



Working Group on Inherited  
Kidney Disorders

# WELCOME TO

ERKNet

Advanced Webinars on Rare Kidney Disorders

**Date:** 24 November 2020

**Topic:** Management of ADPKD - State of the Art

**Speaker:** Roman Ulrich Müller

**Moderator:** Francesco Emma



**UNIKLINIK  
KÖLN**

Department II of Internal Medicine, Nephrology,  
Rheumatology, Diabetes and General Internal Medicine  
University Hospital of Cologne



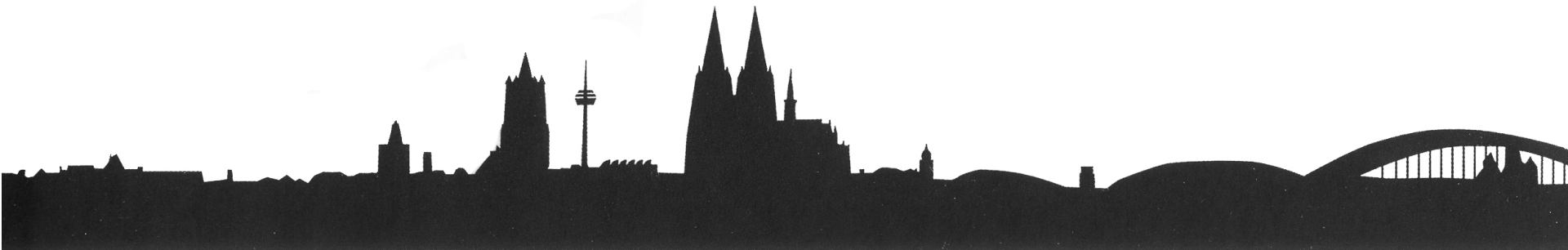
Zystennieren: Diagnose, Forschung, Therapie

# Autosomal dominant polycystic kidney disease

Roman-Ulrich Müller

ERKNet Webinar

24.11.2020

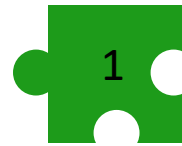


# Conflicts of Interest

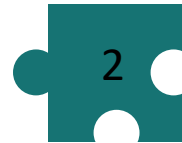
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**Research funding, lecturing  
and consulting activities:  
Otsuka**

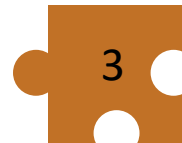
**Research funding and lecturing:  
ThermoFisher Scientific**



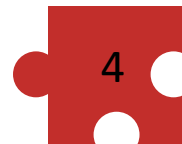
Epidemiology and Genetics



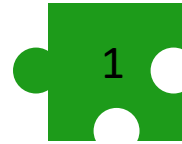
Diagnostic strategies



systemic disease  
/ differential diagnosis



Management / therapy

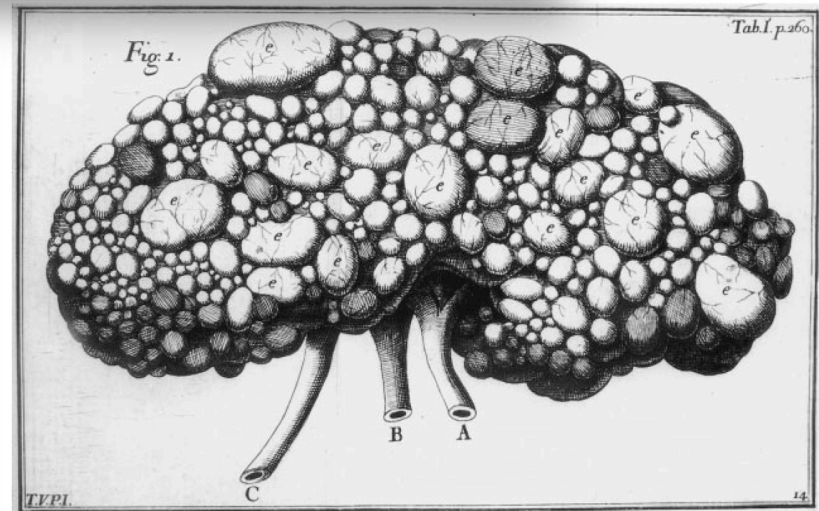


Epidemiology and genetics

# Autosomal-dominant polycystic kidney disease ADPKD

**The most common genetic kidney disease  
in adults**

**The most frequent monogenetic cause  
leading to ESRD**



Domenico Gusmano Galeazzi (1757)

# **Autosomal-dominant polycystic kidney disease**

## **ADPKD**

**The most common genetic kidney disease  
in adults**

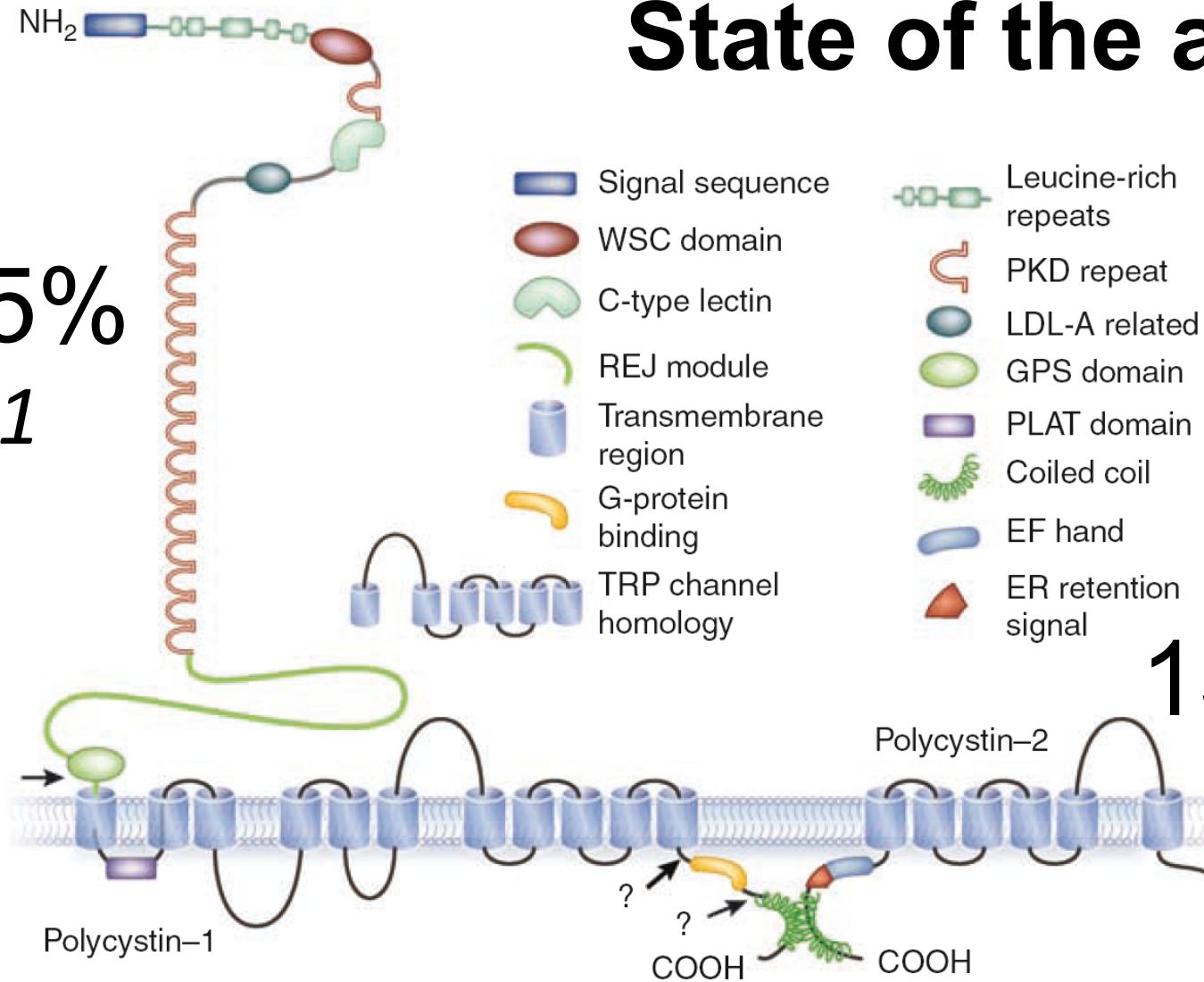
**The most frequent monogenetic cause  
leading to ESRD**

**Recent data confirm: genetic prevalence 1:1.000**

**→ ~ 45,000 in the European Union**

# State of the art

85%  
*PKD1*



15%  
*PKD2*

# PKD3 ?

## ARTICLE

### Mutations in *GANAB*, Encoding the Glucosidase II $\alpha$ Subunit, Cause Autosomal-Dominant Polycystic Kidney and Liver Disease

Binu Porath,<sup>1,16</sup> Vladimir G. Gainullin,<sup>1,16</sup> Emilie Cornec-Le Gall,<sup>1,2,3</sup> Elizabeth K. Dillinger,<sup>4</sup> Christina M. Heyer,<sup>1</sup> Katharina Hopp,<sup>1,5</sup> Marie E. Edwards,<sup>1</sup> Charles D. Madsen,<sup>1</sup> Sarah R. Mauritz,<sup>1</sup> Carly J. Banks,<sup>1</sup> Saurabh Baheti,<sup>6</sup> Bharathi Reddy,<sup>7</sup> José Ignacio Herrero,<sup>8,9,10</sup> Jesús M. Bañales,<sup>11</sup> Marie C. Hogan,<sup>1</sup> Velibor Tasic,<sup>12</sup> Terry J. Watnick,<sup>13</sup> Arlene B. Chapman,<sup>7</sup> Cécile Vigneau,<sup>14</sup> Frédéric Lavainne,<sup>15</sup> Marie-Pierre Audrézet,<sup>2</sup> Claude Ferec,<sup>2</sup> Yannick Le Meur,<sup>3</sup> Vicente E. Torres,<sup>1</sup> Genkyst Study Group, HALT Progression of Polycystic Kidney Disease Group, Consortium for Radiologic Imaging Studies of Polycystic Kidney Disease, and Peter C. Harris<sup>1,4,\*</sup>

**AJHG**

Volume 102, Issue 5, 3 May 2018, Pages 832-844



Article

### Monoallelic Mutations to *DNAJB11* Cause Atypical Autosomal-Dominant Polycystic Kidney Disease

Emilie Cornec-Le Gall<sup>1, 4, 5</sup>, Rory J. Olson<sup>2</sup>, Whitney Besse<sup>6</sup>, Christina M. Heyer<sup>1</sup>, Vladimir G. Gainullin<sup>1</sup>, Jessica M. Smith<sup>1</sup>, Marie-Pierre Audrézet<sup>5</sup>, Katharina Hopp<sup>7</sup>, Binu Porath<sup>1</sup>, Beili Shi<sup>8</sup>, Saurabh Baheti<sup>3</sup>, Sarah R. Senum<sup>1</sup>, Jennifer Arroyo<sup>1</sup>, Charles D. Madsen<sup>1</sup>, Claude Férec<sup>5</sup>, Dominique Joly<sup>10</sup>, François Jouret<sup>11</sup>, Oussamah Fikri-Benbrahim<sup>12</sup> ... Peter C. Harris<sup>1, 2</sup> ✉

### ALG9 mutation carriers develop kidney and liver cysts

#### METHODS

Whole Exome Sequencing on 122 genetically unresolved cases of autosomal dominant polycystic kidney and liver disease (ADPKD-NMD and PCLD)

Candidate gene:  
**ALG9**

Identify *ALG9* mutation carriers in exome sequenced population of 92,000 individuals (n=21; 11 cases with imaging)

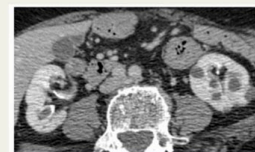


Case versus matched Control analysis of kidney and liver cyst burden

In vitro investigation of polycystin-1 maturation

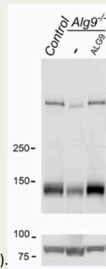


#### OUTCOME



MCS: *ALG9* het c.1018+1G>A

In *ALG9* mutation carriers over age 50, 88% have at least 4 kidney cysts. Case versus Control analysis (P < 0.0001).



Recessive loss of *ALG9* (↔) results in significantly reduced expression level and impaired N-glycosylation of polycystin-1.



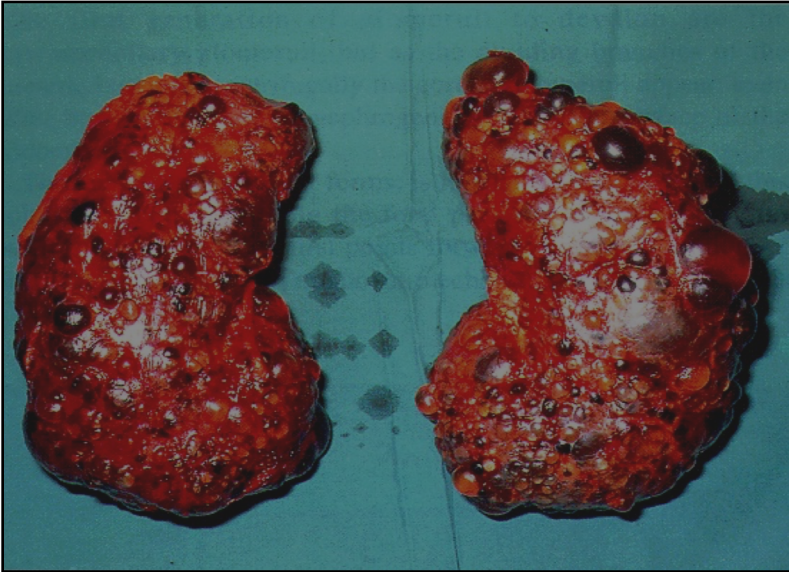
**CONCLUSION:** *ALG9* is a novel disease gene for the polycystin-1 dosage-dependent spectrum of dominantly inherited polycystic kidney and liver disease spanning the clinical continuum from ADPKD-NMD to PCLD. This study supports the utility of genotype-driven validation and analysis of candidate disease gene phenotypes from genome level sequencing data coupled with the electronic health record in the era of precision medicine.

doi: 10.1681/ASN.2019030298

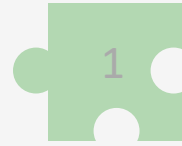
**JASN**  
JOURNAL OF THE AMERICAN SOCIETY OF NEPHROLOGY

→ all rare variants

# Autosomal-dominant polycystic kidney disease



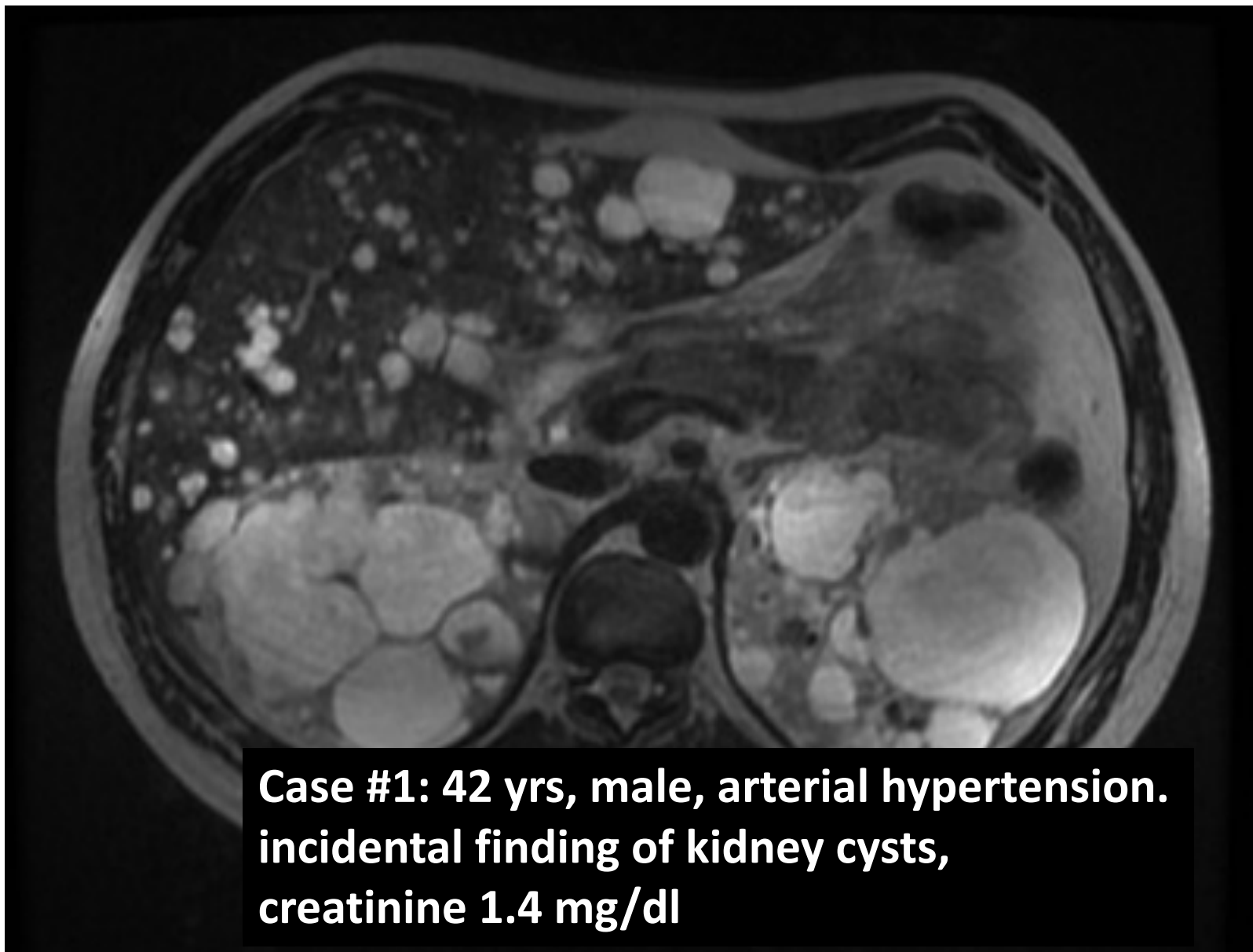
**End-stage renal disease:  
at about 50-60 years of age (in 50% of patients)**



