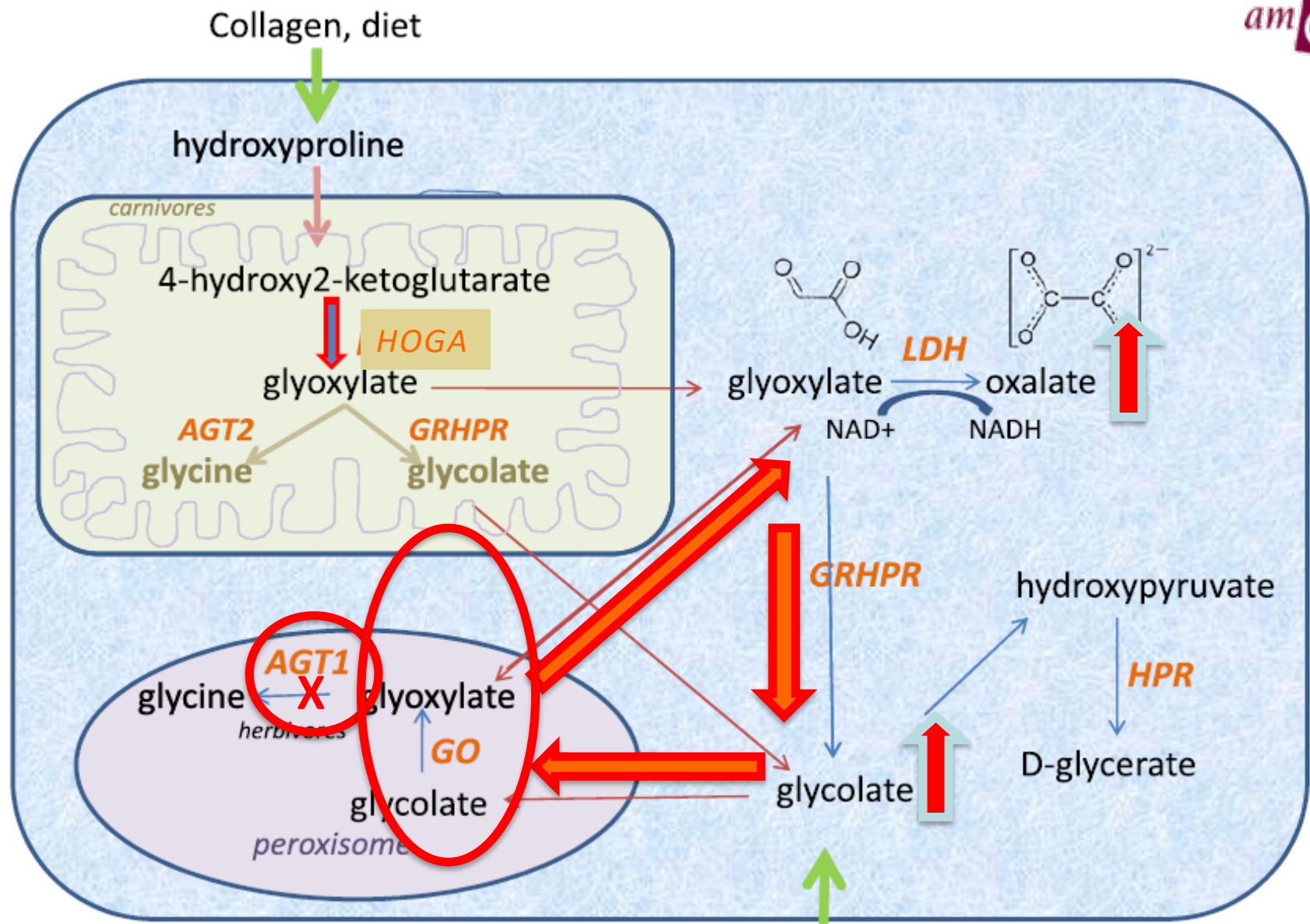


Asialoglycoprotein Receptor (ASGPR)

- Highly expressed in hepatocytes
- High uptake
- Efficient delivery to hepatocytes by **s.c. Injection**
- **Liver specific**
- Proof of principle other iRNA drugs