Epidemiology and genetics



Diagnostic strategies



**Case #1: 42 yrs, male, arterial hypertension.  
incidental finding of kidney cysts,  
creatinine 1.4 mg/dl**

Gen	Protein	Lokalisation an Zilium/Zentrosom	Renale Symptome
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<b>ADPKD</b>			
<i>PKD1</i>	Polycystin-1	+	bds. große Nieren,
<i>PKD2</i>	Polycystin-2	+	ubiquitäre Zysten

<b>ARPKD</b>			
<i>PKHD1</i>	Fibrocystin	+	bds. große Nieren, ubiquitäre Zysten

#### Nephronophthise

<i>NPHP1</i>	Nephrozystin-1	+	kleine Nieren, (NPHP2: große Nieren) kortikomedulläre Zysten, interstitielle Fibrose, Polyurie, Polydypsie
<i>NPHP2</i>	Inversin	+	
<i>NPHP3</i>	Nephrozystin-3	+	
<i>NPHP4</i>	Nephroretinin	+	
<i>NPHP5</i>	Nephrozystin-5	+	
<i>NPHP6</i>	CEP290	+	
<i>NPHP7</i>	Glis2	+	
<i>NPHP8</i>	RPGRIP1L	+	
<i>NPHP9</i>	Nek8	+	
<i>NPHP10</i>	?	+	
<i>NPHP11</i>	TMEM67	+	

#### MCKD

<i>MCKD1</i>	?		kortikomedulläre Zysten, Unregelmäßige Basalmembran, interstitielle Fibrose
<i>UMOD</i>	Uromodulin	+	

#### Von Hippel Lindau Syndrom

<i>VHL</i>	pVHL	+	große Nieren, RCC
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#### Tuberöse Sklerose

<i>TSC1</i>	Hamartin		Zysten, Angiomyolipome selten RCC
<i>TSC2</i>	Tuberin		

#### Meckel Gruber Syndrom

<i>MKS1</i>	FABP proteome-like protein	+	vergrößerte multizystische Nieren NPH-ähnlich bis dysplastisch
<i>MKS3</i>	TMEM67	+	
<i>MKS4</i>	CEP290	+	große, zystische Nieren
<i>MKS5</i>	RPGRIP1L	+	
<i>MKS6</i>	CC2D2A	+	

Gen	Protein	Lokalisation an Zilium/Zentrosom	Renale Symptome
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#### Bardet Biedl Syndrom

<i>BBS1</i>	BBS2-like protein 2	+	NPH-ähnlich
<i>BBS2</i>	BBS2	+	
<i>BBS3</i>	ARL6	+	
<i>BBS4</i>	BBS4	+	
<i>BBS5</i>	BBS5	+	
<i>BBS6</i>	McKusick-Syndrom protein	+	
<i>BBS7</i>	BBS2-like protein 8	+	
<i>BBS9</i>	PTHB1		
<i>BBS10</i>	C12orf58		
<i>BBS11</i>	TRIM32		
<i>BBS12</i>	C4orf24	+	
<i>BBS13</i>	FABP proteome-like protein	+	
<i>BBS14</i>	CEP290	+	

#### Alstrom Syndrom

<i>ALMS1</i>	Alstrom syndrome 1	+	NPH-ähnlich
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#### Orofaziales digitales Syndrom

<i>OFD1</i>	OFD1	+	normalgroß, polyzystisch
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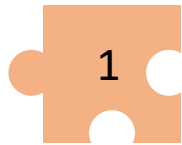
**differential diagnosis – polycystic kidneys ?**

**State of the art:  
polycystic kidneys –  
more than 100 known genes**

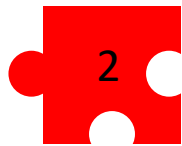


No, we do not need to remember all of these. The clinical picture is the first step.

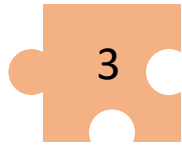
# Clinical diagnosis of ADPKD



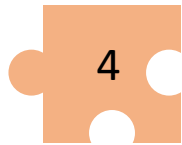
mode of inheritance



**imaging – kidney morphology**

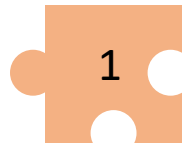


Renal symptoms



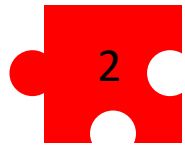
Extrarenal manifestations

# The clinical diagnosis of ADPKD



Mode of inheritance

# Clinical diagnosis of ADPKD



**imaging – kidney morphology**

# How to diagnose polycystic kidney disease?

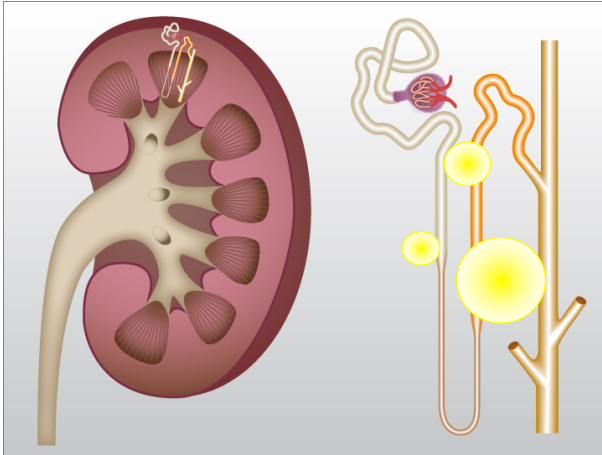
*"kidney cysts"*



**simple kidney cysts**

**polycystic kidney disease**

# Imaging – kidney morphology



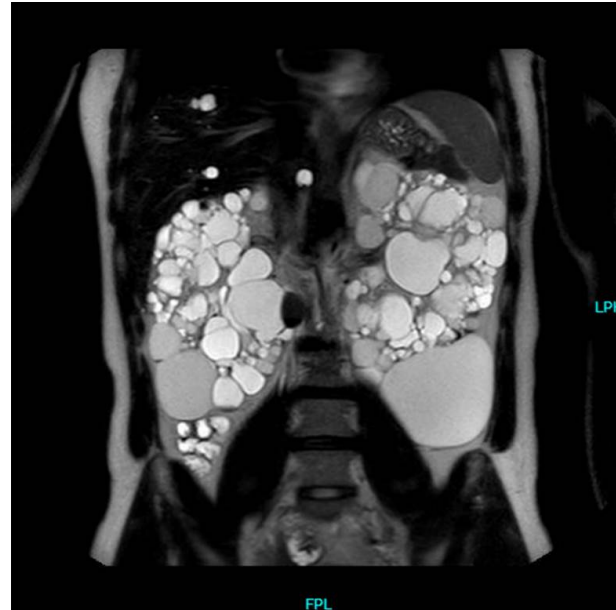
**number of cysts**



**distribution of cysts**



**kidney size**



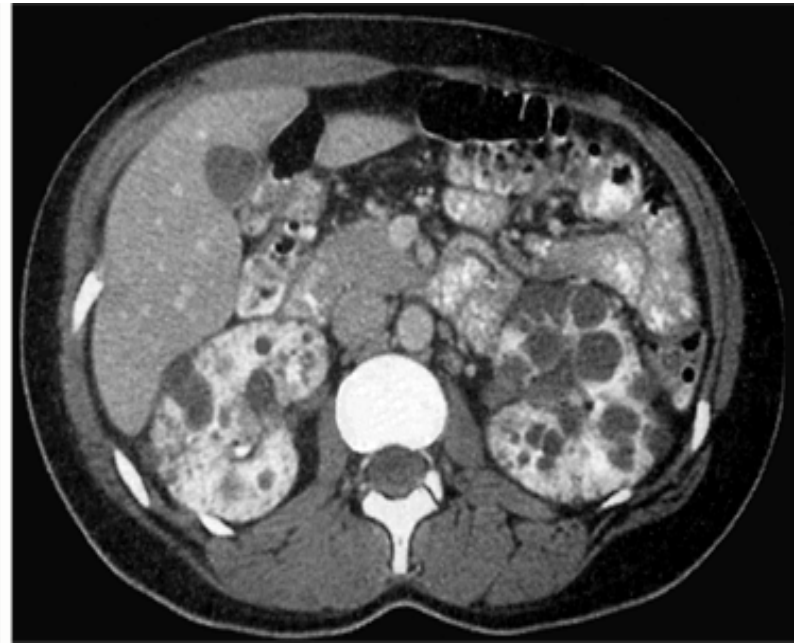
Therapiehandbuch Innere Medizin  
"Genetische Nierenerkrankungen"  
(R.-U- Müller)

## ADPKD is a slowly progressive disorder



**Age: 29 years**

**vs.**



**40 years**

Courtesy of Dr. Y. Pei, University Health Network, Toronto

# Toronto Radiologic Imaging Studies of Polycystic Kidney Disease (TRISP)

## MRI Diagnostic Performance:

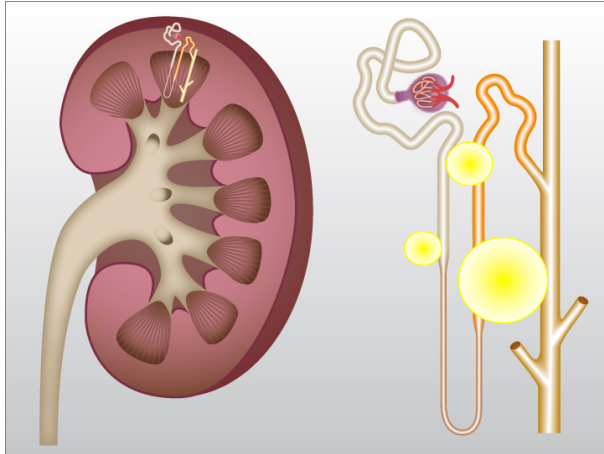
Age group (yr)	Diagnostic criterion	Sensitivity	Specificity	PPV	NPV
16-29	≥1 renal cyst	1.00	0.83	0.79	1.00
	≥2 renal cysts	1.00	0.93	0.90	1.00
	≥3 renal cysts	1.00	0.97	0.95	1.00
	≥5 renal cysts	1.00	0.98	0.97	1.00
	<b>&gt;10 renal cysts</b>	<b>1.00</b>	<b>1.00</b>	<b>1.00</b>	<b>1.00</b>
	≥2 cysts in each kidney	1.00	0.98	0.97	1.00
30-40	≥1 renal cyst	1.00	0.77	0.88	1.00
	≥2 renal cysts	1.00	0.82	0.90	1.00
	≥3 renal cysts	1.00	0.95	0.97	1.00
	≥5 renal cysts	1.00	1.00	1.00	1.00
	<b>&gt;10 renal cysts</b>	<b>1.00</b>	<b>1.00</b>	<b>1.00</b>	<b>1.00</b>
	≥2 cysts in each kidney	1.00	1.00	1.00	1.00

# our approach...



- Detection of 10 cysts and more in patients at risk, specificity and sensitivity 100%
- No cysts at age 30 means no disease (NPV=100%; earlier exclusion by MRI probably possible)
- HR-ultrasound is as good as MRI in the detection of cysts (with some exceptions)

# Bildgebung - Nierenmorphologie



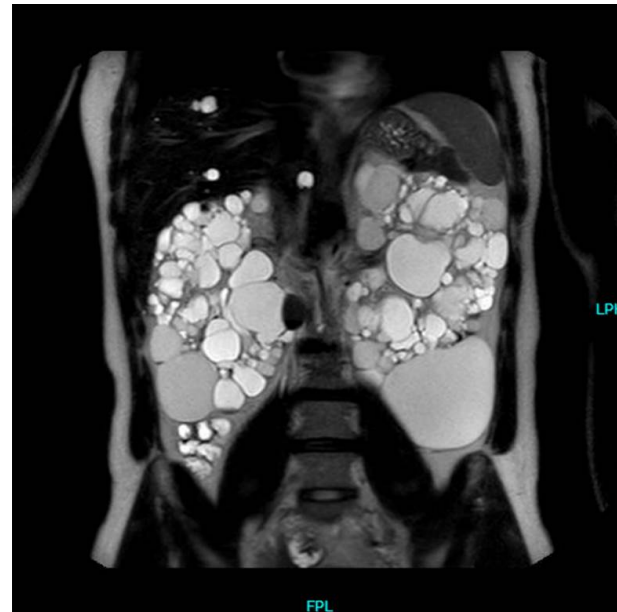
number of cysts



distribution of cysts

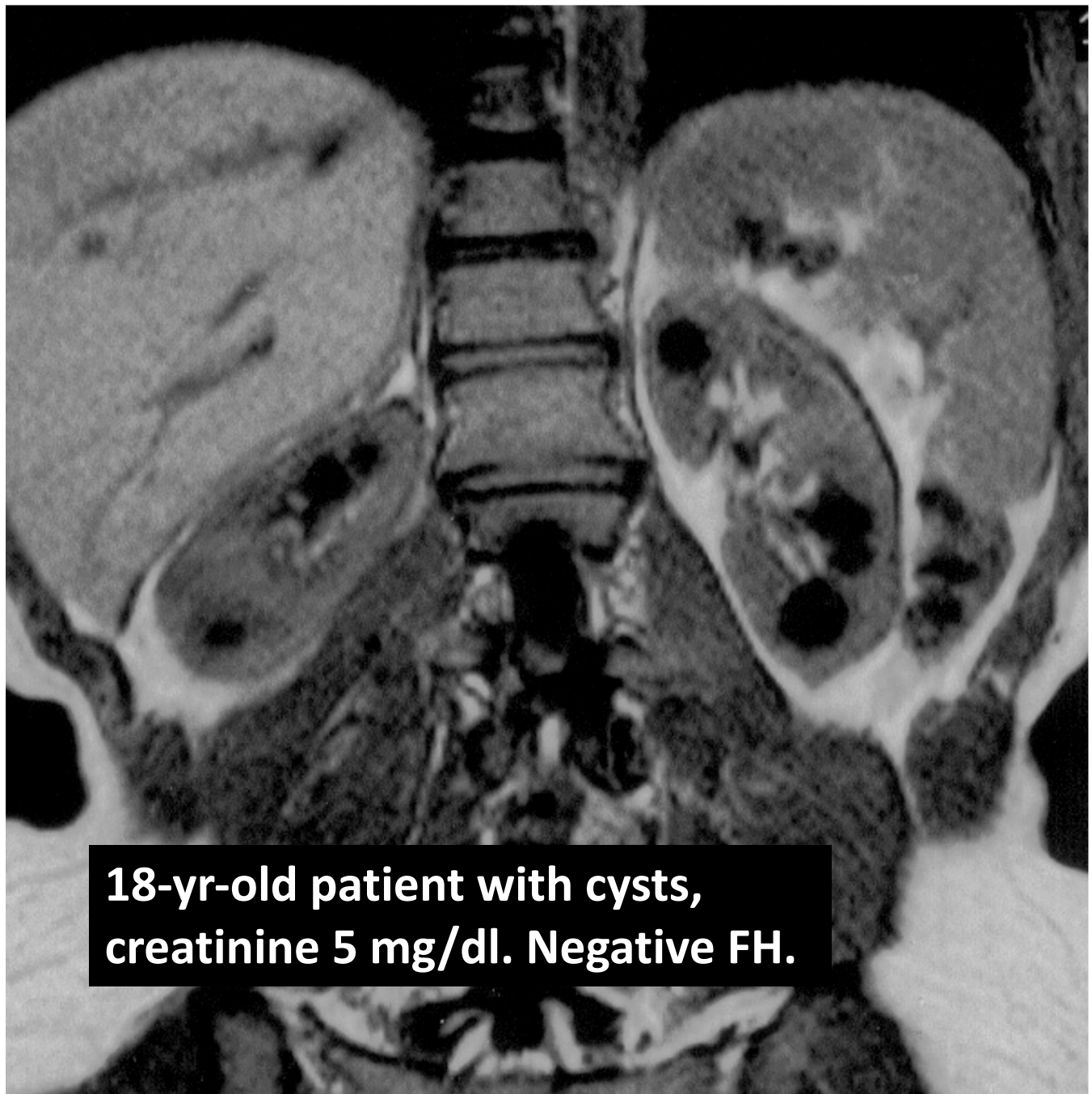


kidney size



Therapiehandbuch Innere Medizin  
"Genetische Nierenerkrankungen"  
(R.-U- Müller)

**key words: bilateral, ubiquitous**



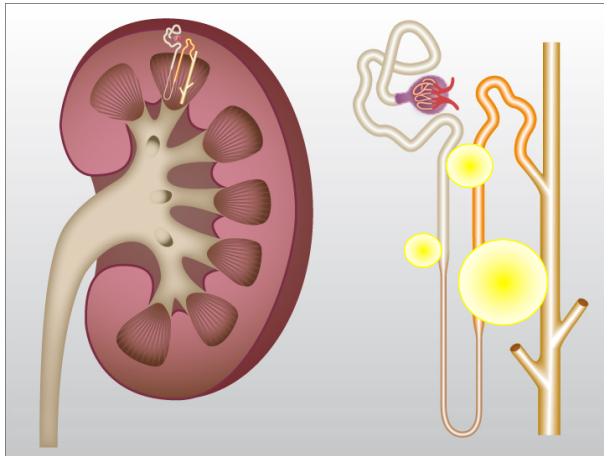
**18-yr-old patient with cysts,  
creatinine 5 mg/dl. Negative FH.**

# Nephronophthise (NPH)

- “kidney shrinkage” or “loss of nephrons”  
νεφρός, grecian: kidney; φθίσις, grecian: shrinkage
- among the most frequent genetic causes of ESRD in children
- autosomal recessive disease
- In Europe approx. 10% of ESRD in childhood
- median age of ESRD: 13 years
- mutations in NPHP1 - NPHP20



# Imaging – Kidney morphology



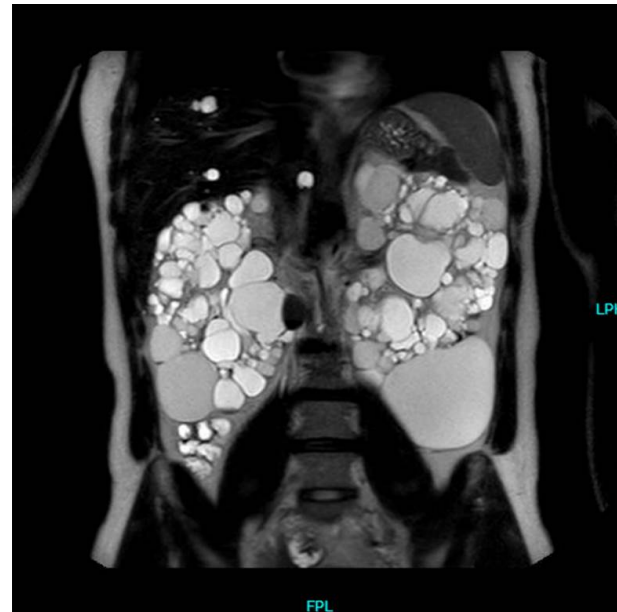
number of cysts



distribution of cysts



kidney size



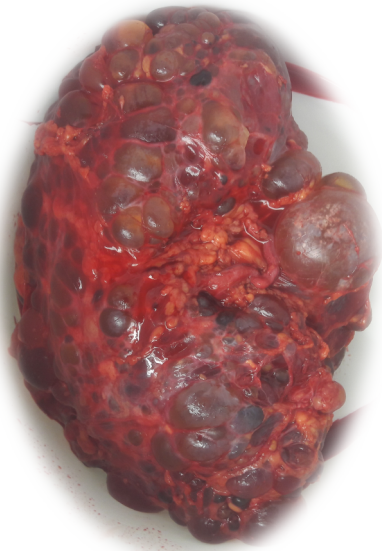
Therapiehandbuch Innere Medizin  
"Genetische Nierenerkrankungen"  
(R.-U- Müller)

**bilateral, ubiquitous, enlarged**

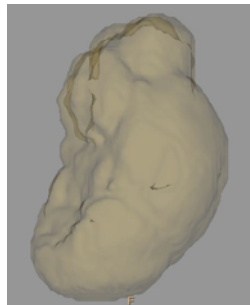
# Kidney size differs in polycystic kidney disease



# Polycystic kidneys



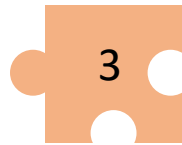
25 x 18 x 13 cm  
2.8 kg



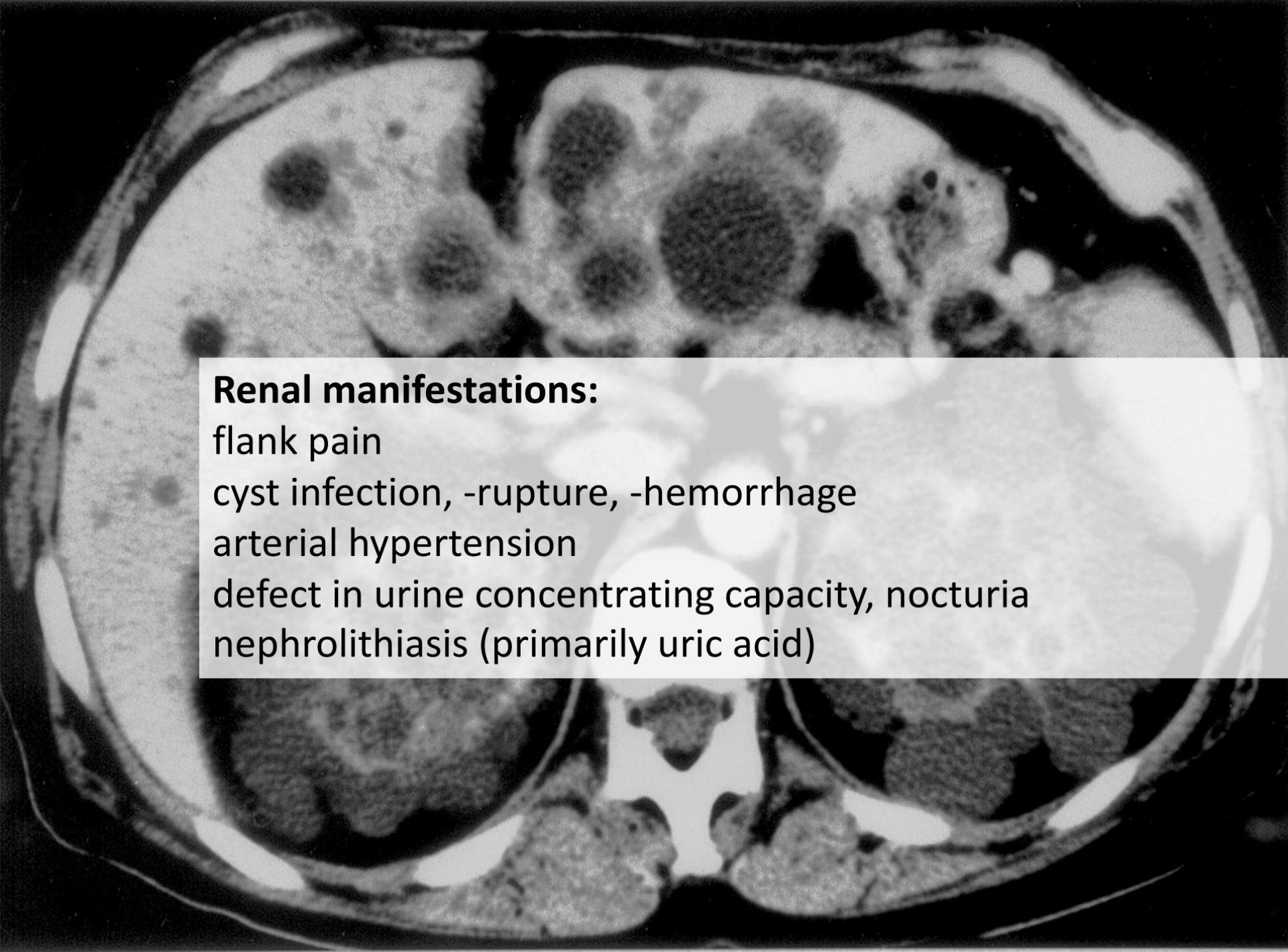
~30 liters total kidney volume

images: PD Dr. Persigehl  
Radiologie, UK Köln

# The clinical diagnosis of ADPKD



Renal symptoms

An axial CT scan of the abdomen. The kidneys are visible on either side of the spine. The right kidney (on the left side of the image) shows a large, well-defined, hypodense (darker) area, which is likely a renal cyst. The spine and surrounding soft tissues are also visible.

**Renal manifestations:**

flank pain

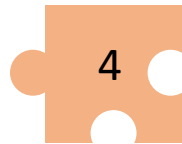
cyst infection, -rupture, -hemorrhage

arterial hypertension

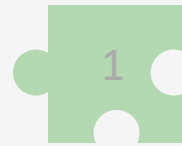
defect in urine concentrating capacity, nocturia

nephrolithiasis (primarily uric acid)

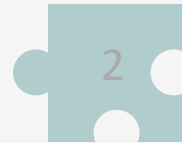
# The clinical diagnosis of ADPKD



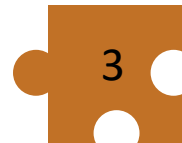
## Extrarenal manifestations



Epidemiology and genetics

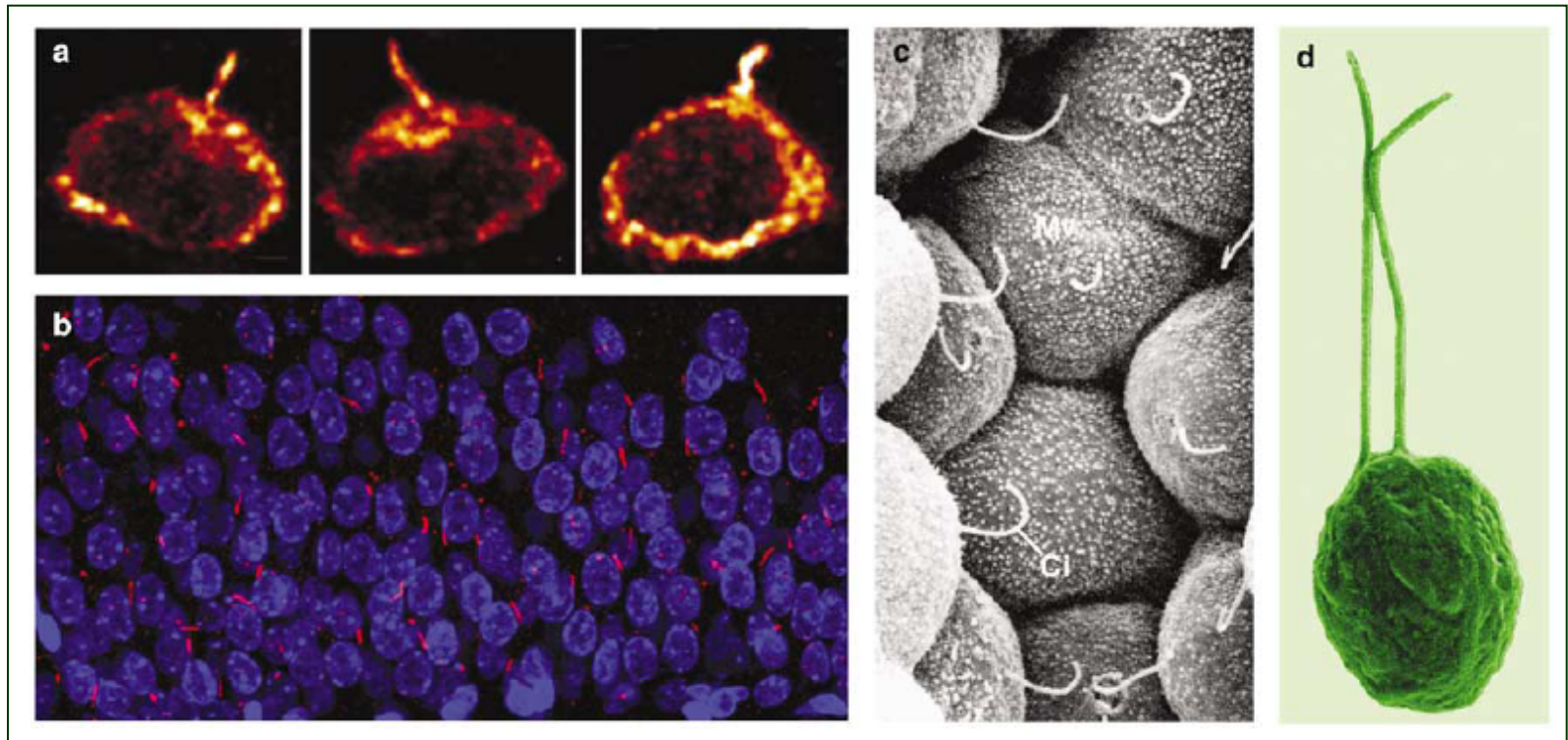


Diagnostic strategies

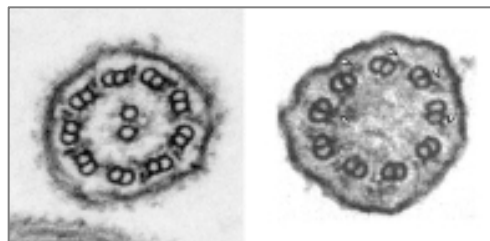


Systemic disease /  
differential diagnosis

# Cilia are little organelles that project from almost every cell of the body

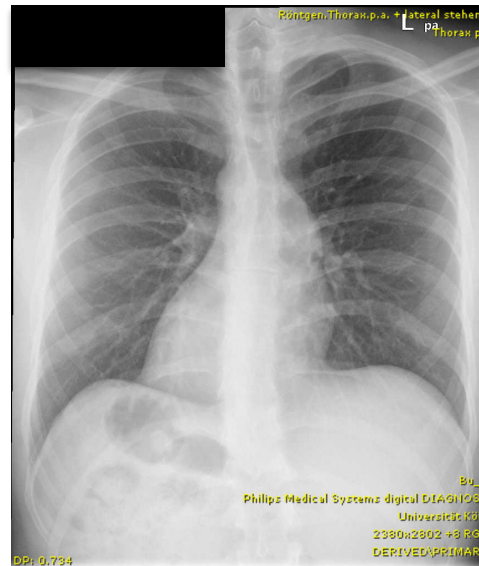
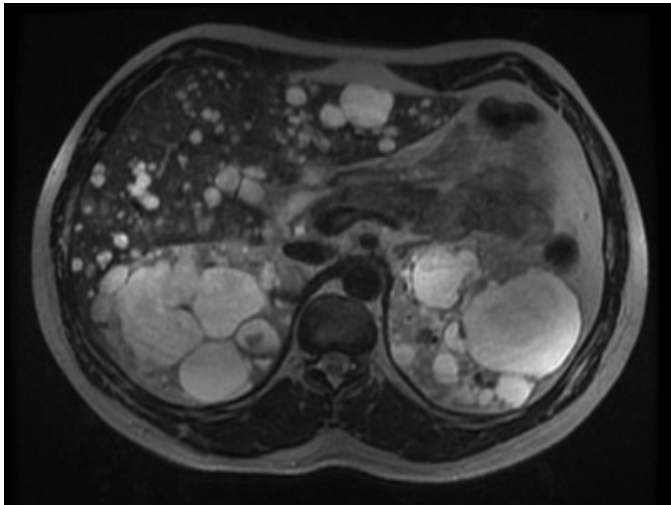
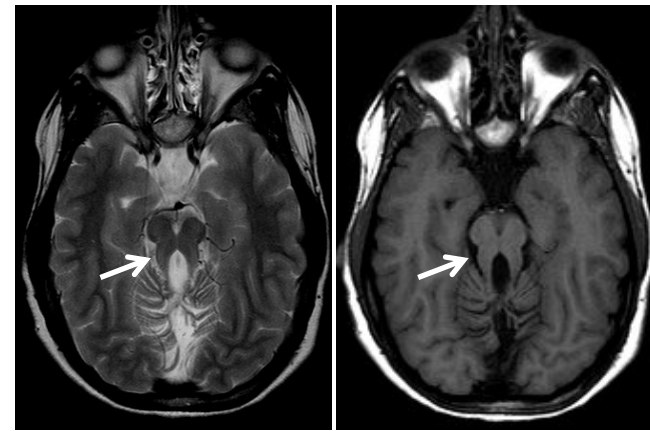
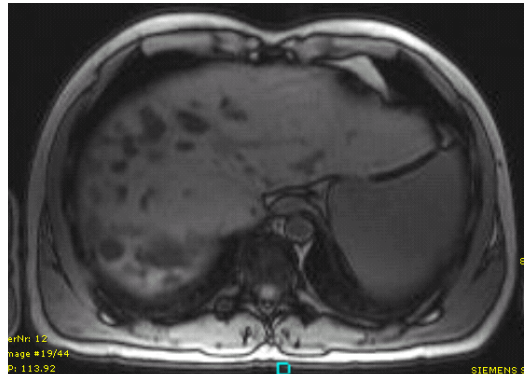
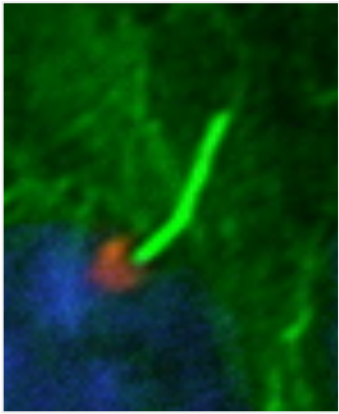


9+2



9+0

# Ciliopathies: a plethora of phenotypes



# ADPKD is multi-system disease

## The most important extra-renal manifestations:

extrarenal cysts

diverticulosis

heart valve defects

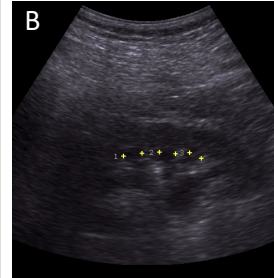
vascular anomalies  
(e.g. intracranial aneurysms)

renal manifestations

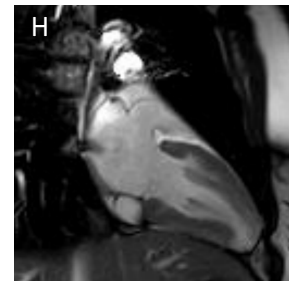
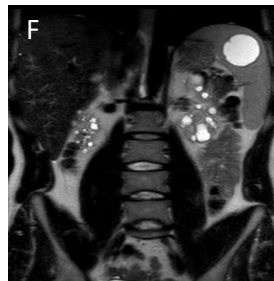
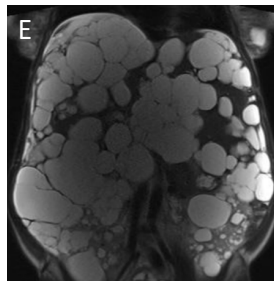


nephrolithiasis, flank pain, hematuria, cyst infection

imaging of differential diagnoses of ADPKD



extrarenal manifestations of ADPKD



extrarenal cysts (liver, pancreas, spleen, seminal vesicles, arachnoid...), biliary disease, cardiac valve defects, vascular dissections/aneurysms, pericardial effusion, intracranial aneurysms, hernias, diverticulosis

# our approach...



Diagnostic criteria of ADPKD:

Cysts are ubiquitous and dispersed over the kidneys.  
Kidneys grossly enlarged.