By courtesy of Alnylam



PH 1: (85-90%): peroxisomal **AGT** deficiency

-> biomarker: **high glycolate**



PH 1 & GO inhibition by iRNA: further
increase glycolate, normalisation oxalate

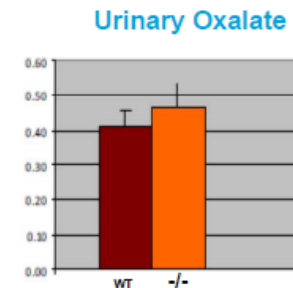
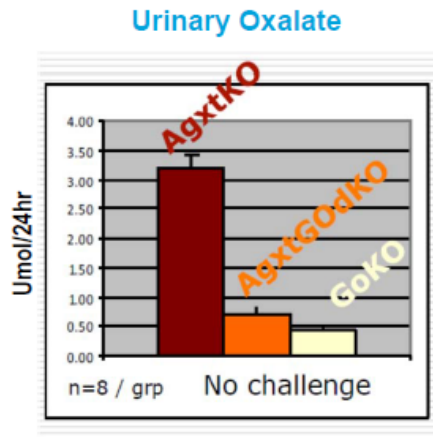
Rare Glycolate oxidase deficiency -> no clinical phenotype

Deficiency well tolerated → increased glycolate excretion

- Single, 8-yr old boy, homozygous GO1 loss-of-function (identified by Dr. Yaacov Frishberg)
 - Dramatic increase in urinary glycolate, with normal oxalate
 - Normal sized kidneys - no nephrocalcinosis or nephrolithiasis

Urinary Glycolate (mmol/mol creatinine)	
normal range	< 90
Case	2000

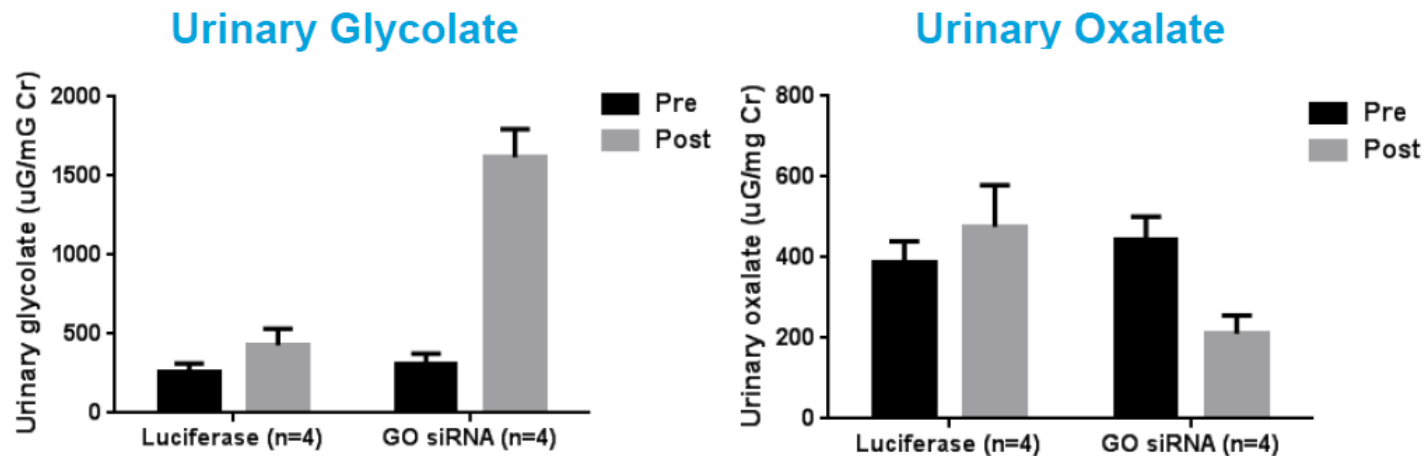
- GO1 deficient mice are also asymptomatic, normal urinary oxalate
 - Glycolate levels not reported (expect ~20x increase)



- Breeding GO1 deficient mice with PH1 disease mice (AGT deficient) substantially resolves the UOx levels (Dr. Eduardo Salido)
- Strong validation for the therapeutic premise of glycolate oxidase knockdown

GO1 knockdown lowers oxalate in a genetic PH1 mouse model

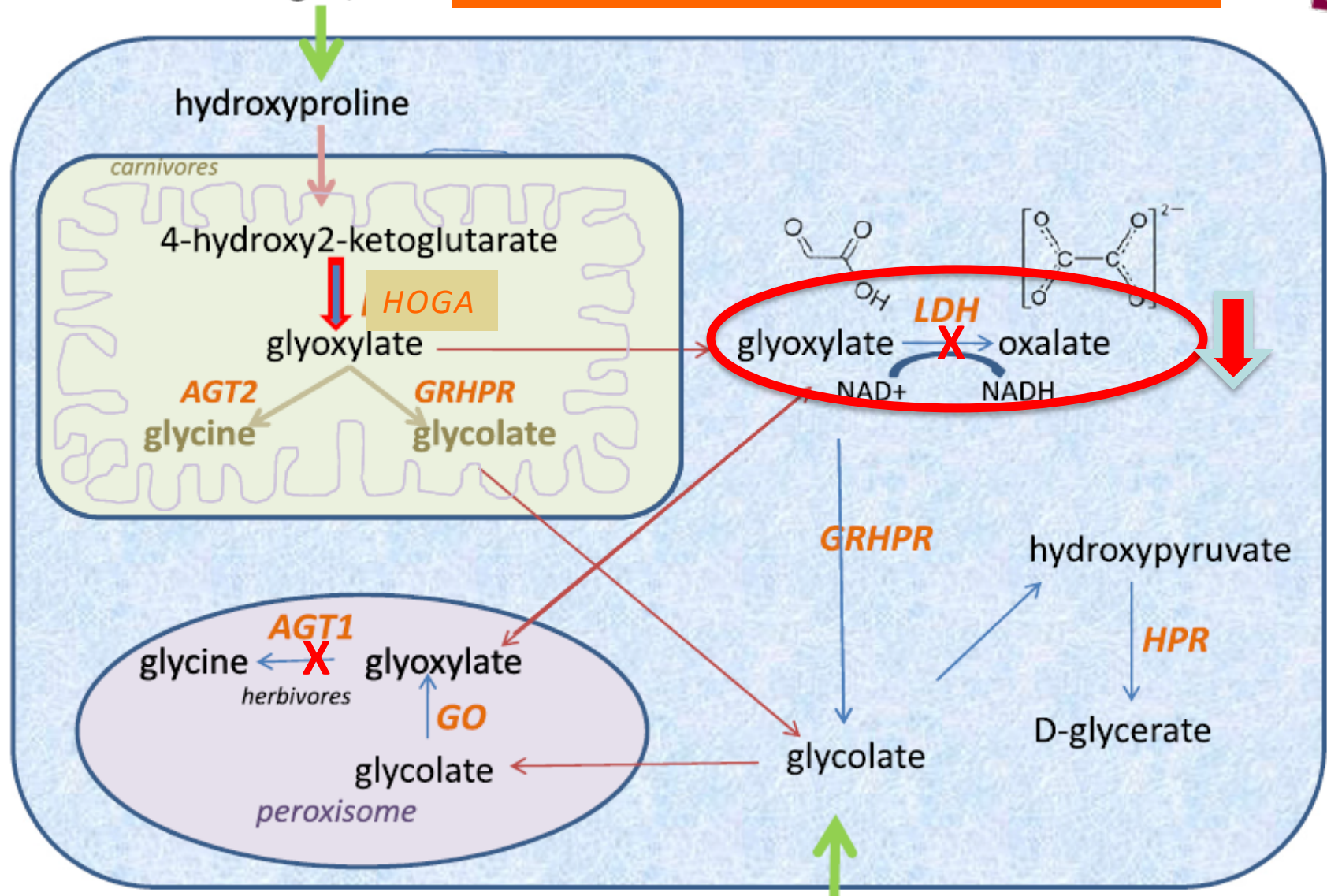
- Glycolate oxidase activity is decreased > 98% following GO1 siRNA treatment of mice with PH1 (mice deficient in AGT)
- As expected, glycolate excretion increases dramatically
- Oxalate levels decrease substantially, confirming the therapeutic hypothesis