ADPKD classics: extrarenal cysts, cardiac valve defects  
colon diverticulosis, aneurysms, renal stone disease,  
flank pain, hypertension, haematuria.

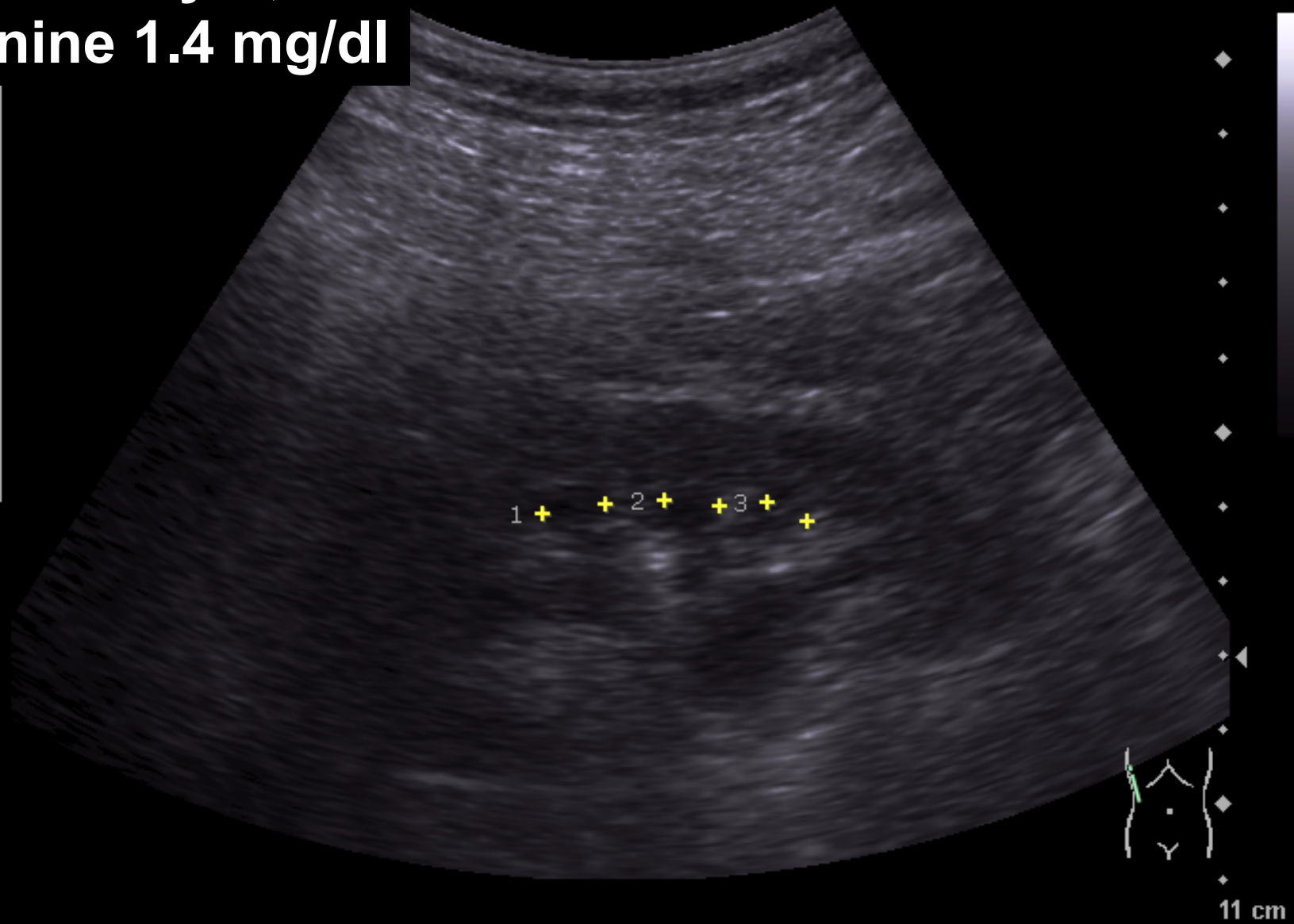
**No carcinoma, no angiomyolipoma, no  
rare extrarenal findings.**

**Case #2: 24 yrs,  
creatinine 1.4 mg/dl**

**referral from ophthalmology for nephrological  
assessment**

# Case #2: 24 yrs, creatinine 1.4 mg/dl

30 dB  
THI P 1.8 MHz  
DB 60 dB  
Kontur 1  
Persistenz 3  
A/Bf 2  
Skala A  
Farbe 1  
SieClear 1  
9 B/Sek.



D1 = 8.5mm

D2 = 7.4mm

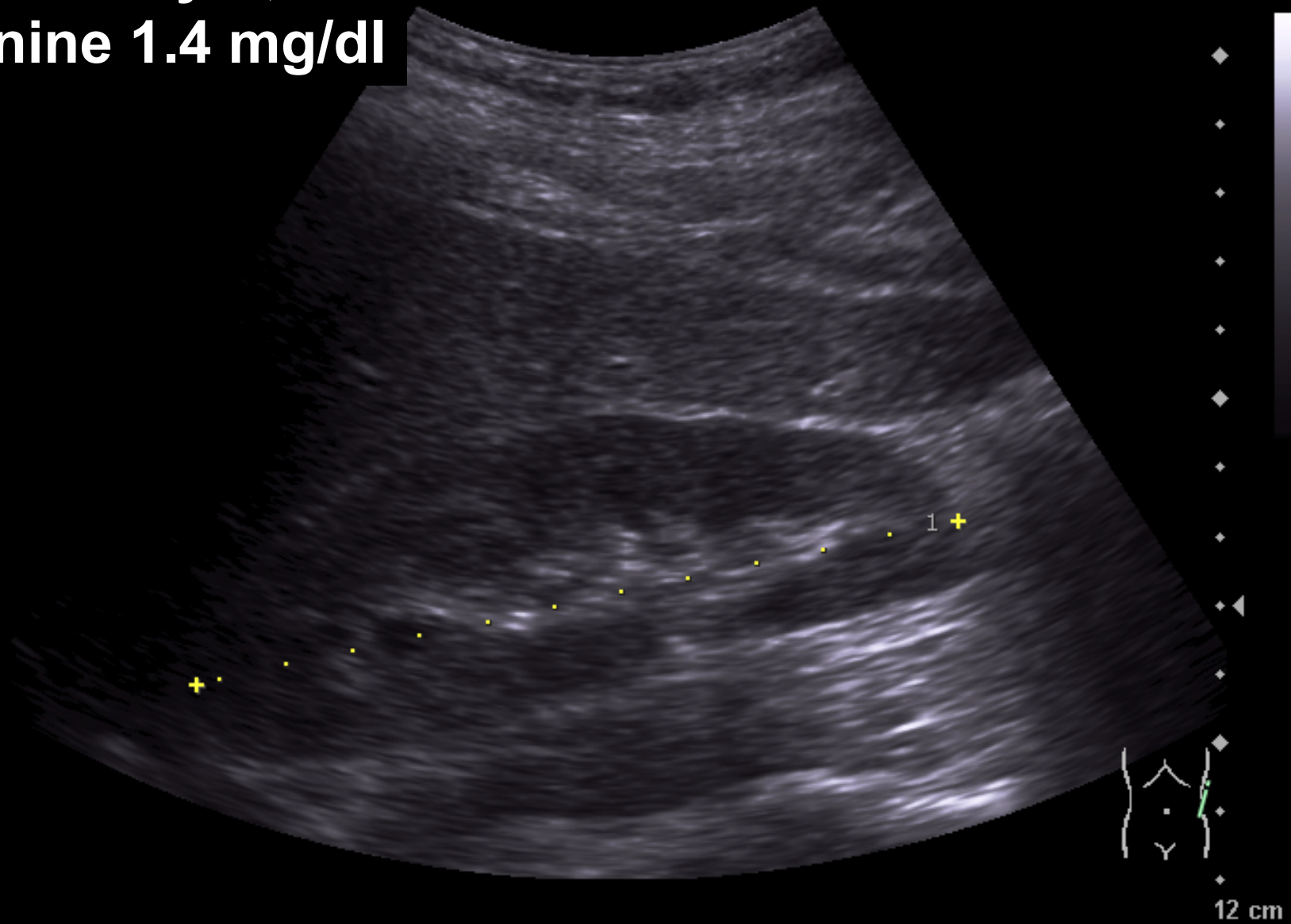
D3 = 5.9mm

P 100% MI 1.3

1 Bf207

# Case #2: 24 yrs, creatinine 1.4 mg/dl

30 dB  
THI P 1.8 MHz  
DB 60 dB  
Kontur 1  
Persistenz 3  
A/Bf 2  
Skala A  
Farbe 1  
SieClear 1  
9 B/Sek.

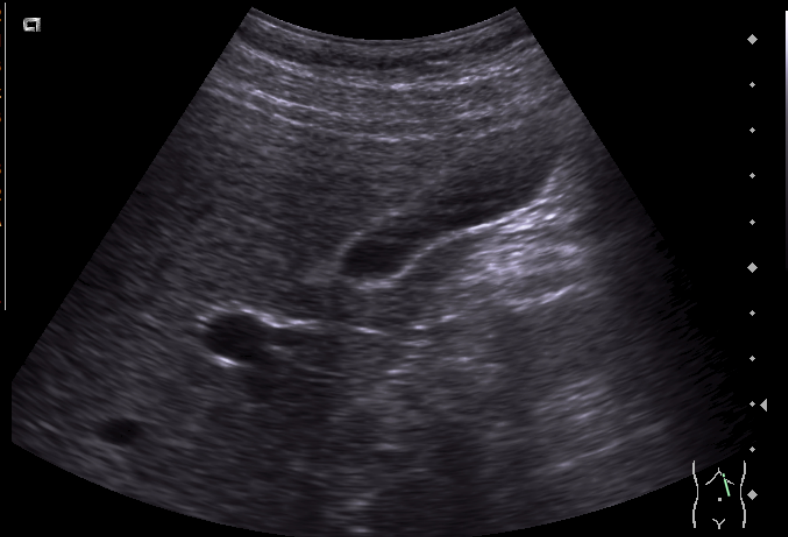
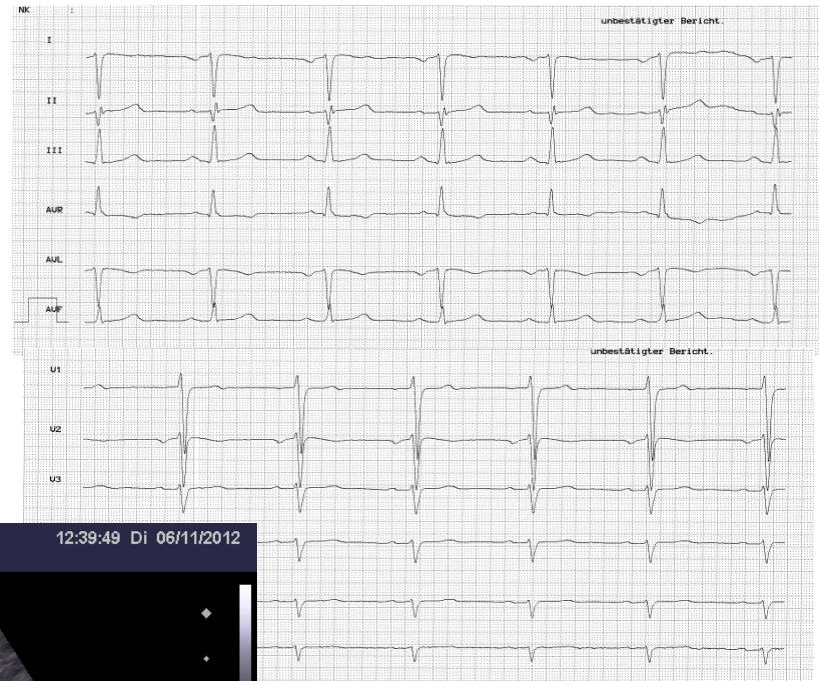
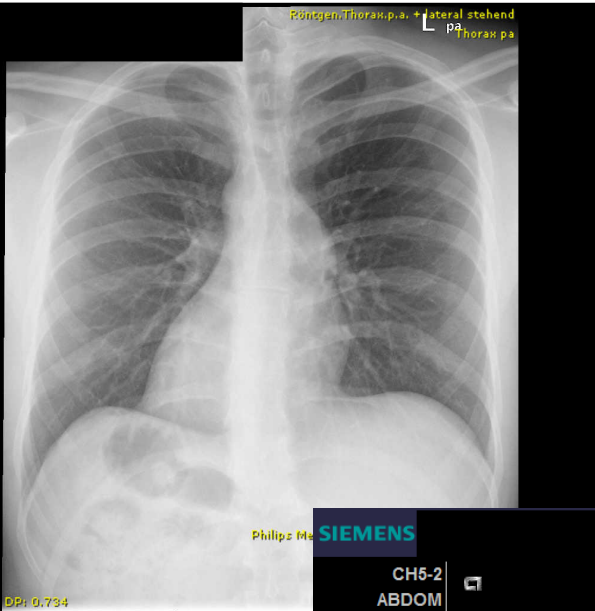


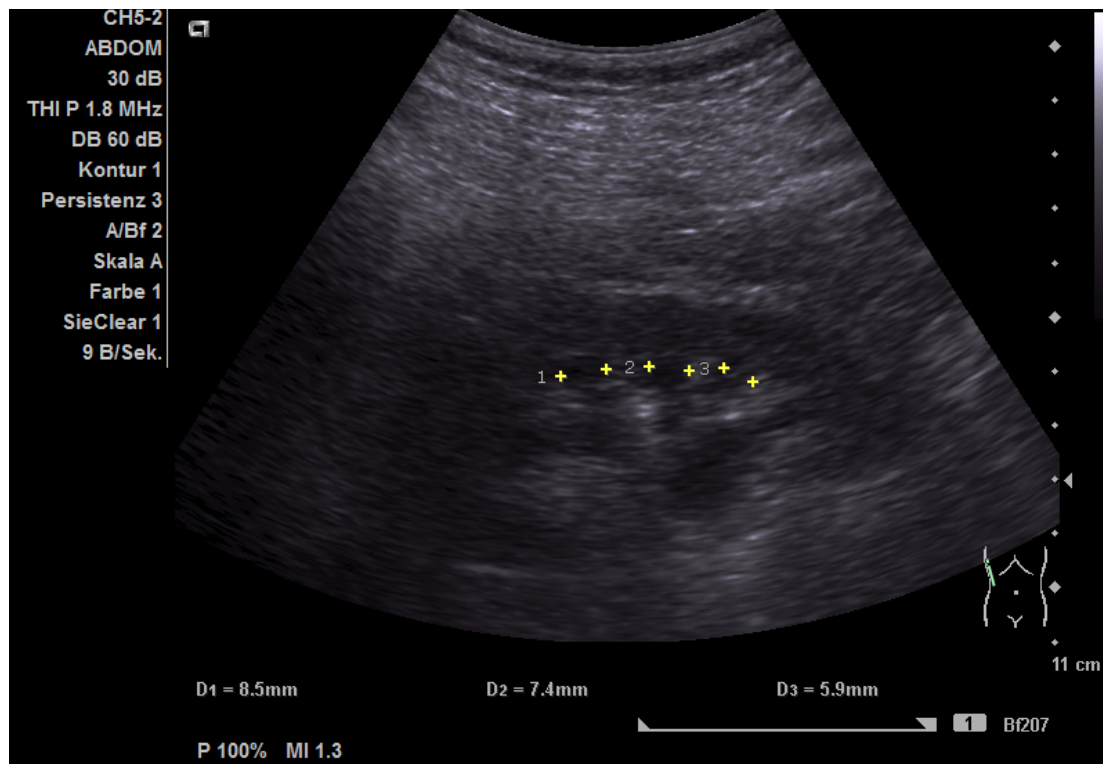
D1 = 113.4mm

P 100% MI 1.3

Bf389

# Extrarenal symptoms – key to diagnosis





## Senior Løken Syndrome

- Nephronophthisis
- Retinitis pigmentosa
- Situs inversus

# ADPKD is multi-system disease

## The most important extra-renal manifestations:

extrarenal cysts

diverticulosis

heart valve defects

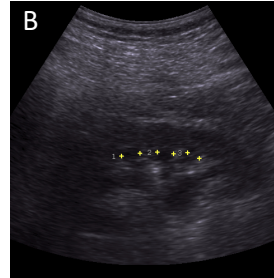
vascular anomalies  
(e.g. intracranial aneurysms)

renal manifestations

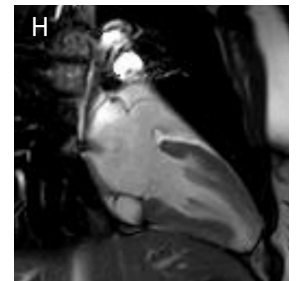
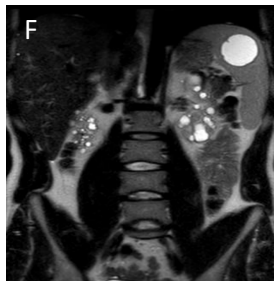
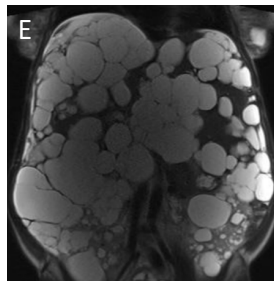