By courtesy of Alnylam

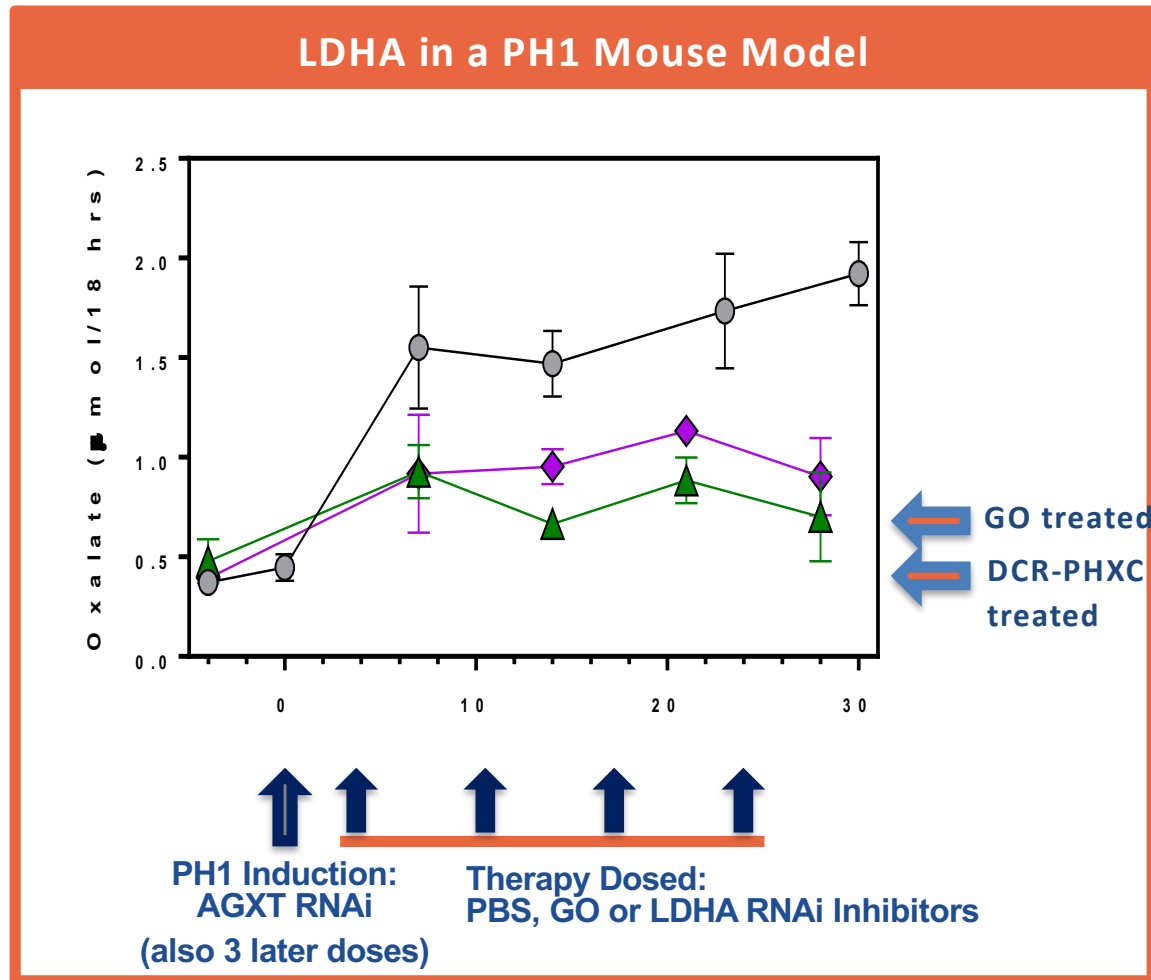
Collagen, diet

Substrate reduction therapy: 2. LDHA inhibition



*hypothesis: LDHA is final common pathway
glyoxylate conversion to oxalate -> **for all PH?***

LDHA vs GO Inhibition in PH1 Model: Oxalate Suppression



Several reports with LDHA deficient families with no phenotype

By courtesy of Dicerna

Conclusions

- Important under detection of PH
- Promising new therapies emerging
- Careful selection of patients is warranted for new therapies
- Diagnosis can easily be missed due to high variation in oxalate excretion
- Adult diagnosed PH is associated with adverse outcome
- PH1: 2/3 ESRD at follow up, B6+: late onset ESRD
- Primary Hyperoxaluria is not a benign disease, even if 1st symptoms are mild



**European
Reference
Network**

for rare or low prevalence
complex diseases



Network
Kidney Diseases (ERKNet)

Thank you for your attention

Next Webinar:

**June 5th: Gema Ariceta (Barcelona) on Familial hypomagnesemia with
hypercalciuria and nephrocalcinosis**

Academisch Medisch Centrum