nephrolithiasis, flank pain, hematuria, cyst infection

imaging of differential diagnoses of ADPKD

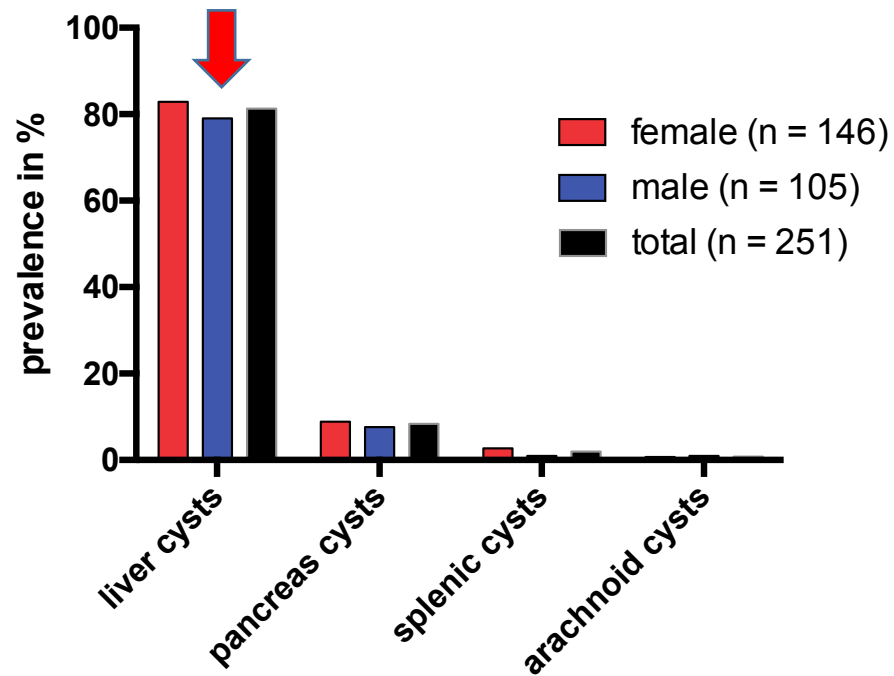


extrarenal manifestations of ADPKD

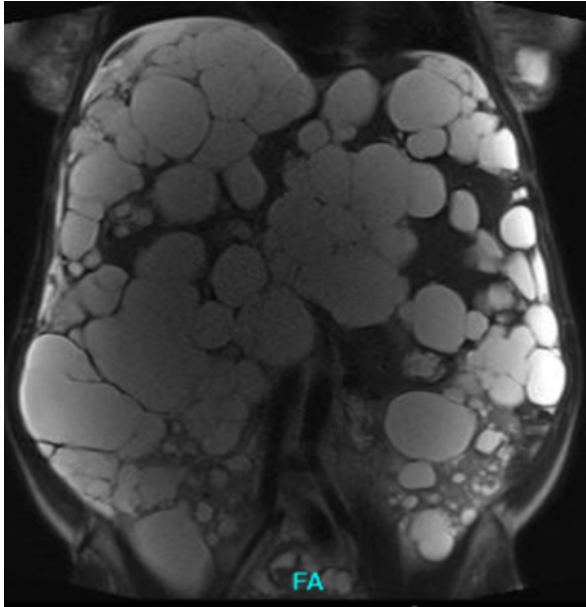


extrarenal cysts (liver, pancreas, spleen, seminal vesicles, arachnoid...), biliary disease, cardiac valve defects, vascular dissections/aneurysms, pericardial effusion, intracranial aneurysms, hernias, diverticulosis

# extrarenal cysts



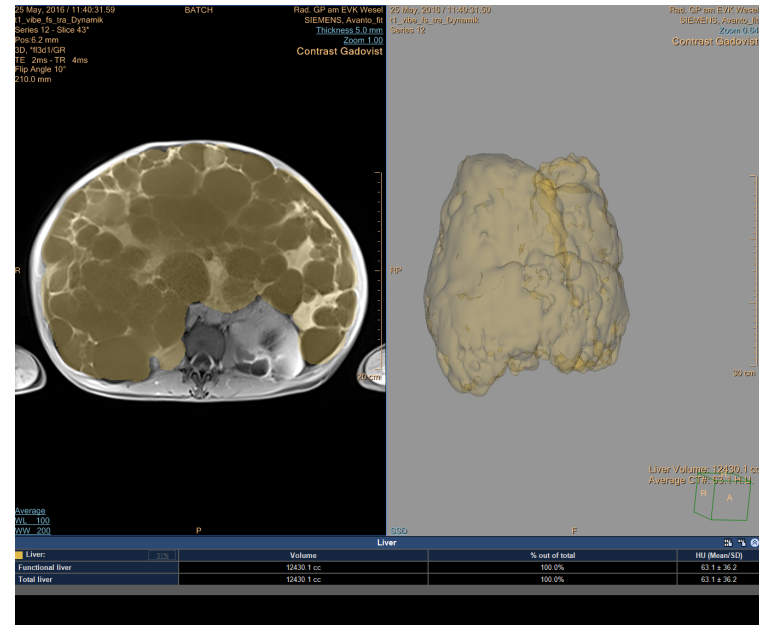
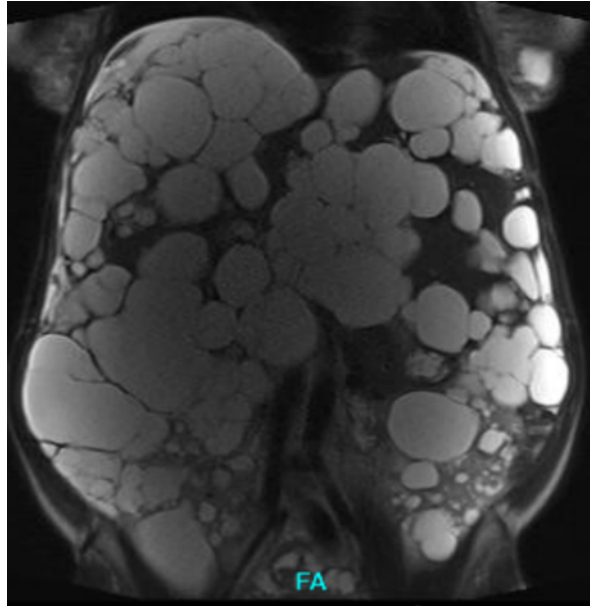
# Polycystic liver disease



Bilder: T. Persigehl, Radiologie, Uniklinik Köln

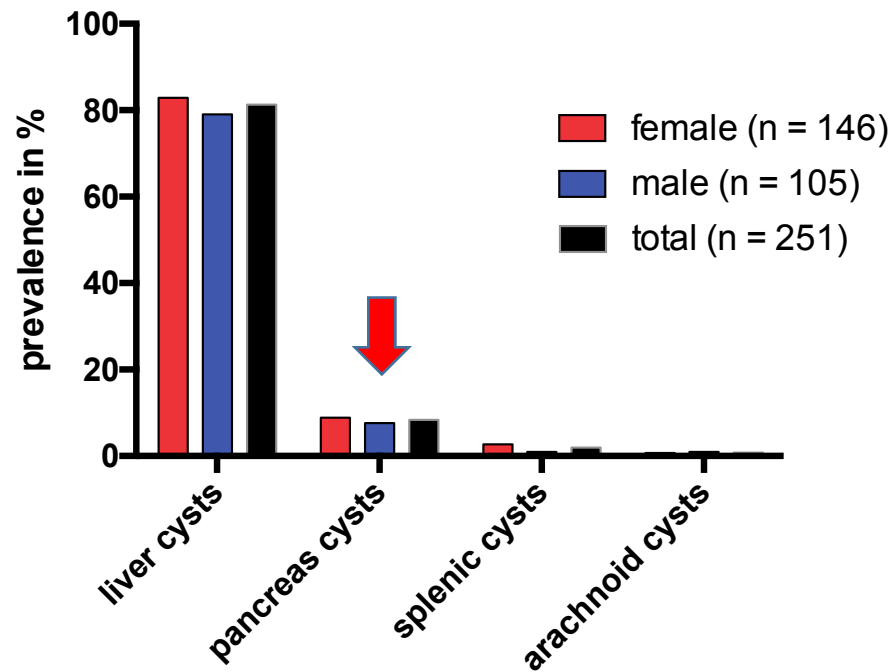
young woman, 34 years  
massive PLD with compression of heart,  
lung and inferior vena cava

# Polycystic liver disease



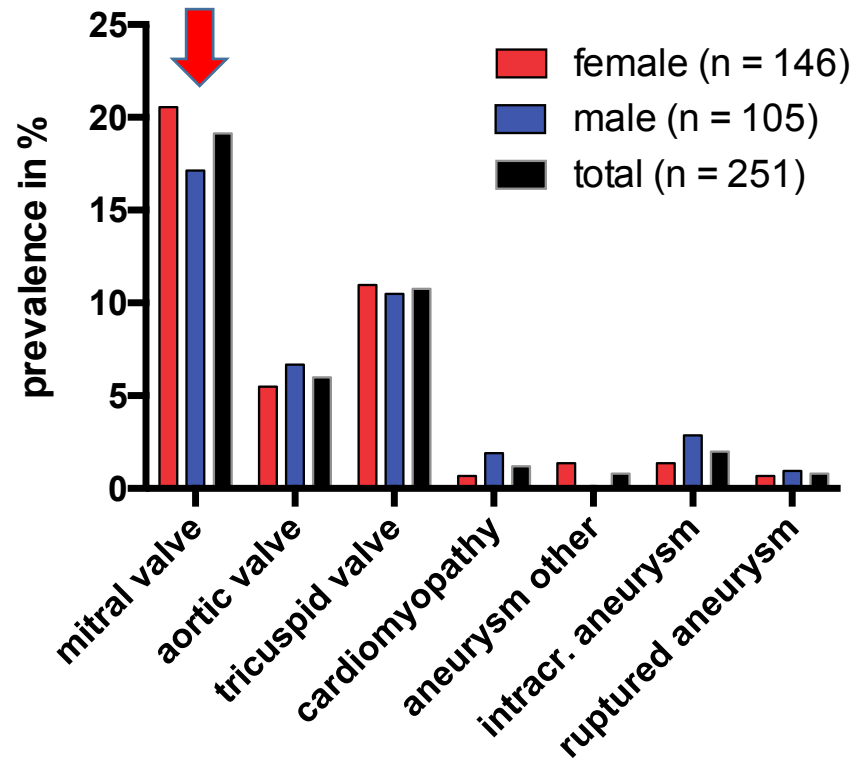
- liver volume 12 liters!  
(normal: appr. 1.5 liters)

# extrarenal cysts



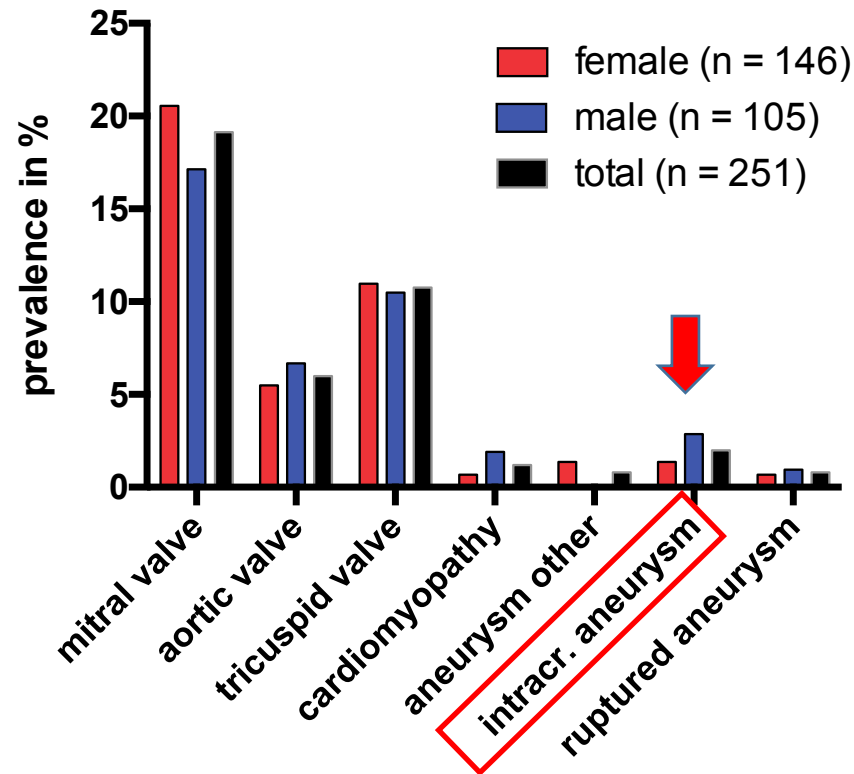
usually pancreatic cysts are an uncomplicated manifestation of ADPKD

# cardiovascular manifestations



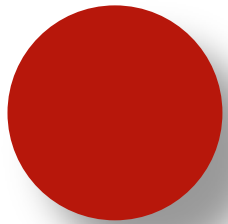
1 in 2-3 patients has a cardiac valve defect → echocardiography

# cardiovascular manifestations



in cohorts with general screening prevalence approximately 10 %, Sanchis et al. CJASN 2019

## The risk of intracranial aneurysms (ICA):



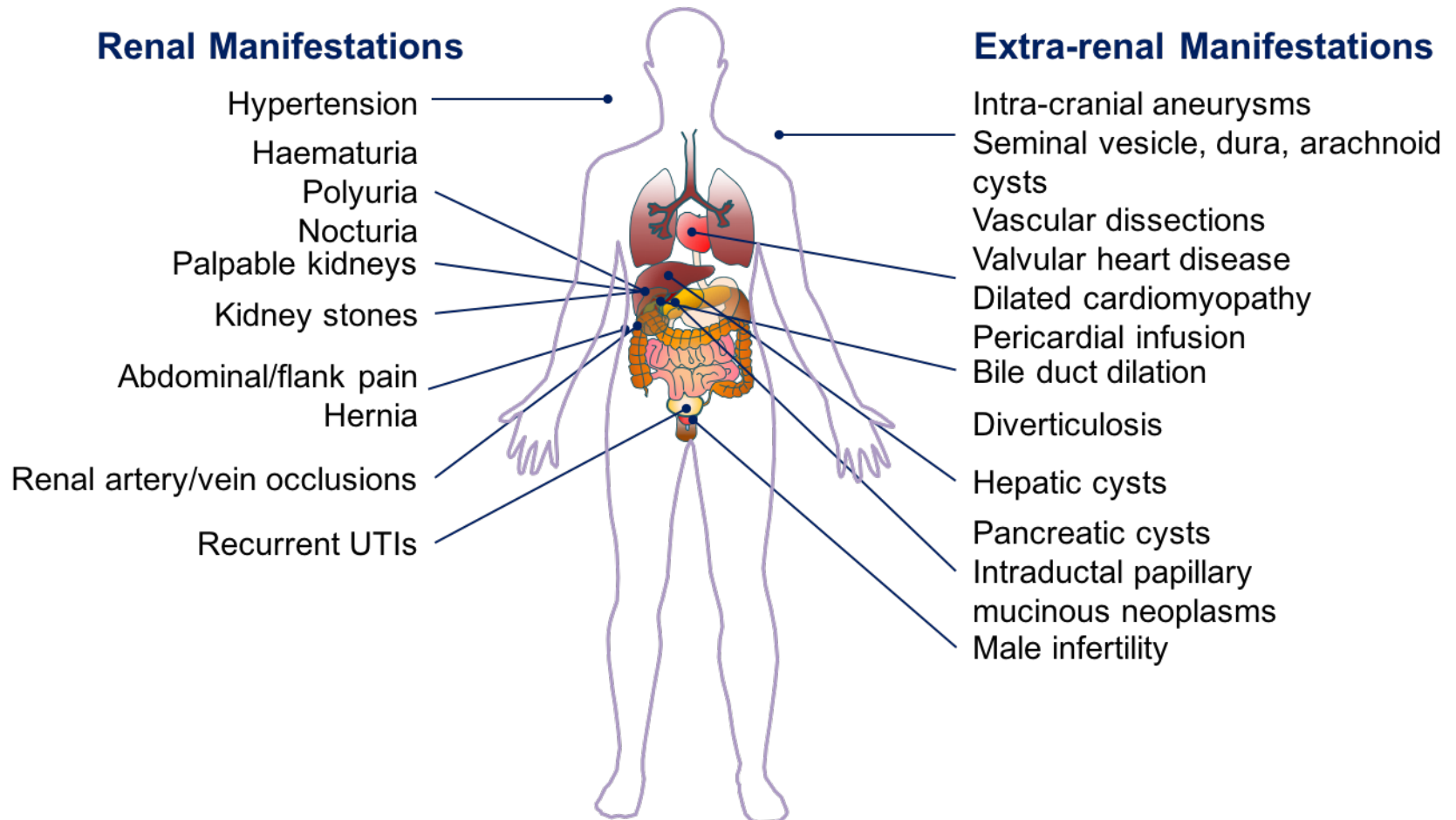
We generally offer, although do not necessarily recommend, screening to adult ADPKD patients and discuss with them potential risks of screening versus the risks of rupture of an undetected aneurysm.

### Screening is recommended in high risk patients:

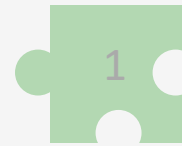
- 1) Warning symptoms (headache)
- 2) Previous rupture, positive family history**
- 3) High-risk occupation in which loss of consciousness would place the patient or others at extreme risk
- 4) patient preference
- 5) Prior to major surgery

# ADPKD Disease Is a Multisystem Disease

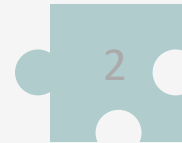
## ADPKD is a multisystem disease



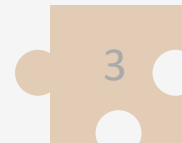
1. Halvorson CR *et al.* (2010). *Int J Nephrol Renovasc Dis.* 3: 69-83.
2. Torres VE *et al.* (2009). *Kidney Int.* 76(2): 149-68.
3. Luciano RL *et al.* (2014). *Nephrol Dial Transplant.* 29(2): 247-54.



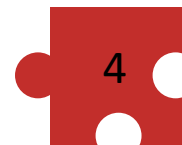
Epidemiology and genetics



Diagnostic strategies



systemic disease /  
differential diagnosis



Management / therapy

# Management of ADPKD – state of the art

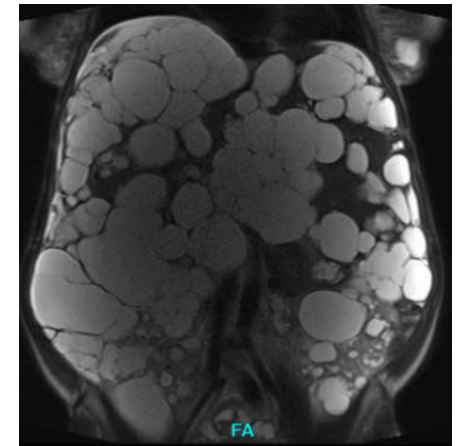
- **sufficient fluid intake (urine volume > 3 l/d)**
- **limit salt intake (max. 5-7g /d)**
- **healthy diet (e.g. mediterranean diet)**
- **physical activity, avoid overweight**
- **blood pressure control ! (HALT-PKD trial, Schrier NEJM 2014)  
(our approach: < 120 / 80 mmHg in young patients with  
maintained eGFR)**

# Management of ADPKD – state of the art

- sufficient fluid intake (urine volume > 3 l/d)
- limit salt intake (max. 5-7g /d)
- healthy diet (e.g. mediterranean diet)
- physical activity, avoid overweight
- blood pressure control !
- **moderate coffee consumption, no smoking**

# Management of ADPKD – state of the art

- sufficient fluid intake (urine volume > 3 l/d)
- limit salt intake (max. 5-7g /d)
- healthy diet (e.g. mediterranean diet)
- physical activity, avoid overweight
- blood pressure control !
- moderate coffee consumption, no smoking
- **estrogen-free/-limited contraception**

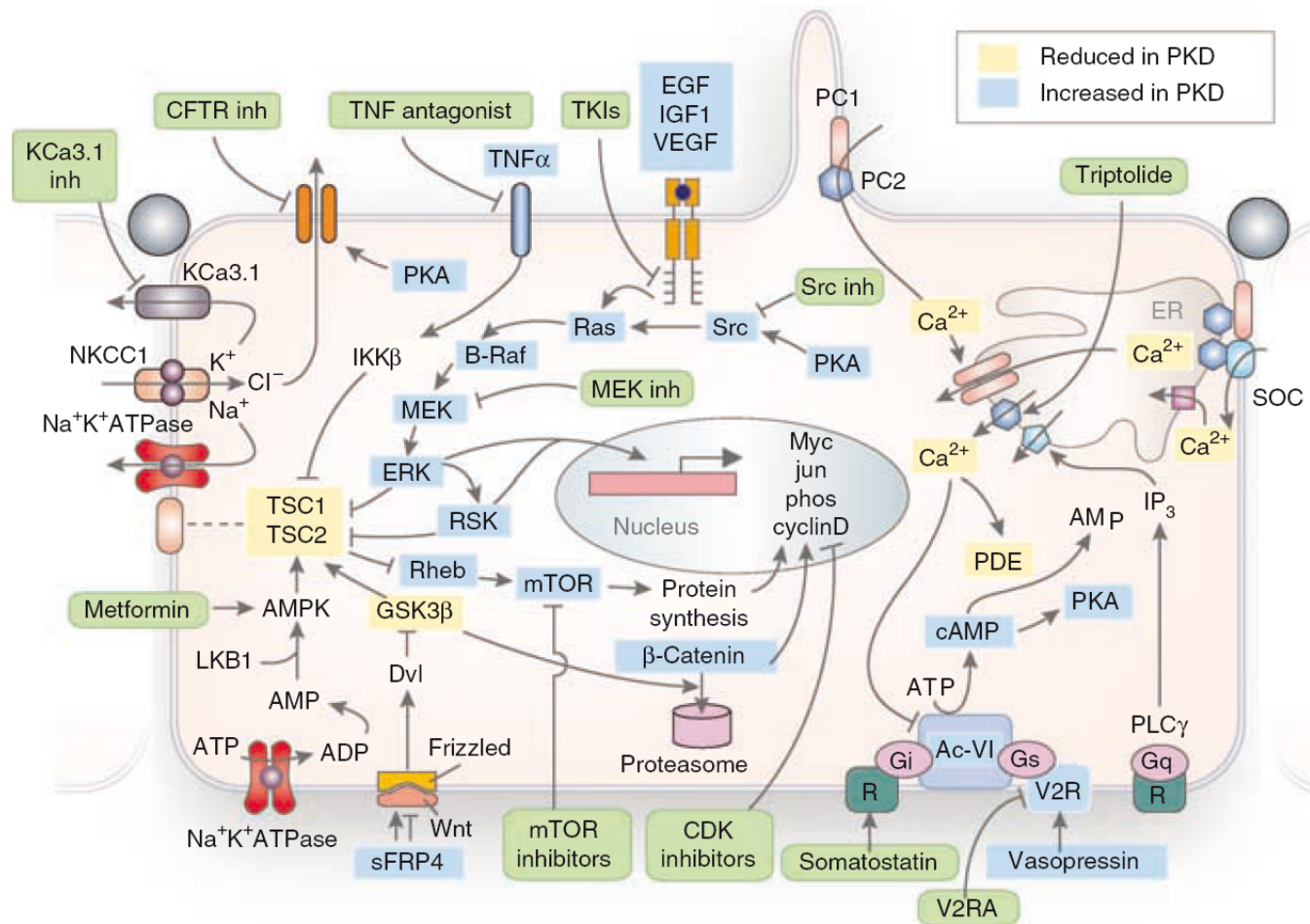


# Management of ADPKD – state of the art

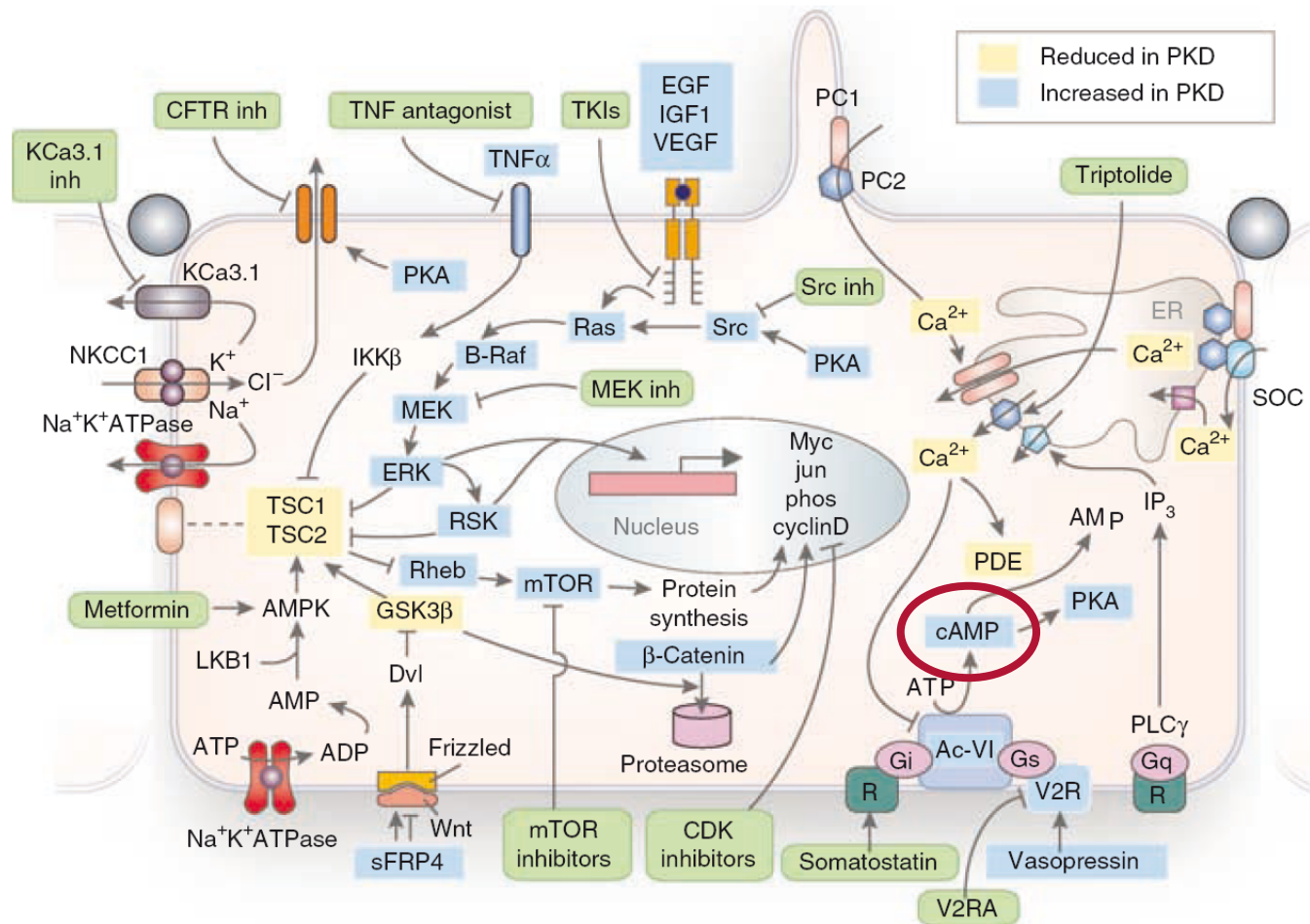
- sufficient fluid intake (urine volume > 3 l/d)
- limit salt intake (max. 5-7g /d)
- healthy diet (e.g. mediterranean diet)
- physical activity, avoid overweight
- blood pressure control !
- moderate coffee consumption, no smoking
- estrogen-free/-limited contraception

# Targeted therapies ?

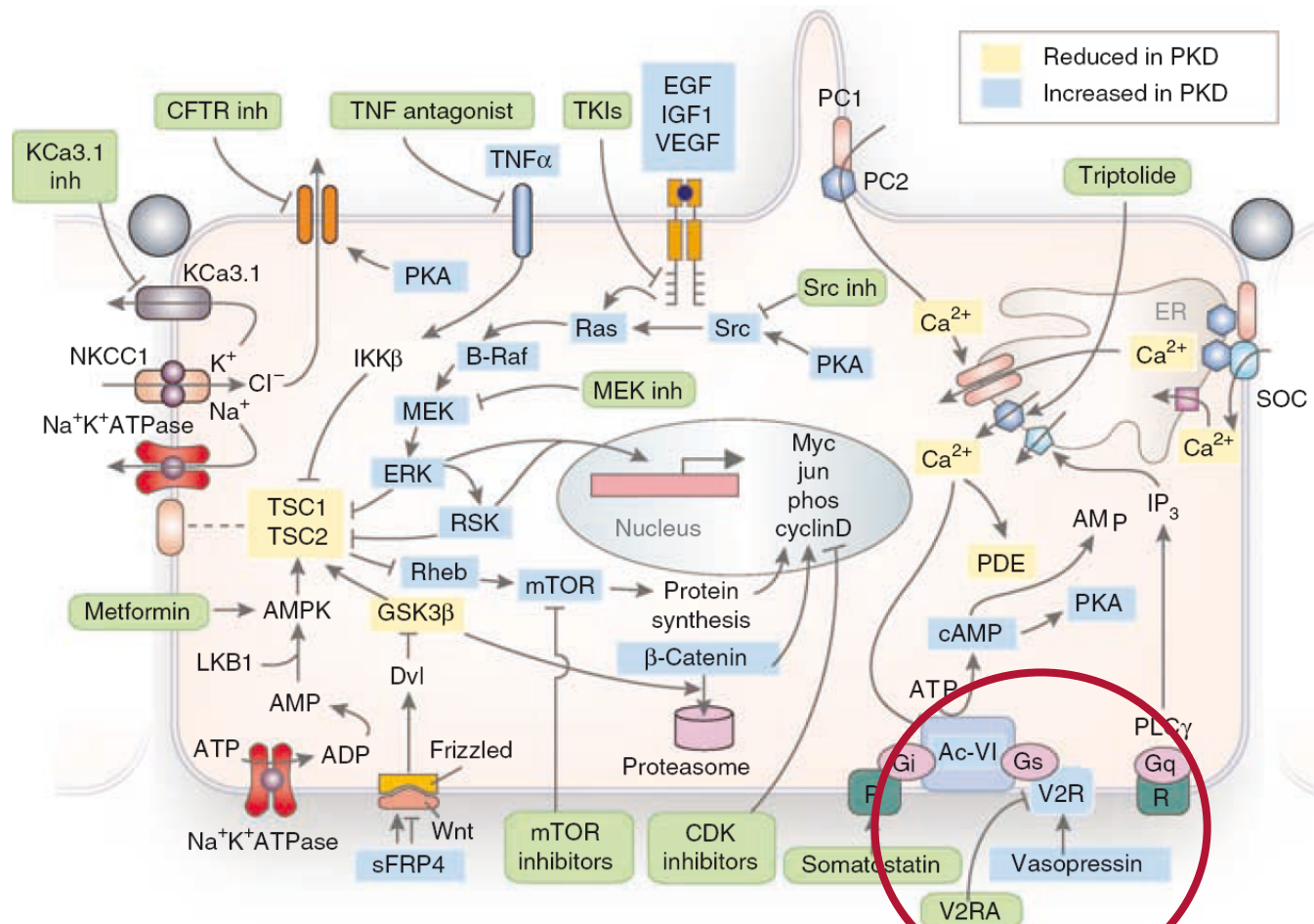




**Torres, Harris, *Kidney Int.* 2009; 76,149–168**



**Torres, Harris, *Kidney Int.* 2009; 76,149–168**



**Torres, Harris, *Kidney Int.* 2009; 76,149–168**

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

# Tolvaptan in Patients with Autosomal Dominant Polycystic Kidney Disease

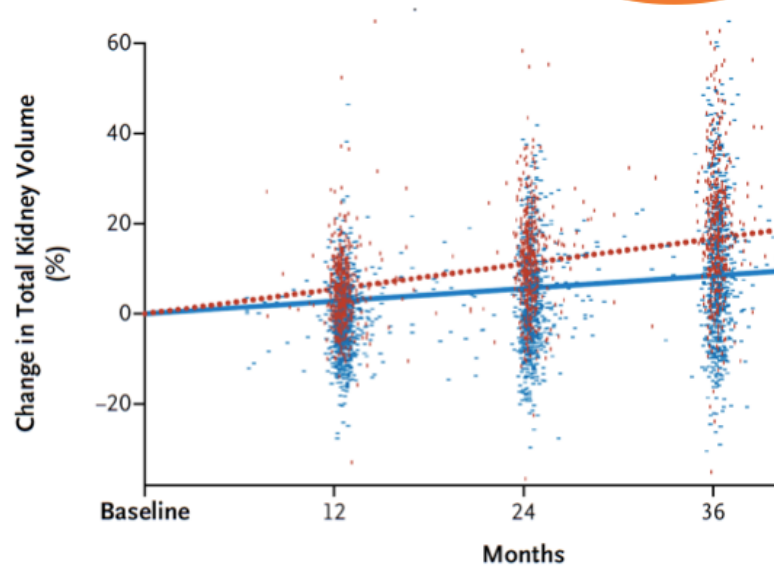
Vicente E. Torres, M.D., Ph.D., Arlene B. Chapman, M.D.,  
Olivier Devuyst, M.D., Ph.D., Ron T. Gansevoort, M.D., Ph.D.,  
Jared J. Grantham, M.D., Eiji Higashihara, M.D., Ph.D., Ronald D. Perrone, M.D.,  
Holly B. Krasa, M.S., John Ouyang, Ph.D., and Frank S. Czerwiec, M.D., Ph.D.,  
for the TEMPO 3:4 Trial Investigators\*

***Torres et al., N Engl J Med. 2012; 367, 2407-18***

# TEMPO 3:4 trial – state of the art

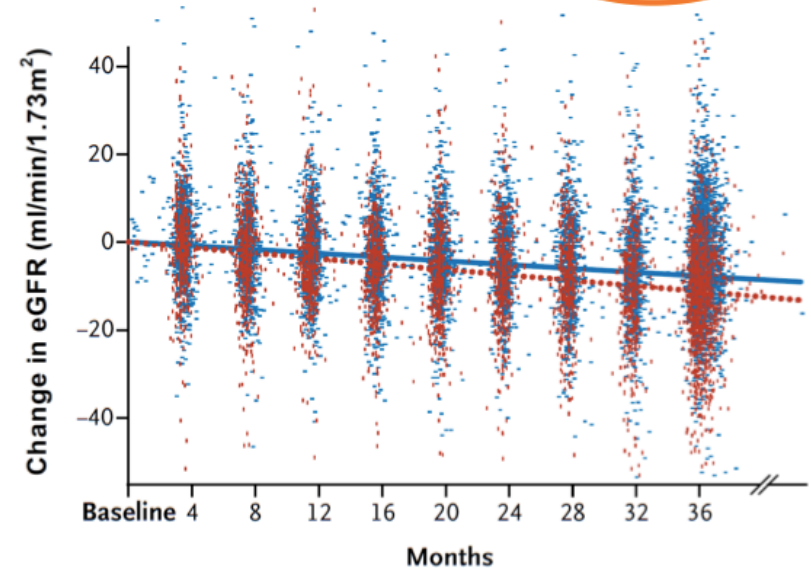
## Total kidney volume

..... Placebo 5.5 % per yr  
— Tolvaptan 2.8 % per yr } ↓ 49%,  $p < 0.001$



## Kidney function

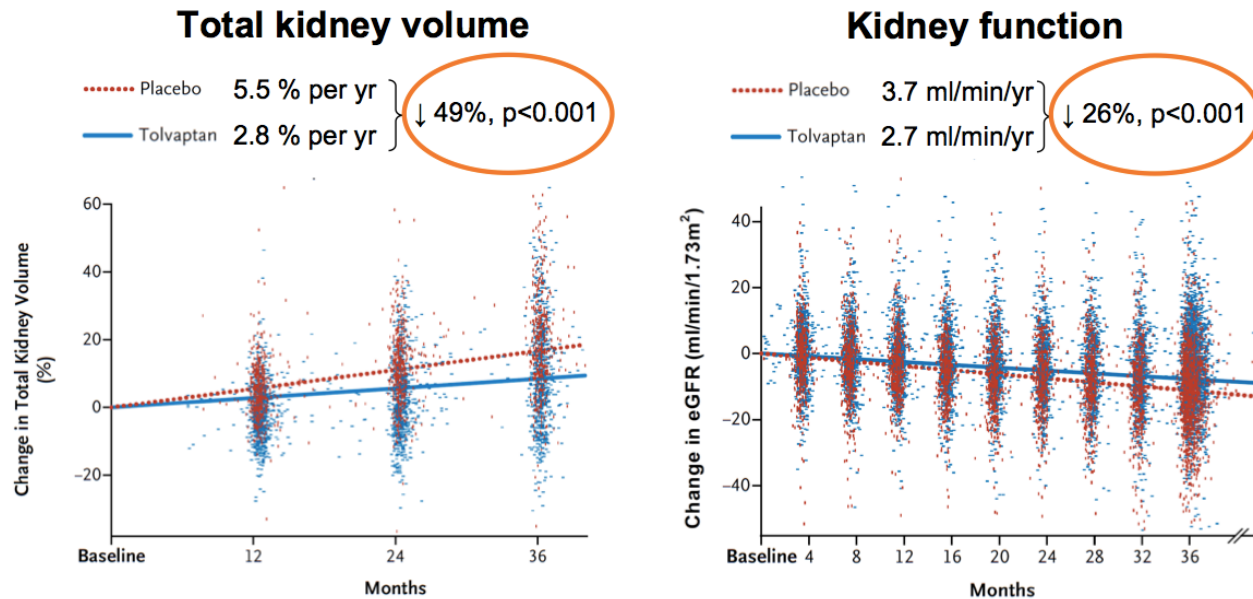
..... Placebo 3.7 ml/min/yr  
— Tolvaptan 2.7 ml/min/yr } ↓ 26%,  $p < 0.001$



Torres et al. (2012) N Engl J Med, 363, 20;367, 2407-18

# TEMPO 3:4 Trial

## State of the art



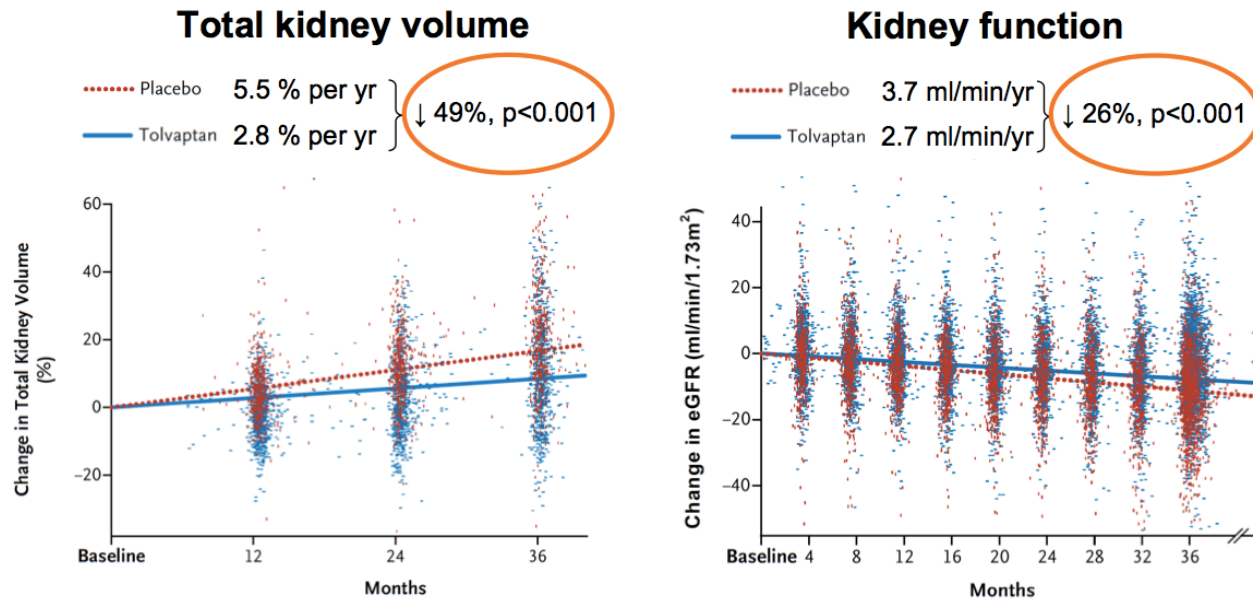
Torres et al. (2012) N Engl J Med, 363, 20;367, 2407-18

**REPRISE confirms efficacy in later-stage disease (up to 55 yrs und CKD stage G4)**

Torres et al. N Engl J Med. 2017 Nov 16;377(20):1930-1942.

# TEMPO 3:4 Trial

## State of the art



Torres et al. (2012) N Engl J Med, 363, 20;367, 2407-18

**EMA: Tolvaptan is approved for an initiation of treatment in CKD stages 1-4 with evidence of rapidly progressing disease.**

How can we judge disease progression  
in individual patients?



# indicators of rapid disease progression

genotype

early urological  
symptoms

eGFR loss

**TKV**

family history

early arterial  
hypertension

# indicators of rapid disease progression

**genotype**

**early urological  
symptoms**

**eGFR loss**

**TKV**

**family history**

**early arterial  
hypertension**

# Pro-PKD Score ...

## 973 PKD patients from the Genkyst Cohort

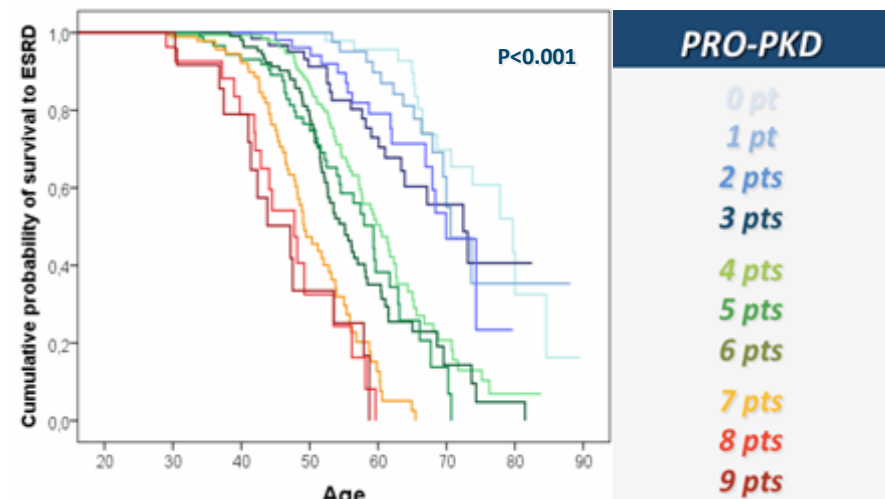
### 1- Multivariate analysis

Variable	Category	N	HR	0.95 CI	P Value
Gender	Female	541			
	Male	432	<b>1.55</b>	1.25-1.88	<0,001
Hypertension < 35 yrs	No	679			
	Yes	214	<b>2.11</b>	1.71-2.61	<0,001
At least one urological complication < 35 yrs	No	734			
	Yes	239	<b>1.73</b>	1.38-2.18	<0.001
Mutation	PKD2	186			
	PKD1/Non-Truncating	239	<b>2.27</b>	1.57-3.28	0.002
	PKD1/Truncating	548	<b>4.75</b>	3.41-6.60	<0.001

### 2- The PRO-PKD score

Variable	Category	Pts
Gender	Female	<b>0</b>
	Male	<b>1</b>
Hypertension < 35 yrs	No	<b>0</b>
	Yes	<b>2</b>
At least one urological complication < 35 yrs	No	<b>0</b>
	Yes	<b>2</b>
Mutation	PKD2	<b>0</b>
	PKD1/Non-Truncating	<b>2</b>
	PKD1/Truncating	<b>4</b>
<b>TOTAL</b>		<b>0 to 9 points</b>

### 3- Renal survival according to PRO-PKD score



### 4- Internal validation:

- Bootstrap resampling analysis
- Cross-validation

# indicators of rapid disease progression

genotype

early urological  
symptoms

eGFR loss

**TKV**

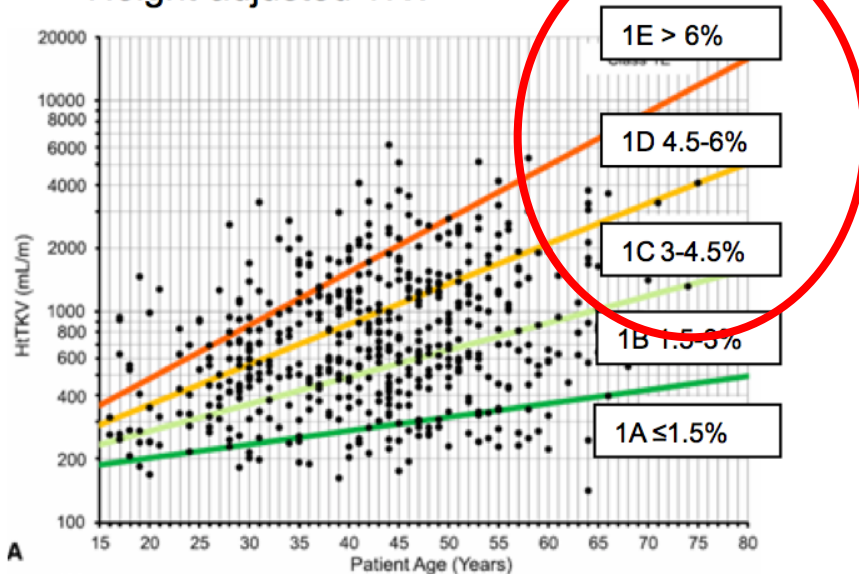
family history

early arterial  
hypertension

# The Mayo Classification...

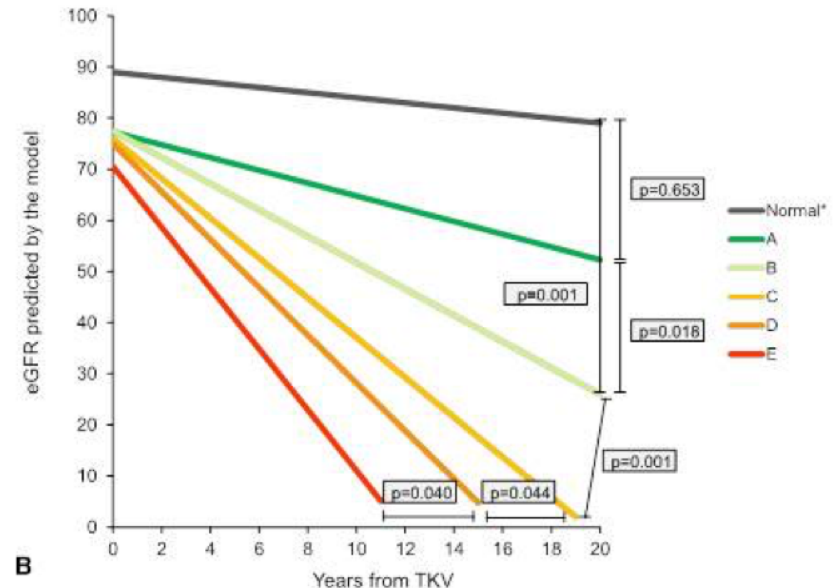
## 2- Stratification of the patients according to estimated kidney growth rate:

- Theoretical starting HtTKV of 150 mL/m
- Height-adjusted TKV



Irazabal MV *et al.* *J Am Soc Nephrol* 2015;26:160–72.

## 3- multivariable longitudinal linear mixed-effects model based on: sex, age, HtTKV, eGFR



B

# Ellipsoid equation is sufficient for the clinical determination of total kidney volume

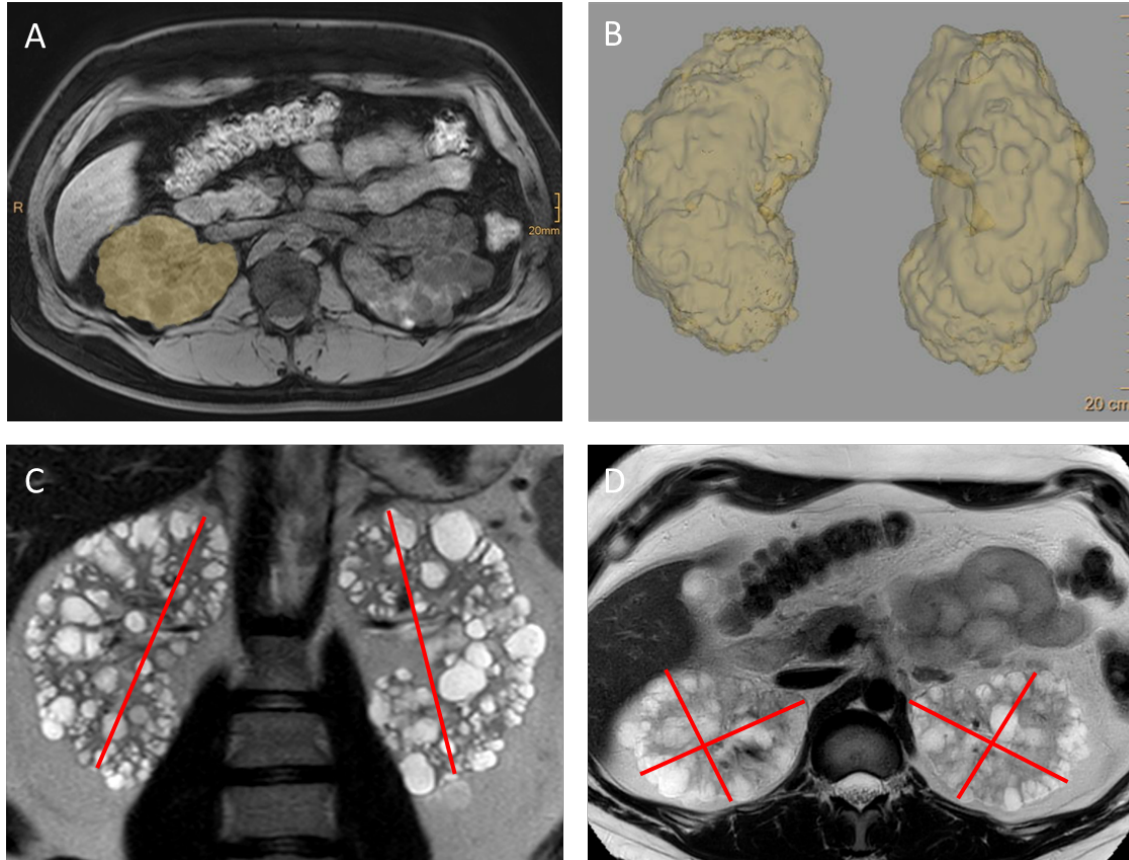
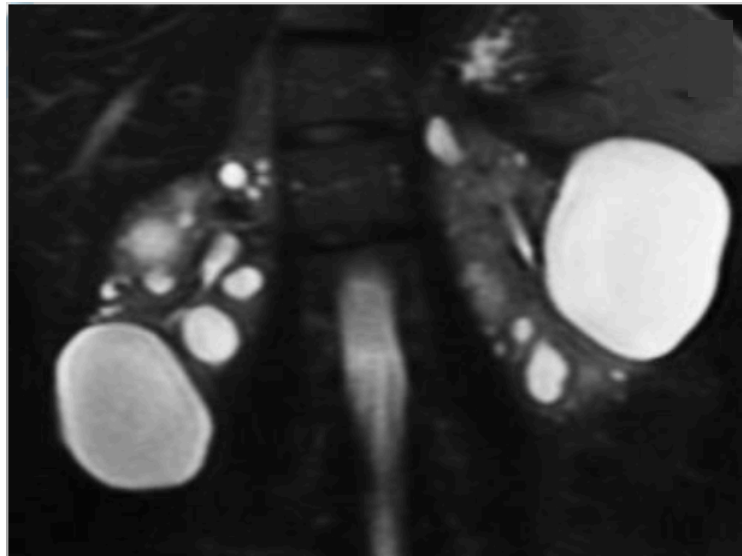


image from Müller et al. CKJ 2017

Irazabal et al. JASN 2015; 26: 160-72

**But: mere volumetry is not enough, every image needs to be looked at by an ADPKD expert**

Mayo Class 2





# What's important for patients taking tolvaptan?

side effects?

2 important points:

Polyuria and **potential hepatotoxicity**

monitoring: liver enzymes 1x/month in the first 18 months;  
afterwards every 3 months



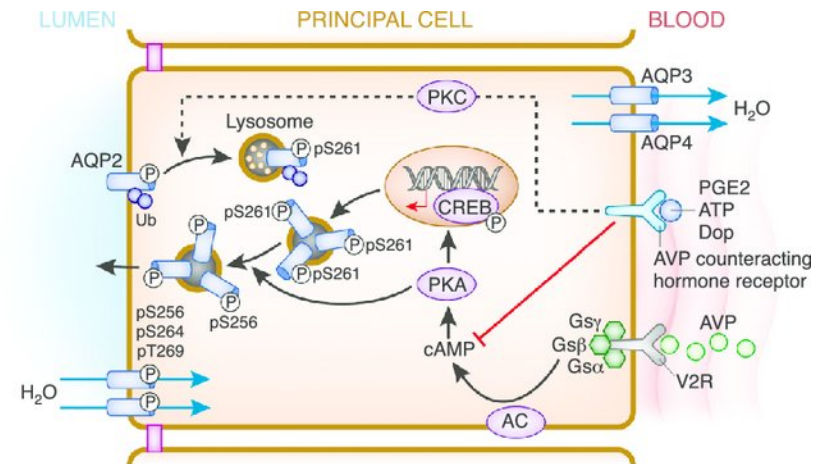
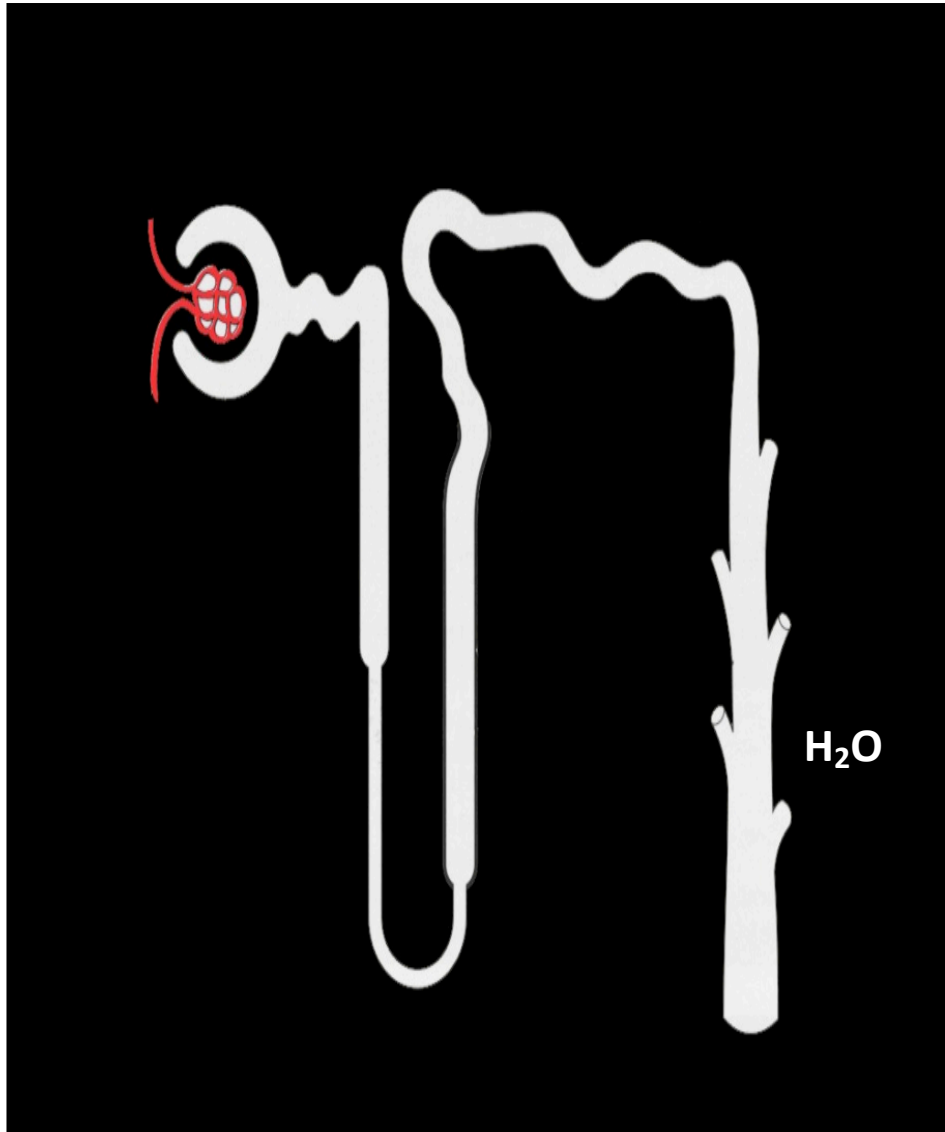
# What's important for patients taking tolvaptan?

side effects?

2 important points:

**Polyuria** and potential hepatotoxicity

# Vasopressin (ADH)-Signaling



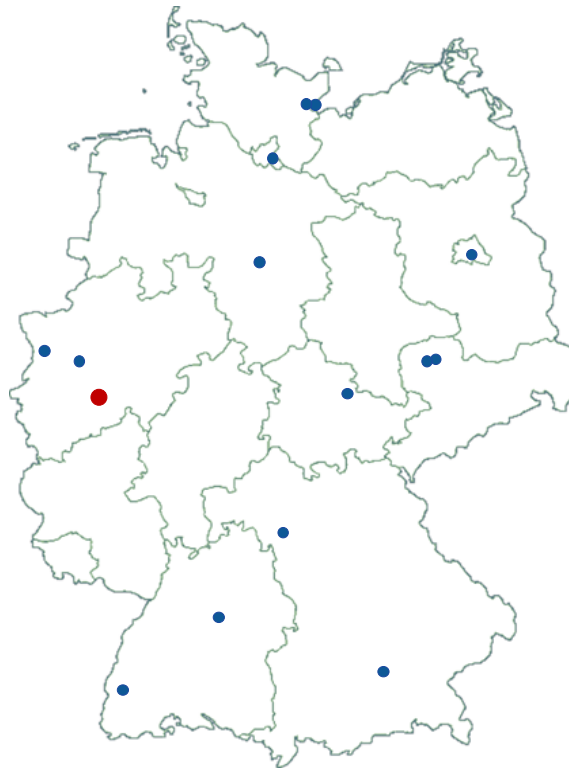
Pearce et al. CJASN 2014



# What's important for patients taking tolvaptan?

- regular water intake is absolutely essential:  
always carry along a bottle of water  
do not wait too long until getting thirsty  
stop Tolvaptan in cases of dehydration,  
diarrhoe, vomiting, lacking access to water ...
- to be discussed with the patient:  
do not compensate the water deficit with  
calory-rich drinks (milk, soft drinks)

## Participating centers



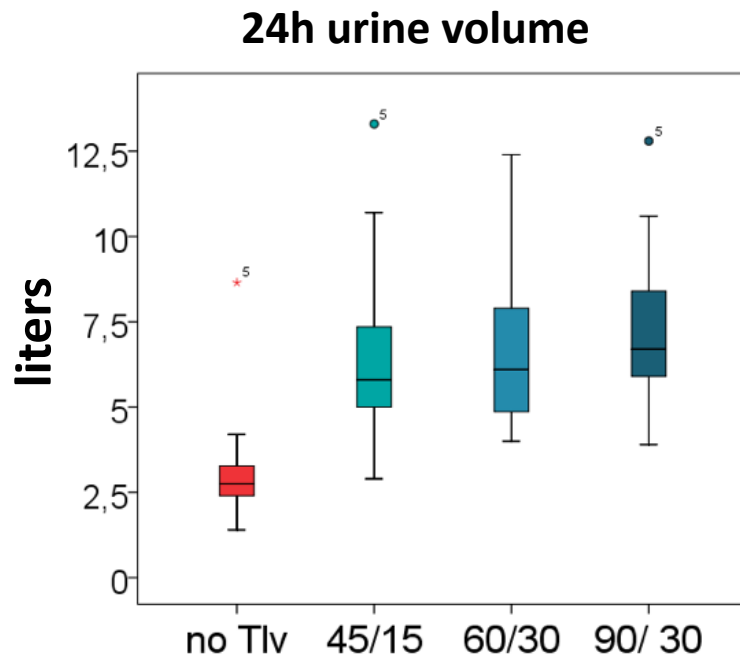
- Uniklinik Jena
- Praxisgem. Peschel Leipzig
- Uniklinik Leipzig
- Uniklinik Schleswig-Holstein
- RBK Stuttgart
- Uniklinik Würzburg
- Medizinische Hochschule Hannover
- Nierenzentrum und Dialyse Lübeck
- FGM Bad Krozingen

n = 771 (Stand August 2020)

# Real-life urine volume...



# Real-life urine volume...

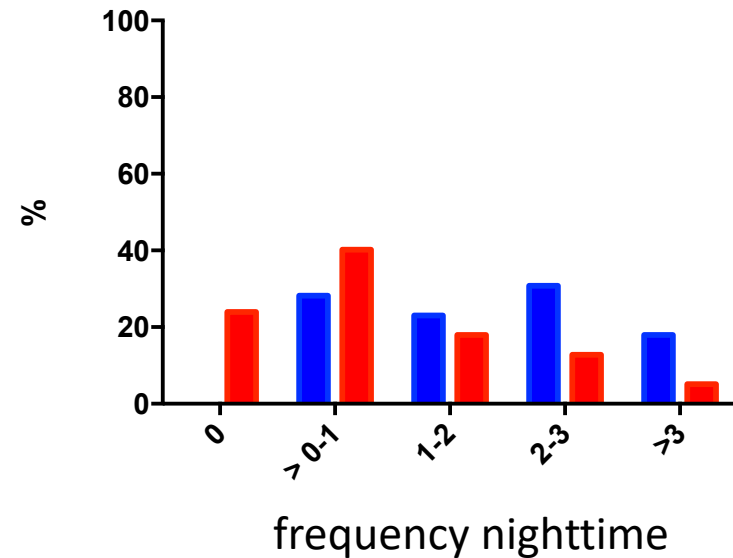
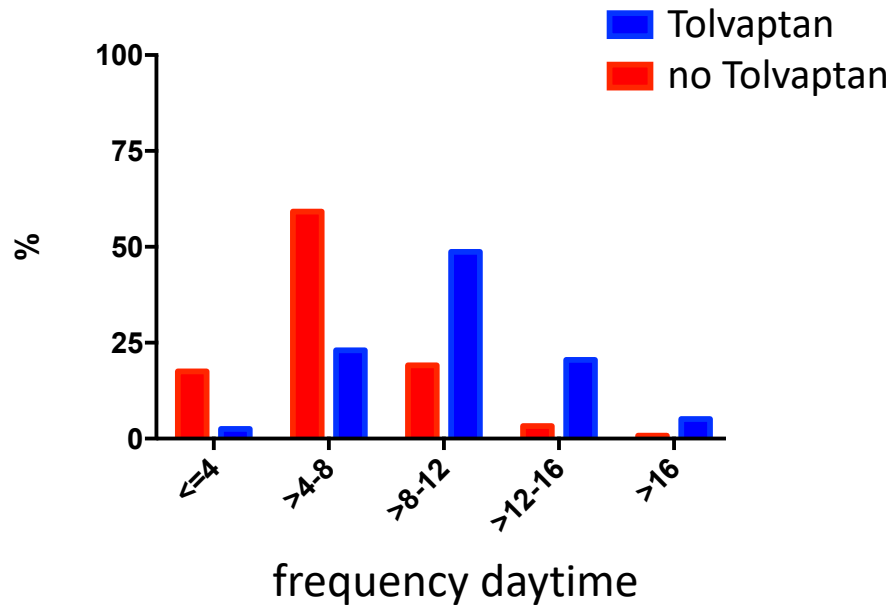


- 5-8 Liter urine volume in the majority of patients

**BUT: what does this mean  
for the patient?**

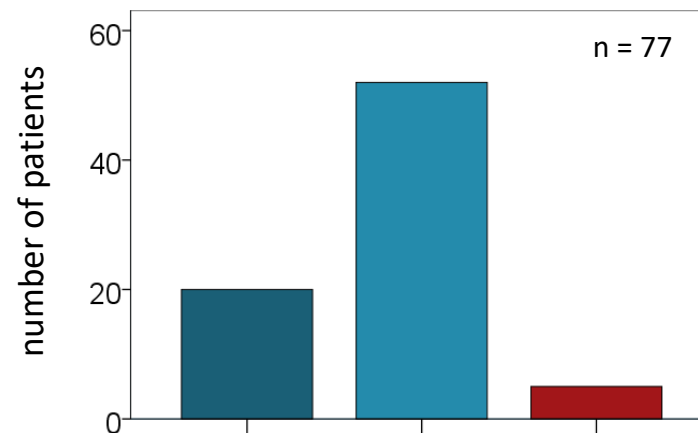
# BUT: what does this mean for the patient?

How many times do I have to go to the toilet ?



# Feasibility in real life?

## What would you tell to other patients?



Die treatment....

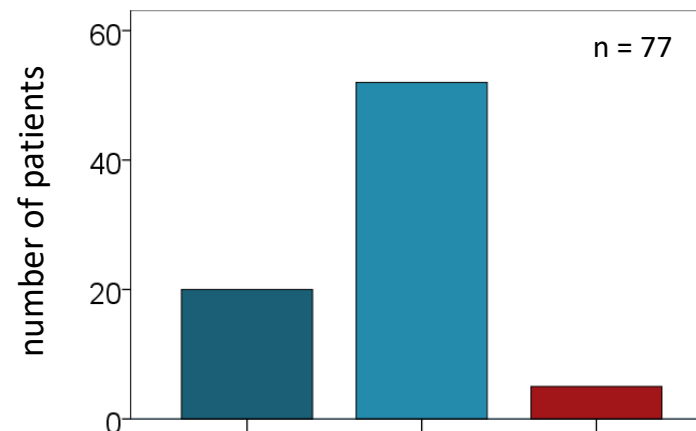
is no problem at all

has a significant impact on everyday life

is well feasible, but  
requires some adaptation

# Feasibility in real life?

## What would you tell to other patients?



None of the participants would tell others not to try the treatment.

Die treatment....

is no problem at all

has a significant impact on everyday life

is well feasible, but  
requires some adaptation

# Update Kidney Week 2019

## Quality of Life and Tolerability of Tolvaptan in Swiss ADPKD Patients Abstract Kidney Week 2019 Anderegg et al.

- 28 patients on tolvaptan
- 1 year after start both mental and physical QoL were not influenced by tolvaptan

Kidney Medicine

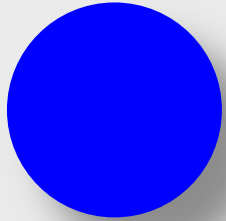
Original Research

### Quality of Life in Autosomal Dominant Polycystic Kidney Disease Patients Treated With Tolvaptan

*Manuel A. Anderegg, Nasser A. Dhayat, Grit Sommer, Mariam Semmo, Uyen Huynh-Do, Bruno Vogt, and Daniel G. Fuster*



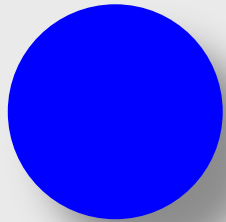
# Conclusion for the real-life setting:



## Tolvaptan ...

- urine volume is as high as expected
  - 1x per hour to the bathroom during the day
  - 2-3 x nocturia
- however, the therapy is feasible in the real-life setting
  - ~70 % continuation in the longer term
- uptitration to 90/30 mg can (and should) be performed without a major increase in urine vol.

# Conclusion for the real-life setting:



**Tolvaptan is the first targeted therapy...**

**BUT:**

**→ ADPKD is a multisystem disease!**

**→ Tolvaptan only slows down the loss of kidney function.**

**Conclusion:**

- 1) Supportive measures are still important**
- 2) New therapies urgently needed**



# ADPKD – new targeted approaches

- **combination therapies**, e.g. somatostatin analogs and –vaptans
- **repurposing of drugs: statins, metformin, TKI, CFTR correctors, glucosylceramide synthase inhibition, bardoxolone....**
- **dietary interventions:** e.g. **ketogenic diets**, limiting oxalate / phosphate intake, citrate supplementation....
- **Metabolic reprogramming:** 2-DG...
- phosphodiesterases and PKA as drug targets (to lower cAMP)
- niacinamide, vitamin K3....

# ADPKD – new targeted approaches

- **combination therapies**, e.g. somatostatin analogs and –vaptans
  - **repurposing of drugs: statins, metformin, TKI, CFTR correctors, glucosylceramide synthase inhibition, bardoxolone....**
  - **dietary interventions: e.g. ketogenic diets, limiting oxalate / phosphate intake, citrate supplementation....**
  - **Metabolic reprogramming: 2-DG...**
  - phosphodiesterases and PKA as drug targets (to lower cAMP)
  - niacinamide, vitamin K3....
- 2021
- end of 2023  
STAGED-PKD  
FALCON
- several pilot  
trials running,  
first results  
2021-2022
-



## Question of a participant:

What's the role for treatments  
on the level of genes?

# CRISPR/Cas9?

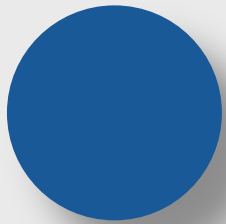


# CRISPR/Cas9?



- **highly important approach for basic research, BUT: still many open questions, e.g.:**
- **side effects not clear yet (off-targets)**
- **targeted treatment of the kidney not established yet**

# Questions?



- questions about PKD ?
- therapy with tolvaptan ?
- ongoing trials ?



**telephone: 0221-478-3439**

**Email: [nephrologie-adpkd@uk-koeln.de](mailto:nephrologie-adpkd@uk-koeln.de)**

## Next Webinars



### ESPN/ERKNet Educational Webinars on Pediatric Nephrology & Rare Kidney Diseases

Date: **01 Dec 2020**

Speaker: **Olivia Boyer**

Topic: **Congenital Nephrotic Syndrome**

### ERKNet/ERA-EDTA Advanced Webinars on Rare Kidney Disorders

Date: **15 Dec 2020**

Speaker: **Pierre Ronco**

Topic: **Membranous Nephropathy**



Subscribe the ERKNet and IPNA Newsletter and don't miss Webinars!